Planned Parenthood®
Care. No matter what.
Planned Parenthood of New York City
p: 212.965.7000
www.ppnyc.org

Surgical Abortion with Local Sedation (in Manhattan)

Please follow these instructions:

- Eat a light meal prior to the procedure
- IF YOU TAKE DAILY MEDICATION, YOU MAKE TAKE IT AS YOU WOULD USUALLY
- PLEASE NOTE THAT YOU WILL BE IN THE CENTER FOR **4 – 6 HOURS**
- Bring a photo ID (driver's license or other government-issued ID, a school or workplace ID, or a passport)
- Bring insurance card or other method of payment
- Tongue piercing must be removed prior to the procedure
- If you wear contact lenses: wear glasses on the day of the procedure or bring solution and a case so you can remove contact lenses prior to the procedure

If you have any questions, you may contact Planned Parenthood of New York City at 212-965-7000, Monday – Friday, 7 AM – 6 PM and Saturday, 8 AM – 1 PM.