Planned Parenthood[®]

Your Partner for a Healthy Community

Quarterly Newsletter January · February · March 2019

I am proud to report that more than 85,000 Texans received healthcare and education services from Planned Parenthood in 2018.

This year, we'll likely face new challenges by the Texas Legislature and yet, with your support, we're expanding access to Planned Parenthood's trusted services. In 2019, Texans anywhere can use the Planned Parenthood Direct app to order birth control directly to their home or pharmacy; we will offer community college students "pop-up" clinics with vital health services on campus; more of our health centers will offer gender-affirming hormone therapy; and we'll reach more patients through our new El Paso health center.

Because of you, Planned Parenthood is standing strong in Texas, no matter what. Thank you.

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Ken Lambrecht, President & CEO



SAVE THESE DATES FOR UPCOMING FUNDRAISERS



We are excited to announce **Dr. Leana Wen**, the new President of Planned Parenthood Federation of America, as the 2019 Dallas Luncheon keynote speaker.

Fort Worth Luncheon Tuesday, February 5 Omni Fort Worth Hotel Keynote: Irin Carmon, author of *Notorious RBG: The Life and Times of Ruth Bader Ginsburg*

Amplify Austin February 28 - March 1 amplifyaustin.org

Dallas Luncheon Monday, March 4 Hilton Anatole Hotel Keynote: Dr. Leana Wen

Waco Margarita Madness Monday, May 6 RSVP for location details

El Paso Event More details soon!

Advance reservations required and sponsorships available. Please call 855.314.0799 ext 10183 or email events@ppgt.org for more info.

Expanded Resources for Transgender Texans

New research shows the lack of healthcare resources for transgender patients. The *Journal of the American Medical Association* concluded that trans patients may not seek basic or even urgent care out of fear. In Texas, LGBTQ communities are underserved and can face discrimination — especially trans patients. Planned Parenthood reduces barriers as a trusted source of trans-competant healthcare at all of our health centers, including offering gender-affirming hormone therapy (GAHT) in Arlington, Austin, Dallas, Denton, and Plano. In 2019, GAHT services will expand to El Paso, Fort Worth, Paris and Waco.

Pop Up Clinics Bring Planned Parenthood to Campus

To reach more Texans seeking reproductive health services, Planned Parenthood held the first Dallas-area "pop-up" clinic in December on Eastfield Community College's Pleasant Grove campus. Patients received walk-in reproductive health services and scheduled follow up appointments at nearby Planned Parenthood health centers. Research by the Texas Policy Evaluation Project highlights the need for access to birth control for Texas



community college students. Planned Parenthood will provide healthcare through additional pop-up clinic locations in 2019.

Schedule your next appointment at ppgreatertx.org or call 1-800-230-PLAN.

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YOUR PARTNER FOR A HEALTHY COMMUNITY

Making a healthier Texas by connecting with communities in central, east, north and west Texas.



Fort Worth supporters attend a November Period Party to assemble menstruation kits for residents of Safe Haven, a local shelter.



Advocates, including former Texas Senator Wendy Davis, attend a Reproductive Justice & Intersectionality 101 training in Austin in November.



Street Teams connect with UTEP students to promote healthcare services at our new El Paso healthcare center in October.



At the December Dallas Observer Music Awards, volunteers distribute condoms and healthcare information.



PPGT volunteers participate in Waco's Out on the Brazos Pride Festival in October with an interactive art booth and healthcare resources.



PPGT staff in El Paso provide local media interviews to promote PPGT's HIV testing and prevention services on World AIDS Day.

HEALTHCARE YOU CAN TRUST

Background:

Dr. Moayedi is an OB/GYN with fellowship training in family planning from the University of Hawaii, where she also earned a Master of Public Health. Dr. Moayedi has been working in abortion services and reproductive rights for 13 years.

In her words:

As a mother and a physician, I know how complex the decision to continue a pregnancy can be. It is a privilege to care for people making the deeply personal decision to end a pregnancy. I am honored to provide high quality care to my community today and every day.



Meet Dr. Moayedi, one of the Planned Parenthood health experts who bring compassionate, high-quality care to our patients every day.

Planned Parenthood's clinicians average <u>more than 21</u> <u>years of healthcare experience</u>, and include Physicians, Women's Health Care Nurse Practitioners, Family Nurse Practitioners, Physician Assistants, and other advanced levels of certification and licensure.

Teens Talk Consent

"It's really patronizing that they're saying, 'Oh, because you're a teenager you don't know what consent is,'" said high school senior Kelsey Roberts. "But our entire group of teenagers knows what consent is, and there are so many adults who don't know what consent is and to me, that proves that age is not a measurement of your understanding of consent." - *Dallas Observer* article

Following the Kavanaugh confirmation hearings, students from the Planned Parenthood of Greater Texas **Teenage Communication Theater** (TACT) troupe spoke to the *Dallas Observer* about the importance of quality sex education in protecting teens from violence, specifically by giving them a chance to talk about consent and healthy relationships.

Planned Parenthood provides expert sex education to teens and parenting adults to provide the resources for young people to be healthier and safer.



Click to see TACT in action

To learn more about education programs visit ppgreatertx.org/education-outreach

Planned Parenthood of Greater Texas provides healthcare and education services to more than 85,000 Texans each year in Austin, Dallas, Denton, El Paso, Fort Worth, Paris, Plano, Tyler, Waco, and surrounding communities.



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