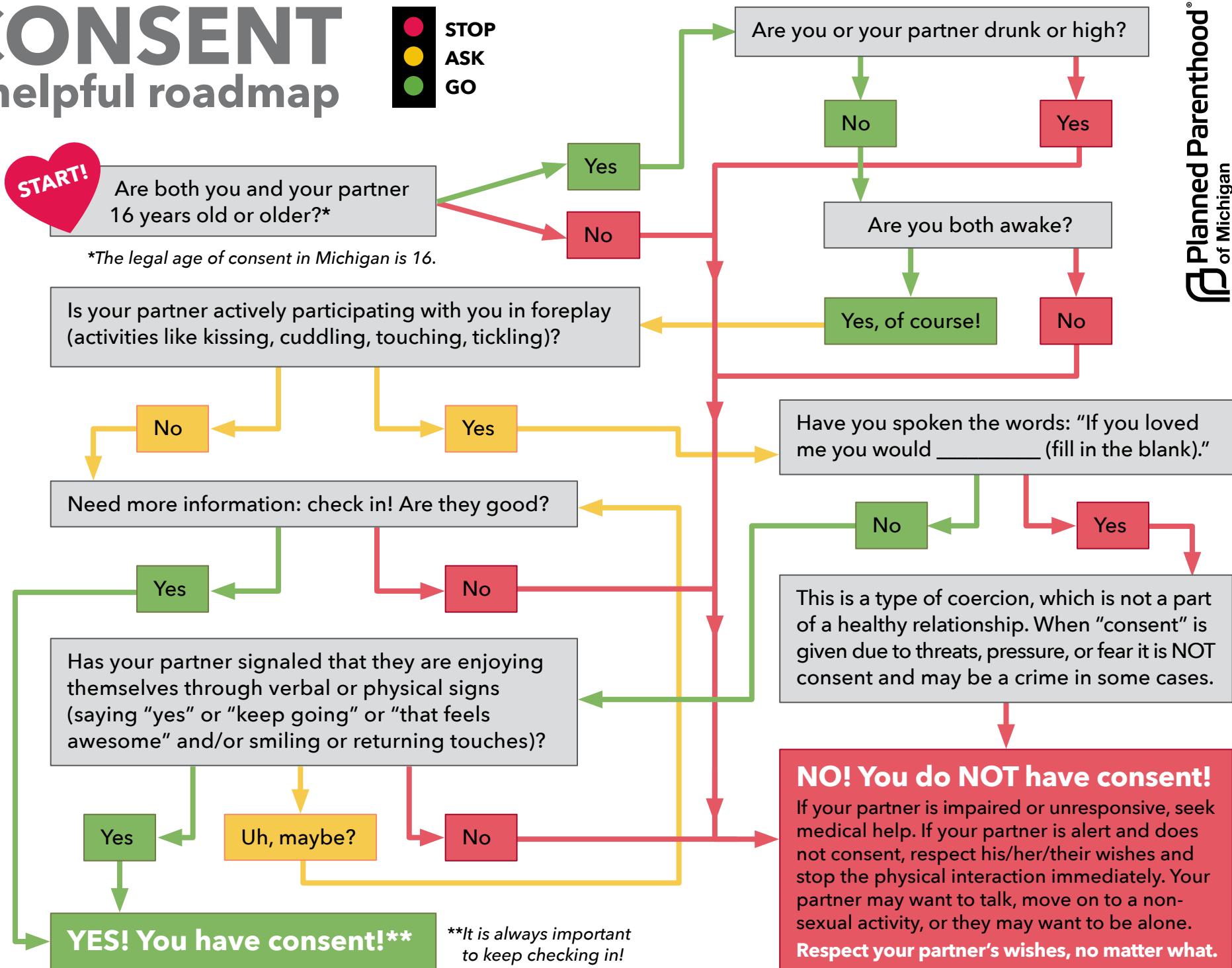


CONSENT

a helpful roadmap

YOU OR YOUR PARTNER CAN SAY "NO" AT ANY TIME





consent

\kən-sent\

noun. Permission for something to happen or agreement to do something.

There can often be confusion about what sexual consent actually IS, when and how to give it (or get it), and why it is needed. This Consent Roadmap is designed to help you navigate some of those "tricky curves" on the road to sexual consent.

Consent requires an active "yes!" and not just the absence of a "no." Communicating clearly with your partner can not only make your sexual experiences together healthier and more enjoyable, but consent should be considered an ongoing, mandatory conversation. Consent can change in the same way that people can – constantly, and for different reasons (ANY reason!).

To use this roadmap, start at the heart and answer the questions honestly, following the arrows to the next stop. If you find yourself following red arrows, then you do not have consent! Yellow arrows signify a need to slow down or stop and ask your partner how they're doing. Green arrows will take you toward consent, but it is still important to keep checking in.

Remember: On the roadmap to consent, it is always okay to stop and ask for directions!

SEXUAL HEALTH CARE SERVICES

Planned Parenthood of Michigan (PPMI) operates 20 health centers statewide to serve you.

Sexual health services for women, men, and teens include well woman exams and cancer screenings, family planning/birth control, testing and treatment for STDs, HIV testing, pregnancy testing and options referrals.

We offer convenient appointment times, same-day scheduling for certain services, and affordable care whether or not you have health insurance. We accept most health insurance plans including private insurance, Medicaid, and the Healthy Michigan Plan.

Schedule an appointment today.

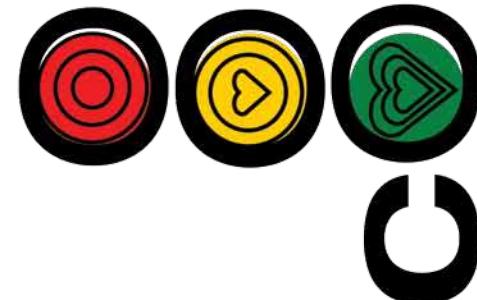
800.230.PLAN | PPMI.org



Planned Parenthood of Michigan

This Consent Roadmap is brought to you by PPMI's Education Department. Contact us for information about our programs and services:

(844) 316-4055
education@PPMI.org



CONSEN'T. Get some.