



Planned Parenthood Clinician Maria, RN, WHNP-BC

HEALTHCARE YOU CAN TRUST

Meet Maria, one of the health experts who brings compassionate, high quality care to Planned Parenthood patients every day.

Maria's background:

Maria is a board-certified Women's Health Nurse Practitioner with speciality training in colposcopy, advanced detection to identify abnormal or cancerous gynecologic cells. She has 25 years of healthcare experience.

Number of years with Planned Parenthood:

11 years

In her words:

"It gives me great satisfaction to know my patients leave with their needs met and their questions answered."

Favorite dessert:

Fruit Salad

Planned Parenthood's clinicians have an average of **25 years** of healthcare experience. Their range of expertise includes Women's Health Care Nurse Practitioners, Family Nurse Practitioners, Certified Nurse Midwives, Physician Assistants, and other advanced levels of certification and licensure.

Planned Parenthood of Greater Texas' health centers served a total of 83,431 women, men and young people through our health services and education programs last year. Today, we stand strong thanks to generous support from our communities and each of you.

Due to Texas politics, Planned Parenthood health centers have been defunded, statewide women's health programs dismantled, and barriers placed in front of women seeking safe, legal abortion. Extremist opponents engaged in fraud to undermine broad public support for Planned Parenthood through deceptive videos and allegations.

Fortunately, they have been indicted and face criminal charges here in Texas and in California.

Today, with the help of donors to our Building Our Future fund, we are halfway through a plan to renovate all Planned Parenthood health centers so they are built to serve our patients for decades to come. Please let us know if you'd like to schedule a tour of one of our renovated health centers or go on-line at ppgreatertx.org to schedule an appointment at a health center today.

With your continued support, we're standing strong and are here for the Texans who count on us.



Ken Lambrecht
President & CEO

FOCUS ON: GET YOURSELF TESTED MONTH

April is national **Get Yourself Tested** month. Planned Parenthood is reaching out to remind all Texans, but especially those under 25 who have a 1 in 2 chance of contracting a sexually transmitted infection (STI), that regular testing is a great way to take care of their health.

Planned Parenthood health centers offer STI testing and treatment, rapid HIV testing, and education on staying safe and healthy. Throughout the month of April, information on STIs and Planned Parenthood STI services will be shared online and at community outreach events.

Last year Planned Parenthood of



Greater Texas provided **98,136** tests, treatments, and/or vaccinations for STI's, including **14,777** HIV tests and **450** HPV vaccinations.

DALLAS INVESTS IN TEEN HEALTH EDUCATION

The **North Texas Alliance to Reduce Teen Pregnancy (NTARuPT)** is leading a five-year community initiative to reduce unintended teen pregnancies.

In partnership with Planned Parenthood, Texas Women's University, Dallas Foundation, Girls, Inc. and UT Southwestern, evidence-based programming will be provided to teens in 5 Dallas zip codes in after school, and community-based settings.

Trained health educators and promotores will provide young people with the skills and resources they need to protect their health, make responsible decisions, and prevent unintended



PPGT health education staff at March 2016 NTARuPT training in Dallas

pregnancies. Educators will also host parent groups to enhance parent-teen communication.

For more information, visit:
<http://www.ntarupt.org/>



Dallas Annual Luncheon Keynote Speaker and Planned Parenthood Federation of America President, Cecile Richards

SAVE THESE DATES

April 4

Dallas Annual Awards Luncheon
Keynote Speaker Cecile Richards

May 3

Waco Margarita Madness

May 19

Austin Cocktails for a Cause

September 18

Austin Annual Dinner
Keynote Speaker Dahlia Lithwick

October 13

Dallas Cocktails for a Cause

November 2

Fort Worth Cocktails for a Cause

Fall 2016

Waco Cocktails for a Cause

Advance reservations required and sponsorships available. Please call 855.314.0799 ext 10183 or email events@ppgt.org for more info.

VOLUNTEER?

Volunteering at Planned Parenthood of Greater Texas is a rewarding experience. Volunteers help promote and protect access to Planned Parenthood's healthcare services. No special skills are required, just a desire to help.

ppgreatertx.org/volunteer
volunteer@ppgt.org

"WHOOFS FREE" BIRTH CONTROL UP 32%

Long acting reversible contraceptives (LARCs), such as **IUDs and implants**, are the most effective reversible birth control methods available.

Reproductive health advocates and medical professionals endorse LARCs as an easy, cost-effective

way to prevent unintended pregnancies. And our patients are taking note.

Planned Parenthood of Greater Texas, through expert birth control consultation, education, and marketing outreach, increased use of LARC birth control methods by **32%** last year, with an additional **1,116 patients receiving IUDs or implants in 2015.**

Planned Parenthood implements a LARC initiative for residents of Travis County to provide free IUDs and implants to eligible low-income, uninsured women through our three Austin health centers. Recently, a statewide LARC initiative in Colorado resulted in a 40% drop in teen pregnancies.

**A free IUD?
Yes, please!**

www.austinbirthcontrol.org