California (CHYA) and national standards-aligned comprehensive sex ed for middle and high school students:

**PPMM Sex Ed: Digital Learning Journeys**
- ON-DEMAND
- Each asynchronous e-course centers on an animated story or game
- Takes approx. 4.5 hours to complete
- Supplemental guide for teachers included with course debrief guidance
- Available in Spanish and English
- Anonymous Q&A options and tools embedded in the course

**SPED Sex Ed**
- School partners deliver standards-aligned sex ed lessons for special education students:
  - Classroom teachers learn how to skillfully deliver this 4-lesson online course to moderately or severely disabled students via in-person groups or 1:1 sessions
  - Includes access to an online learning community where teachers can complete facilitator training, garner best practices, and get technical assistance from the PPMM Education team

**COMING IN 2023**
**PUBERTY Ed**
- Standards-aligned puberty ed game for 4th and 5th grade students who can explore topics like reproductive anatomy, hygiene, and how to get support from trusted adults

**CONSENT**
- Freely Given
- Reversible
- Informed
- Enthusiastic
- Specific

**WEBINARS**
- Young Adults & Youth Influencers
  - Safer Sex 101: STIs/HIV, Birth control, and Consent
  - Sex Ed 101: How to Be a Trusted Youth Influencer
  - How to Affirm LGBTQI+ Youth
  - How to Access Sex Ed and Essential Health Care

**SYSTEMS-INVOLVED YOUTH**
- Sex Ed Equity Project
  - Invest in building the capacity of partners to successfully implement sex ed that is trauma-informed and evidence-based (EBI) for vulnerable youth who may be incarcerated, on probation, in foster care, or have been suspended from school. Partners can sign up to offer two Sex Ed Equity Project programs to the youth they serve directly:
    - Plan A (1 video session: 23 minutes)
    - Power Through Choices (10 in-person sessions: 90 minutes each)
  - To support sustainable implementation, PPMM Education partners receive:
    - Facilitator training and a program license.
    - Technical assistance and coaching.
    - Evaluation tools and outcome reports.
    - Essential program supplies including technology, incentives, facilitator materials, snacks— and other items they may need to implement the program. Some sites also may receive a partner fee to participate in grant fidelity monitoring or research pilots.

**Sliding scale program fee for schools: $0-10 per student to cover cost of learning platform license. Learn more about PPMM Sex Ed on last page.**
Non-profits and schools may request PPMM sex ed kits to distribute to your communities. Kits are available in Spanish or English for audiences ranging from college students to parents, teachers, youth, or adults. Condom and barrier method kits also are available. In the summer, we offer PRIDE event kits.

OUTREACH KITS

Youth Development

TEEN COUNCIL
High School Students

Youth leaders are invited from PPMM’s 42 counties to be trained as peer educators who lead sex ed lessons and powerful 1:1 conversations with their peers and family members. Inquire about applying [here](#).

PROMOTORES

Spanish-Speaking Adults

Enlaces: Connectando Comunidades (Links: Connecting Communities) increases access to equity-centered sex education among Latine folks. PPMM and partner organizations directly implement this peer education program, which is delivered in Spanish by promotores/x volunteers. Enlaces partners join our online community to access the program guide, resources, and e-training to strengthen their facilitation skills and competencies around leading group discussions about sex ed and traditionally stigmatized health topics. Enlaces is delivered in-person, online, or via a hybrid format. Inquire about becoming a partner site [here](#).

Peer Education

High School Peer Educator: Why Sex Ed Matters

Video (03:13)

Promotores: Our Experiences and Strength

Video (04:24)

YOUTH PARENTS UNDER THE AGE OF 21 | SANTA CLARA COUNTY
Teen Parent Support Program (TPSP)

TPSP and Cal-Learn comprise our comprehensive case management program for young parents and pregnant adolescents. This positive youth development program provides strength-based coaching and resource navigation to help youth set and achieve their life and parenting goals, create a healthy and nurturing environment for their families, and obtain their high school diploma or pursue post-secondary pathways. Refer, expectant or young parents.

YOUTH AGES 15-24

Y-LED

Youth designers (Y-LED) apply and are selected annually to research, design, and create relevant, impactful, and accessible sex ed content for youth and young adults. Y-LED projects include co-creating on-demand sex ed courses, learning games, and social media content. Youth designers gain skills and knowledge related to human-centered design, youth participatory action research, and digital media development. Inquire [here](#).

Y-LED on Designing Sex Ed for Their Peers

Video (03:08)

Youth Participatory Action Research & TPSP

Video (03:36)

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PPMM SEX ED
a digital learning journey
developed by and for youth

ORIGINAL ANIMATED STORIES
The middle and high school e-courses each immerse students in stories developed by and for youth to capture students’ hearts and minds while they learn essential concepts defined by comprehensive sex ed state and national standards.

ENGAGING LEARNING EXPERIENCE
• interactive learning games
• mobile resource library
• access to 24/7 advice
• optional classroom activities
• student progress and assessment reports

Middle School (7-8)
Come along on our journey with Ava and Benjamin as they experience the summer before 8th grade. In this animated story, follow the two friends as they write a comic book about their alter egos while navigating real-life changes with puberty, identity, relationships, and self-discovery.

High School (9-12)
In this coming-of-age journey, Ty (featured above) and Rose encounter themes of love, friendship, secrecy, trauma, identity, body image, social media, and growing into adulthood. Spring Break just ended and the story follows their experiences at school, home, and online.

TOPICS

Standards Alignment
• National Sexuality Education Standards, 2020
• CA. Dept. of Education: Growth, Development & Sexual Health Standards
• California Health Youth Act of 2016 (CHYA)
• Social Justice Anchor Standards (Identity, Diversity, Justice, Action)
• Common Core College and Career Anchor Standards
• CASEL (social emotional learning) Framework

CHYA required:
• Anatomy
• SOGIE (Sex, Orientation, Gender Identity & Expression)
• Relationships
• Human Trafficking
• Consent
• Communication
• STIs
• HIV
• Birth Control & Pregnancy Options

Covered more in-depth for high school:
• Intimate Partner Violence
• Boundaries & Barrier Method Communication
• Gender Stereotypes and Media
• Sexual Assault/Harassment

School Resource Kit
• Online e-course tour
• Parent notification template
• FAQ with answers to common questions about standards and PPMM Sex Ed
• Parent/caregiver resources, conversations starters & tips to further support their students with the topics covered in e-courses

Register with e-mail to access:
MS Course Tour
HS Course Tour

Click here to register your students for PPMM Sex Ed!