



FALL 2015 • EDITION

PAINTING THE TOWN PINK

People across the country showed their support for Planned Parenthood on Pink Out Day, September 29. Our affiliate hosted events in San Diego, Riverside and Imperial counties including Pink Out Your Health Center; rallies; marches; voter registration; teach-ins; and tabling at San Diego State University, Balboa Park, Mission Valley, San Diego City Hall, Bar Pink in North Park, University of California Riverside and Imperial Valley College. Our supporters also showed their Pink Out pride online by posting pictures of themselves wearing pink and posting about why they stand with Planned Parenthood. THANK YOU to everyone who wore pink, rallied, posted on social media and shared their support!

- 285 national Pink Out events including several in San Diego, Riverside and Imperial counties
- #PinkOut and #StandwithPP trended nationally in the top 3, and seventh in the world
- 247,000+ changed their social media profile picture or cover photo on Facebook
- 17,778 changed their profile picture on Twitter
- 7.8 million engaged through the Thunderclap, an online tool that allows people to share the same message at the same time, spreading an idea through Facebook, Twitter, and Tumblr that cannot be ignored.
- 2.47 million #STANDWITHPP petition signatures delivered



It is now 20 years ago that I began my journey working for an organization whose mission is to offer unconditional and unwavering acceptance for all people who need and deserve affordable and reliable reproductive health education and medical services so they can plan their families and claim their lives.

TODAY, AND ALWAYS, I STAND WITH PLANNED PARENTHOOD.

#PINKOUT #STANDWITHPP

- Darrah DiGiorgio Johnson, President & CEO





MISSION STATEMENT

The mission of Planned Parenthood of the Pacific Southwest is to ensure broad public access to reproductive health care through direct service, education, and advocacy.

Planned Parenthood believes in the fundamental right of each individual to manage his or her fertility, regardless of the individual's income, marital status, race, ethnicity, sexual orientation, age, national origin or residence.

We believe that respect and value for diversity in all aspects of our organization are essential to our well-being.

We believe that reproductive self-determination must be voluntary and preserve the individual's right to privacy.

We further believe that such self-determination will contribute to an enhancement of the quality of life and strong family relationships.

Access & Action

Access & Action is a newsletter published by Planned Parenthood of the Pacific Southwest.

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WORDS FROM DARRAH



Darrah DiGiorgio Johnson *President & CEO*

It's been quite a year for Planned Parenthood. We've had incredible successes, including the opening of our first health center in Imperial Valley, which is a huge victory for women and families in that region.

This summer also brought us great challenges. As you know, we received an onslaught of attacks from extremists attempting to discredit Planned Parenthood. Their primary goal? To end access to safe and legal abortion across this country. But there is more to these attacks.

A colleague of mine who leads another Planned Parenthood affiliate, Sarah from Minnesota, is recently quoted in *Cosmopolitan* magazine talking about the large numbers of protesters that her health centers experience on a regular basis. These people have taken to calling Sarah, other female staff, and the patients who are walking into the health center "whore".

This term isn't about fetal tissue donation or even abortion necessarily – it's about women, their empowerment, and their ability to be sexual beings and make reproductive choices for themselves, free from barriers and stigma.

That is exactly what Planned Parenthood represents. And that freedom and empowerment is exactly what is at the heart of these attacks.

One in three women in this country will have an abortion in her life. That's a lot of people making a health care decision for themselves based on their own life circumstance, beliefs and realities. Yet, for as many women as there are who make that health care decision, they often do so quietly. While 30 percent of us are being quiet, there is also this very vocal segment of our society who calls us "whores".

They are now manipulating truth and reality with their smear campaign, which successfully sparked five unwarranted investigations by the government into a 100-year-old organization that has always represented the health and empowerment of women.

That is a deeply disturbing reality that we all must seriously think about – and do something about. We are relying on you to tell your friends the truth about Planned Parenthood and make your voice heard. The millions of women across the country who rely on Planned Parenthood for their health care, your sisters, your daughters, and your granddaughters, are depending on you.

We could not do the crucial work of providing reproductive health care, education and advocacy without you. Thank you for helping us lift people up. Thank you for using your voice, money and time to fight back and to fight forward.

OUT & ABOUT

2nd Annual Reel Women's Movie Marathon

More than 150 people attended the second annual Reel Women's Movie Marathon, held in Palm Springs on October 18. This inspiring day of films helped raise more than \$20,000 for Planned Parenthood's Breast Health Programs and brought diverse films about women to the community. Thank you to the community partners and sponsors who made this event a success!



Committee member LILLIANE SHUMAN and granddaughter ALAINA enjoy the show.

Informative Brunch in Riverside

Supporters Kathleen Matheson and Nina Freeman hosted 46 guests with brunch and conversation at Kathleen's home in Riverside on October 10. Guests heard from President and CEO Darrah DiGiorgio Johnson as she spoke about the wide range of reproductive health care services Planned Parenthood offers in the Riverside community.



Hosts NINA FREEMAN and KATHLEEN MATHESON enjoy brunch with supporters.

MARV and movie marathon committee chair EILEEN STERN with event sponsors LINDA and DON PERRY

Celebrating Lou's Legacy

On November 15, friends and family members of longtime Planned Parenthood supporter and former board chair Lou Terrell gathered at the City Heights Health Center to honor Lou with an intimate event celebrating the naming of the Lou Terrell Education & Training Center.



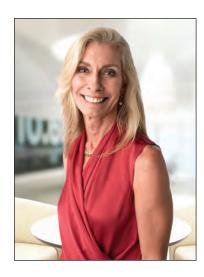
DANIEL KISNER, M.D., and ROSETTE GARCIA

53rd Anniversary Dinner - Save the Date!

We are pleased to announce that Rosette Garcia and Daniel Kisner, M.D., will be chairing the 53rd Anniversary Dinner on March 30, 2016! Find out more about these amazing supporters and check out event updates at planned.org/dinner.



MESSAGE FROM THE BOARD CHAIR



Lisa Walters-HoffertChair, Board of Directors

Just a few weeks into my brand new volunteer role as Chair, the recent smear campaign on Planned Parenthood began. This incredible Board of Directors and I immediately sprang into action and worked hard to understand the reactions of donors, supporters and patients, to communicate with as many folks as we could, and to buoy our wonderful and dedicated staff.

Interestingly, in the weeks that followed, I found myself confronted (I suspect you were, too) with questions and comments seeking clarification and asking tough, sometimes negative questions. Yet, in addition to these misinformed observations, it became clear that something else was happening. The

unjust attacks had piqued people's curiosity about Planned Parenthood and inadvertently opened the door to frank conversations in ways no one could have imagined. These fraudulent videos were lighting a fire in the bellies of so many.

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STRANGER SEATED NEXT
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A HUGE SUPPORTER.

I started donning Planned Parenthood T-shirts more often as they inevitably sparked a comment or question. I proudly told a stranger seated next to me on a flight that I served on the board and was ecstatic when the conversation evolved into a love-fest for the organization as the stranger was a huge supporter. I was thrilled when an acquaintance asked about our "untoward" activities, as her question allowed me to explain how our tissue donation program really works, the option that women have in choosing it, and its importance in medical research. I enlightened many others with the fact that Planned Parenthood actually earns the federal dollars it receives by providing well-woman, preventive medical services and being reimbursed for those services. As a new leader of Planned Parenthood during a challenging period, I used every opportunity I could to spread the truth and state the facts.

The result? The attacks led to more support, more opportunities to share information and more expressions of support. "You need to tell more people about what Planned Parenthood really does," was the most common response I heard.

On a final note, this experience has allowed me to observe, firsthand, the strength, resilience and commitment of our incredible staff. I spent some time with our frontline staff recently and they proudly shared with me that they were committed to this great mission for one, simple reason: Our patients need us. They are my heroes.

I could not be more proud to stand with Planned Parenthood.

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LEGISLATIVE VICTORIES

This year, 21 bills that increase access to vital health care and education for women and families were signed into law in California. In partnership with Planned Parenthood Affiliates of California, Planned Parenthood Action Fund of the Pacific Southwest advocates on a number of legislative and regulatory issues that impact reproductive health, women's health and rights, sexual health education, and access to affordable and quality health care. Below are some of our top priority bills of 2015.



- Assembly Bill 329 (Assemblymember Shirley Weber, Assembly District 79) California Healthy Youth Act: This bill requires that school districts ensure that all students in public schools in grades 7 to 12 receive comprehensive, medically accurate and inclusive sexual health education. AB 329 updates, strengthens and integrates the existing statutes relating to HIV prevention and comprehensive sexual health education in California by including topics currently missing from California education code such as healthy relationships, human trafficking, and adolescent relationship abuse. The law also adds LGBTQI-inclusive language and information on STI and unintended pregnancy prevention.
- Senate Bill 464 (Assemblymember Ed Hernandez, Senate District 22) Telehealth: This law allows patients the use of self-reporting tools, to measure blood pressure and weight, in order for a licensed health care provider to prescribe or dispense hormonal contraceptives via telehealth methods. Using these tools in mobile and web-based technologies will increase access to hormonal contraception. This will improve preventive health services by increasing access to services in rural and hard-to-reach communities.
- Senate Bill 358 (Senator Hannah-Beth Jackson, Senate District 19) Gender Pay Equity Bill: This bill aims to eliminate the lingering wage gap between men and women. With the signing of SB 358, California now has one of the toughest pay equity laws in the nation. Women in California who work full time are paid on average 78 cents for every dollar earned by men. SB 358 will make equal pay laws clearer and more effective, as employees cannot be punished for raising questions about their pay and will be able to demand fair wages without fear of retaliation.
- Assembly Bill 695 (Senate President pro Tempore Kevin de León, Senate District 24) Health Education: Requires that California public high schools offering health classes include information regarding sexual assault and violence in their curriculum.
- Senate Bill 4 (Senator Ricardo Lara, Senate District 33) Health For All: This law expands
 access to health insurance by allowing low-income children under 19 years of age
 in California to receive Medi-Cal benefits regardless of immigration status. This law
 will aid in increasing enrollment in comprehensive health care coverage, benefiting the health
 and welfare of all Californians.

AB 329 UPDATES,
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INTEGRATES THE
EXISTING STATUTES RELATING
TO HIV PREVENTION AND
COMPREHENSIVE SEXUAL HEALTH
EDUCATION IN CALIFORNIA



FIGHTING FORWARD

Planned Parenthood Action Fund of the Pacific Southwest celebrates its 24th annual Stand Now! Party and honors Rep. Scott Peters

Planned Parenthood Action Fund of the Pacific Southwest celebrated its 24th annual Stand Now! Party on October 22, and was thrilled to be joined by more than 190 guests, including 12 elected officials and their representatives, at the beautiful Saltman Family home in La Jolla. Thanks to the leadership of event chairs Bobbie and Jon Gilbert, the event raised more than \$218,000!

Congressman Scott Peters was the recipient of the Sara Moser Award, named for our longtime community champion. Congressman Peters has consistently worked to expand gender equity, repeal discriminatory laws, reduce sexual violence and improve health care for all women. Most recently, he defended Planned Parenthood during the House Judiciary Committee hearing in early September. Accepting the award on his behalf was his wife and fellow champion for Planned Parenthood, Lynn Gorguze.



DARRAH DIGIORGIO JOHNSON, event hosts DAVID and CAMILLE SALTMAN, and board chair LISA WALTERS-HOFFERT



DARRAH thanks the crowd for their support and stresses the vital work the Planned Parenthood Action Fund does every day.



Event chairs BOBBIE and JON GILBERT



Action Fund board member KATE NYCE introduces the elected officials and their representatives in attendance.



Generation Action members from SDSU pose with President and CEO DARRAH DIGIORGIO JOHNSON.



Honorary Committee members BOBBIE GILBERT, NORA JAFFE, and KATE NYCE



Left: LYNN GORGUZE accepted the SARA MOSER AWARD on behalf of her husband Congressman SCOTT PETERS.

Right: VINCE HALL, Honorary Committee member ANDY ACHTERKIRCHEN, BUD EMERSON, and Honorary Committee member JOEL HOLLIDAY

SUPPORTING THE PLANNED PARENTHOOD ACTION FUND WILL ALLOW US TO FOCUS ON:

- The presidential election: Ensure that our next president of the United States stands with Planned Parenthood
- Voter turnout: We can engage in significant efforts to persuade voters and get them to the polls
- Developing comprehensive media campaigns to get our message across all channels
- Electing a new U.S. Senator who is as strong a champion for women as Sen. Barbara Boxer has been
- Sending all five of our congressional leaders back to Washington



Honorary Committee member JOAN JORDAN BERNSTEIN, MAUREEN BROWN, CONNIE BEARDSLEY, and RACHEL SMITH



SARA MOSER started the local Planned Parenthood Action Fund in 1991.



For more information or to make a gift to support Planned Parenthood Action Fund, please visit www.ppactionca.org/support.





LEARNING MORE AT OUR SPEAKERS SERIES

President's Council members enjoyed a tour of our stunning Vista Isabella Center at our summer Speakers Series, *Breaking Ground and Breaking Down Barriers to Care*. We heard from Darci Hernandez, principal at Boulder Associates, who shared insights on designing high-quality health centers that are patient-centered, innovative, and efficient.

At our fall Speakers Series, *Making the Grade: Improving Sex Ed in California*, Assemblymember Shirley Weber gave an inspiring talk about her bill, the California Healthy Youth Act (AB 329), which updates and strengthens sexuality education and HIV prevention education in schools by requiring information that is comprehensive, accurate, and inclusive and respectful of all sexual orientations and genders.

Speakers Series is a set of events held three times a year, offered to members of the President's Council, which is comprised of those who give annual gifts of \$1,000 or more. To learn more, or to join the President's Council, please contact Hilary Watchler at hwatchler@planned.org or 619.881.4604.







Guests received a tour of the center from JESSICA BRADFORD, Medical Assistant Support Specialist.



DAVID and RITA PRIVER



Board chair LISA WALTERS-HOFFERT, hosts DIANA and MATTHEW VALJI, President and CEO DARRAH DIGIORGIO JOHNSON, Assemblywoman SHIRLEY WEBER, ANDREA VALJI, and JENNY WOUDENBERG



Speakers Series co-chair SUSANNA FLASTER makes a comment to the crowd.

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PLANNED PARENTHOOD WOMEN WHO ROCK!

Cecile Richards, President of the Planned Parenthood Federation of America, was named one of *Glamour Magazine's* Women of the Year. This is a significant honor for Cecile, Planned Parenthood and the entire women's health movement. It is a reflection of the role Planned Parenthood plays in the fabric of this country; a testament to the phenomenal work that affiliates, providers, and volunteers do every day; and a tribute to Cecile's extraordinary leadership.

"Pretty much everyone remembers where they were, what they were doing when they went to Planned Parenthood. To hear their stories—it's a reminder that we change people's lives every day," Cecile said.



CECILE RICHARDS, President of Planned Parenthood Federation of America

Chrissy Cmorik, Education Outreach Manager at Planned Parenthood of the Pacific Southwest, won the *San Diego Business Journal*'s 2015 Healthcare Champion award for education. During her 11 years here, Chrissy has been an advocate for reproductive health care education and access both in our health centers and the community.

Chrissy provides reproductive health and sexuality trainings to teachers, medical staff and other professionals in San Diego, Riverside and Imperial counties. She develops educational presentations and provides quality management for our educational programs, and represents our affiliate at community meetings, advisory committees and community collaborations. She also oversees and facilitates Teen Success, a program near and dear to her heart, which is designed to provide support, resources and tools for female teenagers who are pregnant or parenting so they can complete high school and delay a second pregnancy until adulthood.

PRETTY MUCH EVERYONE REMEMBERS WHERE THEY WERE, WHAT THEY WERE DOING WHEN THEY WENT TO

PLANNED PARENTHOOD.

TO HEAR THEIR STORIES—IT'S A REMINDER THAT WE CHANGE PEOPLE'S LIVES EVERY DAY.

- Cecile Richards



CHRISSY CMORIK, Education Outreach Manager at Planned Parenthood of the Pacific Southwest



FOUNDATION NEWS

The Women's Foundation of California has granted Planned Parenthood of the Pacific Southwest \$20,000 to support reproductive health and justice in the Imperial Valley. This funding will be used to identify, mobilize and activate advocates for reproductive rights; increase community support for, understanding of and access to reproductive health services through strategic outreach; and provide medically accurate, comprehensive sexual health education to schools, community-based settings and underserved, disenfranchised communities. At the local, state and national level, the Women's Foundation of California is a leader in the fight to strengthen the economic well-being and selfsufficiency of California's women and families. Its investment in reproductive justice is an exciting and innovative development in the philanthropic world.

The California Family Health Council has granted our affiliate \$25,000 to support the agency's launch of primary care services at the Imperial Valley Health Center. These funds will allow Planned Parenthood to begin preparing the new facility for this integration, which will require the development of new medical protocols, training curricula and the procurement of basic supplies. This expansion will fulfill a major need for Imperial County residents, as the demand for low-cost care continues to grow and the community's health needs are many and varied. Implementing primary care services will strengthen our mission to ensure broad public access to reproductive health care and protect our capacity to fulfill that mission.

The Blue Shield of California Foundation has granted our affiliate \$10,500 for core operating support. BCSF has been a valuable partner of ours for decades, recently funding the agency's unique collaboration with the Center for Community Solutions in an effort to bridge health care and domestic violence support programs. The foundation is one of the state's largest and most trusted grantmaking organizations.

Planned Parenthood Federation of America has granted our affiliate \$10,000 to offset our affiliate's significantly heightened security measures in the wake of the Center for Medical Progress' deceptive video smear campaign. This support enabled us to hire armed guards to provide additional security and visibility in the short term, as well as document and respond to a substantially increased number of opposition events.

LATINA LEADERSHIP ACADEMY SUCCESS



Planned Parenthood of the Pacific Southwest's Latina Leadership Academy just celebrated its first graduating class! Thanks to the generous support of The California Endowment, the academy is now one of the Coachella Valley's most innovative and forward-thinking youth leadership programs, training the next generation of reproductive justice advocates with an intensive 15-month curriculum.

This program brings together a diverse group of women with varying life experiences—teen mothers, low- to middle-income young women, alternative and traditional students, LGBTQ women, and honor roll students. These women are trained to deliver presentations on birth control methods, STIs, and sexual and reproductive physiology and anatomy. Over the course of the program, they provided accurate sexual health information to more than 1,200 peers and members of the eastern Coachella Valley community. Participants also became skilled organizers and advocates for reproductive justice, lobbying local school board members for comprehensive sexual health education, testifying in Sacramento in support of sexual health policies that make sense and launching Generation Action advocacy groups on their college campuses.

"The Latina Leadership Academy left me with so many opportunities. Planned Parenthood redefined me, who I am and my career choice. This organization has changed my life. Now I seek to change the world around me, to better it. I want to change the world, my community, the way Planned Parenthood has changed me," said Nancy, 18, of Coachella.

We know the best way to ensure our services are fully accessible to youth is to give them a voice. It is vital that young people in the Coachella Valley know they have power, value, and responsibility in the development and implementation of health policies that directly affect them and their community. To accomplish this, program leaders met with participants weekly for more than a year. The Latina Leadership Academy is an outstanding opportunity for young Latinas to gain valuable leadership skills and learn more about reproductive and social justice.

"All of this has opened my eyes to see the issues in this community. I see that someone has to step up and fight for what's right and the Latina Leadership Academy has taught me that I have the capability to be that someone," said Yurema, 18, of Coachella.

PHILANTHROPY AT AN EARLY AGE

Featuring Diana Strauss Casey, Esq., and Kathleen L. Strauss, Ph.D.

The concept of helping others was instilled early on in Kathleen Strauss and Diana Strauss Casey, daughters of Dr. Paul and Anita Strauss. Both women recall numerous times around the breakfast or dinner table, the newspaper spread out, and their parents passionately discussing politics and current events. Kathleen and Diana admired that their parents were progressive and politically informed, and wanted to raise their children to be the same. The family's connection with Planned Parenthood started when Abortion Counseling Service of San Diego (where their neighbor, Sara Moser, volunteered) asked Paul, a psychiatrist, to provide "approval" for women to obtain an abortion in the pre-Roe v. Wade era of the late 1960s and early 1970s. Prior to the 1973 Roe

v. Wade decision, a woman in California could only obtain a legal abortion if she had been evaluated by a psychiatrist and was considered to be a danger to herself or others if she continued the pregnancy. Dr. Strauss provided this service to hundreds of local women.

Diana and Kathleen were introduced to Planned Parenthood as teenagers by their parents, who brought their children to the annual dinner every year. As a young woman, and for 19 years, Kathleen utilized Planned Parenthood as her primary health care provider. She remembers volunteering with her mother in the early 1990s to make calls to local Republican women for Planned Parenthood's newly formed Action Fund. A psychologist for over 17 years, Kathleen has also served on the Planned Parenthood Board.

Diana, a real estate attorney, got involved in a women's rights and equality advocacy group at the University of Virginia School of Law. After taking a class on trusts and estates, Diana wrote her original will and included Planned Parenthood as a beneficiary. She later had a trust created and included Planned Parenthood in it. Independently, Kathleen provided for Planned Parenthood in her trust in her early 30s. Both sisters knew at a young age that their parents had made a philanthropic provision for Planned Parenthood in their trust, and they wanted to do the same because they felt it was "the right thing to do."

In a shared culture of giving, the family makes joint decisions on funding priorities for the Strauss Family Foundation. Planned Parenthood is at the top of their list for philanthropic support, unanimously agreed upon by all six family members.

Kathleen and Diana are proud to be active, long-term Planned Parenthood supporters and they hope that they are role models to others, at any age, in their support of Planned Parenthood in their estate plans.



THE STRAUSS FAMILY (L to R) RANDY, KATHLEEN, PAUL, ANITA, DIANA, and BRIAN

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someone you love? Fill out the form below and mail it in today.
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Address
City/State/ZIP

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LEGACY CIRCLE

The Legacy Circle is composed of those who have included Planned Parenthood of the Pacific Southwest in their estate plans.

If you are interested in more information about how to include Planned Parenthood in your estate plans, please contact Mary Veta, director of development and planned giving at 619.881.4626 or mveta@planned.org. Is Planned Parenthood already in your will, trust or other estate plans? THANK YOU! Please let us know about your plans because it helps us plan for the future.

Anonymous (31)
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Sandra D. Barstow
Laura Berend & Bill Zeigler
Joan Jordan Bernstein
Susan M. Biltz
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Pat Wilson & Greg Rose
Arelene E. Wolinski
Barbara Wolter
Leslie S. Zoref

*deceased

List as of November 12, 2015

Planned Parenthood of the Pacific Southwest is especially grateful for the bequests it has received. The following people made generous gifts to Planned Parenthood of the Pacific Southwest through their estate and provided essential resources that support reproductive health care services in our community.

Anonymous (6) Muriel Adams Carolyn Ann Ahlers Bud & Polly Aldige Carol Ash Henry S. & Marietta W. Aurand Ann Baerwald Marcella Barkow Anne R. Barry Shirley Bell Elisabeth Boyer Edward J. Bye Ruth Campbell
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Norma Sullivan
Marjorie Tess
Annie Titlebaum-Schwartz
Veran T. Turner Lind
Wheller Trust
Gordon & Margaret Winkler
New Adventure Foundation
Mildred & Burnett C. Wohlford

List as of November 12, 2015