

## WHY I WORK AT PLANNED PARENTHOOD



Samantha Bohrt

Growing up, I heard about HIV, but never really had any facts. We had recently moved from Bolivia to the US and my mother didn't really know how to help me until she heard about Planned Parenthood. She

took me to a Planned Parenthood health center, where I got the chance to ask every question I had. Now, as a Bilingual Community Health Educator, I get to answer some of those same questions for others.

I work at Planned Parenthood because I know it has a positive impact in my community. I conduct ¡Hable Primero! workshops for Spanish-speaking parents. We provide skills and strategies for talking to their kids about sexual health and healthy relationships. We teach that it is not just "the talk" anymore, but an ongoing conversation. This is my favorite part of my work. After some initial shyness, the parents are eager to talk and share their stories.

During a recent ¡Hable Primero! workshop, I recognized one of the mothers from a previous class. She shared how this workshop helped her communicate with her daughter about anatomy and body changes. She had bought books to read with her child to keep the conversation going. It was inspiring to hear directly about the positive "real life" impact of these workshops.

*¡Hable Primero! is available in Spanish and English (Talk First!), and is offered for free. For more information on the program or to schedule a workshop, email [community@ppgt.org](mailto:community@ppgt.org).*

As we start our 80th year of service to Texans, Planned Parenthood is especially grateful to each of you for supporting us as a trusted healthcare provider.

Planned Parenthood's role as a partner in creating healthy communities has never been more important. In January, our health center and education staff will be focused on Cervical Health Awareness Month. We will be helping educate Texans about two important steps to take to detect and prevent HPV and cervical cancer: First, to

consider the HPV vaccine. HPV is one of the most common STDs, and in rare cases can develop into cervical cancer. Second, to schedule regular cervical cancer screenings, which help with early detection and prevention.

As always, we appreciate your generous support and look forward to being a trusted community partner for the next 80 years!



Ken Lambrecht  
President & CEO

## NEW SOUTH DALLAS HEALTH CENTER OPENS

On December 15, Planned Parenthood celebrated the opening of the new South Dallas Surgical Health Services Center with a ribbon-cutting ceremony attended by more than 75 donors and community partners.

Planned Parenthood Federation of America President **Cecile Richards** and President and CEO of Planned Parenthood of Greater Texas **Ken Lambrecht** talked about the importance of preserving access to healthcare—including safe, legal abortion—for Texas women.

The completion of the South Dallas health center was made possible through generous donations to Planned Parenthood's **Building Our Future Fund**. This \$12.95 million initiative was launched in 2014 to prepare for the impact of Texas' controversial new abortion laws, and to protect patient access to the full range of reproductive healthcare.

The fund supports the new health center; as well as a patient assistance fund for women who must travel to access safe, legal abortion; investments in existing health centers; and contraception to help patients



Cecile Richards and Ken Lambrecht cut the ribbon at the new South Dallas Surgical Health Services Center with Planned Parenthood of Greater Texas Board Chair Kris Kaiser Olson and incoming Board Chair Jolie Newman

plan and space their pregnancies. More than \$6.5 million has been raised to date.

*For more information or to donate to the Building Our Future Fund, call **214.302.8382** or email [development@ppgt.org](mailto:development@ppgt.org).*

## WACO FELLOWSHIP WRAPS UP

As part of the Waco Mayor's Task Force created to address public health disparities, Planned Parenthood representative **Natalie Kelinske** and three local community leaders were awarded a 2014 competitive public health fellowship by the National Leadership Academy for the Public's Health (NLAPH).

NLAPH is a national program focused on improving community health by working with collaborative, multi-sector leadership teams and training these teams through an applied, collaborative leadership development model.

Natalie and her teammates will use



The Waco NLAPH Team is Natalie Kelinske, Ashley Thornton (Act Locally Waco), Eric Baumgartner (Louisiana Public Health Institute), Ramona Curtis (Baylor University), and Kahler Stone (Waco Public Health District)

the tools and resources obtained from their year-long fellowship to continue to collaborate with other agencies and organizations to address priority healthcare issues—including women's health—in Waco.

Planned Parenthood is proud to help by creating access to healthcare in the Waco community.



Columnist and author Jessica Valenti will be the keynote speaker at the Fort Worth Luncheon on February 6

## SAVE THESE DATES

### Fort Worth Luncheon

Friday, February 6, 2015

With Keynote Speaker Jessica Valenti

### Dallas Annual Awards Luncheon

Thursday, March 26, 2015

With Keynote Speaker Dahlia Lithwick

### Austin Cocktails for a Cause Waco Margarita Madness

Spring 2015

Look for details soon!

*Advance reservations required and sponsorships available. Call 855.314.0799 ext 10183 or email [events@ppgt.org](mailto:events@ppgt.org).*

## OPEN ENROLLMENT

The Affordable Care Act, sometimes called "Obamacare," makes health insurance more accessible for millions of people.

Planned Parenthood has certified application counselors who can help you connect to the health insurance marketplace, compare plans, apply for coverage, and answer your questions—over the phone or in person at our administrative offices in Austin, Dallas, Fort Worth, and Waco.

The last day to sign up for health insurance is **Sunday, February 15**. For assistance, contact your local counselor at [community@ppgt.org](mailto:community@ppgt.org).



One in five women will receive healthcare from Planned Parenthood in her lifetime. To raise awareness of our mission, the **One in Five** campaign highlights the care we provide by sharing stories from grateful patients. Call 1-888-598-4223 to share your story—or submit it online at [ShareYourTexasStory.org](http://ShareYourTexasStory.org).

**"Everyone at Planned Parenthood was so friendly. They didn't judge me, and they taught me that I could have control over my body and my future. Now I can plan. I can decide when I am ready. The education I've received from Planned Parenthood has given me that freedom."**

Macie H, Planned Parenthood of Greater Texas patient

## PLANNED PARENTHOOD LOBBY DAY 2015

Lobby Day is an opportunity for Planned Parenthood supporters from all over Texas to attend our rally on the Capitol lawn in Austin. On **Wednesday, March 11**, meet with representatives and network with other reproductive

health advocates from around the state. This will be our biggest lobby day yet. We hope to have 1,000 Planned Parenthood supporters participate! For more event information, email [katy.waters-cofer@ppgt.org](mailto:katy.waters-cofer@ppgt.org).