

# Sex Education at PPCW

## Effective

PPCW invests in the health and well-being of young people, families, and communities. Our programs are effective and provide powerful tools that enable young people to be informed and take control of their sexual health.

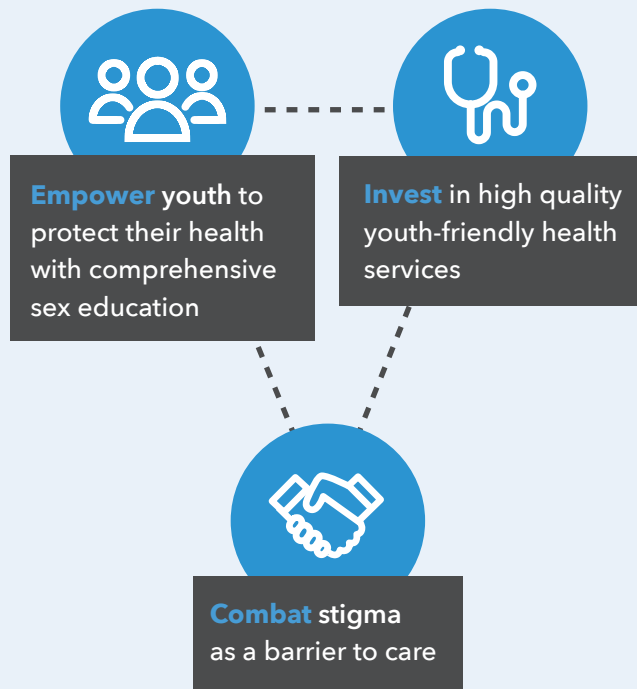
## Trusted

PPCW is a trusted provider. Our education programs promote positive sexual health and the development of health literacy. Our curricula is developmentally appropriate, inclusive, culturally responsive, and trauma informed.

## Proven

Our Sex Education programs are evidence-informed and proven to be an effective way to build health equity and improve health outcomes within our communities.

## 3-Step Approach to Sex Education





## PPCW's Education Programs & Activities

**Teen Council:** A peer led sex education and leadership program for high school students. Through intensive training, teen council members are empowered to deliver inclusive comprehensive sex education to their peers and facilitate access to health care services.

**Evidence-informed sex education:** Curricula-based workshops in middle schools, high schools, and community-based organizations, including LGBTQ specific sessions.

**Furthering Reproductive Empowerment and Sexual Health (F.R.E.S.H):** Education sessions and advocacy opportunities for college students focused on safer sex, consent, and sexuality.

**Access, Communication and Education (ACE):** A safe and inclusive space for youth to access youth-centered health services and education at PPCW health centers.

**Askable Adult Workshop:** Two-hour workshops for parents and other adults about how to engage in positive conversations with youth about sex and relationships.