



Aloha from the Desk of Andrea Anderson

Aloha and Mahalo to all our supporters, fans and, yes, even our detractors! I am a firm believer in the saying, "That which does not kill you only makes you stronger," and I can state today that we have never been stronger! Coming out of the latest storm in Washington around the budget and the "defunding of Planned Parenthood" was nerve-racking, nail-biting, and exhilarating — but, with the supporters we have both in Hawaii and nationally, we were destined to win that fight! I was in D.C. in April at the Planned Parenthood National Conference and was able to meet with our very supportive team at Senator Inouye's office. I met Chief of Staff Pat DeLeon and their newest Nurse Fellow, Maureen Charles — who informed me that she did part of her medical residency with PP Austin! It was a wonderful opportunity to "talk story" with staff who understand what Planned Parenthood really does and support all of our efforts to ensure that the men, women, and teens of Hawaii are healthy.

At the National Conference Awards Dinner, Planned Parenthood of Hawaii was recognized for all the work that we do AND was awarded a grant from the Fund for the Future initiative to support our growth and expansion of services onto the island of Kauai! We are very excited to get started with this initiative, our internal Kauai team is finalizing all the details, and we're shooting to start offering services late summer or early fall of this year! We're working on having a fundraiser on Kauai in the next few months and will keep everyone posted on our progress!

Speaking of local support — it is with large amounts of gratitude that PPHI Board of Directors and staff thank the Hawaii Community Foundation for their two-year award to support the implementation of our electronic medical record (EMR) systems. Staff and volunteers have been prepping for over a year to begin the painstaking process. We have finally found the right individual to take the lead on this project — Ben Tutor, our new IT Specialist. We will begin converting all our patient files from paper to electronic media and converting our entire software system to be compliant with PPFA and upcoming federal requirements. Wish us luck as we head into this daunting task.

We have accomplished so much in the past 18 months since I've come on board, and I am so proud of the staff and volunteers for

all their hard work and dedication to fulfill the mission and vision of PPHI and meet the needs of our community members on a daily basis. It gives me no small amount of pride to let everyone know that PPHI has been doing this amazing, inspiring, challenging work for the past 45 years! We would not be where we are without the kupuna upon whose shoulders we stand, who fought and struggled to make PPHI the essential health care provider throughout the Islands that it is today.

We have come so far over the past four and a half decades and, looking forward, there are so many other opportunities for us to meet the sexual and reproductive health needs of our community members. We listen to the voices of the men and women we serve every day, and we're responding by offering new services, growing into new areas, working with new school systems and community partners, and partnering with other social service leaders to ensure that our `ohana is strong and healthy. The future — no matter what happens in D.C. — is very bright for Planned Parenthood of Hawaii, and we are hoping that you will join us this August to help us celebrate our 45th Anniversary.

Mahalo Nui Loa,



Ask Dr. Ann

By Dr. Ann Rahall,
PPHI Medical Director

I was just diagnosed with genital herpes, but my partner of one year says he has never had it. How did I get it?

More than 45 million Americans are infected with the Herpes Simplex 2 virus

(HSV 2), which causes genital herpes. Many of them don't know it because they have never had an outbreak. There can be times when they are shedding virus without having any symptoms. During these times, they can pass the virus to their partner(s) who then may have an outbreak. The virus can live dormant in the body for a long time and then the immune system becomes weakened or some other stress occurs leading to an outbreak.

Herpes Simplex 1 (HSV 1) commonly causes cold sores. It is estimated that 50 to 75 percent of people have this virus, even

if they don't recall ever getting a cold sore. If someone has a cold sore, they can pass HSV 1 to their partner's genitals through oral sex. HSV 1 is becoming an increasingly common cause of genital herpes.

It is therefore possible that your partner has either HSV 1 or 2 and passed it to you without even knowing he had it. It is also possible that you already had it but just had your first symptomatic outbreak.

If you have a question for Dr. Ann, email her at contact@pphi.org.

Rally for Choice



Photographer: Andrea Anderson

From left: Vanessa Chong of the ACLU, with longtime PPHI supporters Pamela & Don Lichy



Photographer: Barbara Li

Our fabulous CEO, Andrea Anderson, at the Rally for Choice, standing with Planned Parenthood



Photographer: Andrea Anderson

Planned Parenthood supporters
Meredith Leslie and Anton Adam

A Note from the President

This is in response to a package with sexual and reproductive health care books and information about PPHI that we sent to The White House.

THE WHITE HOUSE

WASHINGTON

Thank you for taking the time to share your views, and for your thoughtful gift. Each day, I hear from Americans about the issues facing our country, and I appreciate hearing from you.

My Administration is working to address the new and complex challenges of our time. By out-innovating, out-educating, and out-building the rest of the world, we can win the future for the next generation of Americans.

Thank you again for writing and for your kind gift.

Sincerely,

April Was GYT Month

April was GYT (Get Yourself Tested) Month! Even though Planned Parenthood of Hawaii always offers and encourages clients to be tested for sexually transmitted infections (STIs), there is a national initiative during the month of April each year. Our staff wore GYT buttons and t-shirts, our health centers displayed GYT posters, and we gave all clients who got tested an "I Got Tested" sticker. On a larger scale, MTV aired "MTV's Top 10 Most Outrageous Sex Myths" on April 26, and it will be rebroadcast several times. This show features talent from other MTV shows and sets the record straight on many of the most common myths about STIs and sexual health. MTV also

aired GYT public service announcements every week during the month of April. Thank you, MTV, for getting this important message out in a trendy way.

Last year, Planned Parenthood of Hawaii provided 611 tests during GYT Month. This year, we provided 685 tests. Congratulations to the staff of all three health centers for the increased numbers and for the contribution to public health we are making!

Speaking of STIs, April 27 was National HIV Testing Day. Planned Parenthood of Hawaii offers Rapid HIV testing at all three of our health centers.

Transgender Services



Transgender persons are individuals whose birth gender does not match their deeply perceived internal gender identity. Planned Parenthood of Hawaii is excited and proud to offer services for Transgender (TG) persons who are male-to-female TG and who are at least 18 years old. Our Honolulu Health Center started offering services in March and our Maui Health Center in April. Our Kailua Kona Health Center will be offering services this summer. We provide physical exams, STI treatment, hormone therapy, lab testing, referrals to TG-friendly therapists, and a welcoming environment for TG patients.

Our Sixth Annual Gala at the Royal Hawaiian Hotel, January 22, 2011

Featuring Our Guest of Honor — Cecile Richards, President of Planned Parenthood Federation of America

Photographers: Joe Hunt, Cara Mazzei, and Andrea Soekiman



PPHI staff from left: Sonia Blackiston, Director of Education & Training; Razia Zelko, Education and Community Outreach Manager; Andrea Anderson, CEO; and Katie Reardon, Director of Public Affairs & Government Relations — with Cecile Richards (center) at the *Roe v. Wade* commemoration at the State Capitol, the day before our Gala



The beautiful Monarch Room at the Royal Hawaiian Hotel where we held our Sixth Annual Gala



PPHI staff, from left: Sonia Blackiston; Katie Reardon; Andrea Anderson; Dr. Ann Rahall, PPHI Medical Director; and Jo Ayers, Director of Patient Services



Elaine Rossi, PPHI Board of Directors President, and Cecile Richards, with Vanessa Chong and Barbara Ankersmit of the ACLU — with their *Bette Takahashi Service Award*



PPHI staff from left: Michelle Pellersels, Health Educator; Razia Zelko; Jaimie Hernandez, Training Manager; Cecile Richards; Jadine Nielsen, PPHI Board of Directors; LaShanda Eller, PPHI MPH Intern; Kathleen Stofocik, Education Manager; and Sonia Blackiston



Gala committee members, from left: Andrea Anderson; Elaine Rossi; Cara Mazzei, PPHI Board of Directors; and Jadine Nielsen



Andrea Anderson, Leighton Kim Oshima, and Cecile Richards



Susan Quintal, guest; Bette Takahashi, longtime PPHI supporter; Phil Morris, PPHI Board of Directors Treasurer; and Dorothy Morris, past PPHI Board President



Jean Rolles, longtime PPHI supporter, with Cecile Richards



From left: Jo-Ann Adams, Susanne Meisenzahl, Susan Wurtzburg, Cecile Richards, Jean McIntosh, and Madeline Cahoon



Cecile Richards, Andrea Anderson, and Elaine Rossi with youth ambassadors from the First Unitarian Universalist Church of Honolulu Youth Group and children of PPHI Board members

Hawaii Women's Health Week

May 8 was Mother's Day, and it coincided with Hawaii Women's Health Week. Planned Parenthood of Hawaii is part of a consortium that includes the Hawaii State Department of Health, Kapiolani Women's Center, Hawaii State Commission on the Status of Women, The Queen's Women's Health Center, Kaiser Permanente, HMSA, AlohaCare, American College of Obstetricians and Gynecologists Hawaii Section, and Healthy Mothers Healthy Babies who worked to create, update, and sponsor the printing of the Women's Health Guide. This colorful guide lists all screening tests and immunizations recommended for women and when each is due. We distribute these guides in each of our Planned Parenthood of Hawaii health centers. The Department of Health estimates that through distribution of this Women's Health Screening Guide statewide as well as bus placards, payroll messages, newsletter and website postings, and church bulletins that over 5 million contacts are made, promoting the importance of preventive health screening for women in Hawaii.

 Planned Parenthood
of Hawaii



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www.pphi.org

Education Update!

A common question we get is what does the PPHI Education & Training department actually do? Our department's mission is to provide education and training that allows individuals to make informed sexual health decisions. Our team currently consists of 5.5 staff members: 4 on Oahu, 1 on Hawaii Island, and 1 part-time for Maui County. Oahu staff members travel to Kauai to provide services when feasible.

The bulk of the work that we do consists of presenting sexual health lessons to public and private schools, colleges and universities, and community- and faith-based organizations. The three most requested lessons are Anatomy & Puberty, Sexually Transmitted Infections (STIs), and Birth Control Methods (BCMs). Other lessons include Abstinence, HIV/AIDS, Teen Pregnancy, and Condom Basics/Demos. PPHI staff can tailor lessons on sexual health topics to meet the needs of the audience as requested. Our lessons include using PowerPoint presentations, videos, and interactive activities when time allows. Our team uses fun review activities such as STI and BCM Jeopardy games, Sex-Tac-Toe, Sexual Health Bingo, and more, time permitting. We even created a Sexual Cash Cab game that we rolled out last year. Our lessons provide factual, medically accurate, and age-appropriate information to the intended audience.

Our team also facilitates and provides training

and technical assistance on implementing evidence-based programs. What is an evidence-based program (EBP)? One that has been thoroughly researched and proven to actually change behavior as well as knowledge, attitudes, and beliefs. EBPs are the platinum standard in teen pregnancy and STI/HIV prevention. The PPHI Education & Training department currently facilitates Making Proud Choices in middle schools. We are also trained in and provide training on two other EBPs — Be Proud! Be Responsible! and Draw the Line, Respect the Line. One thing to note is that all of the EBPs that are currently recognized have been developed in the continental U.S. and target African-American, Caucasian, and Hispanic youth. So, when implementing these EBPs here in Hawaii, adaptations have to be made to make them more culturally appropriate for our populations. PPHI is proud to have staff that is working with the University of Hawaii Center on Disability Studies and Alu Like to create a culturally responsive teen pregnancy prevention program for Hawaii youth called Pono Choices. Our team is responsible for developing the medically accurate sexual health components of the curriculum. Working with our partners, we hope to develop a curriculum that can be used in public middle schools statewide. PPHI staff is also responsible for training teachers and offering technical assistance. This project is

funded through the Office of Adolescent Health and runs through 2015.

Lastly, our team facilitates many workshops and trainings statewide and even across the Pacific Basin. We conduct trainings for youth-serving professionals who work in sexual health areas, such as teachers and those that work in teen pregnancy and STI prevention. We offer trainings and workshops for parents, including our extremely popular HOPE (Helping Our Parents Educate) training and I'm Askable workshops. We also provide technical assistance to other organizations that are implementing EBPs or need help implementing other sexual health programs.

In addition, our team also does outreach activities such as health and community fairs, local media presentations, mentorships/internships, and assists with securing funds to support our department.

When our team is not presenting lessons, we are constantly researching, fine-tuning — conducting continuous quality improvement on our lessons, workshops, and trainings; inputting data; working with colleagues on other projects; serving on community groups and boards; and trying to find ways to make a greater impact on the lives of the people we reach in the usually short time frame that we have with them. We are committed to helping people of all ages make informed choices about their sexual health.

Parent Night

Great parent quote from one of our parent nights: "While it may be an awkward topic for all, no one ever gave me this class, and I wish they would have. I've been lucky, but I'd like my child to be educated rather than lucky."

— parent, Washington Middle School

Oahu Announcements

Kathleen Stofocik, Education Manager

Kathleen Stofocik had worked for the past two years as a Health Educator in the Education & Training department and is currently the Oahu Education Manager. Congratulations to Kathleen on her promotion and her return to PPHI after a short stint at a mainland PP!

Jaimie Hernandez, Training Manager

Jaimie Hernandez has worked for PPHI as a Health Educator in the Education & Training department. Congratulations to Jaimie on her promotion to Oahu Training Manager!

PPHI Welcomes New Employees

Janel Dulan, Health Care Associate
Michelle Pellersels, Health Educator
Jennifer Sapp, Nurse Practitioner
Ben Tutor, IT Specialist

Kailua Kona Corner

Maraya Kennedy-Friedman, Nurse Practitioner, Kailua Kona Health Center

Maraya finished her Masters in Nursing at Yale University in 2007 and became a Certified Nurse Midwife. She was a National Health Service Corps Scholar and worked for the Bay Clinic in Hilo for two years as her repayment. She has also worked in health care in Ghana, Nicaragua, and Haiti. She is passionate about women's health care and hopes to continue occasional work internationally.

Maraya is originally from Ashland, Oregon, and received her undergraduate degree at Oregon State University in Business and Marketing. She worked for five years in the corporate world with Proctor & Gamble and then transitioned to becoming a health care provider. She was recently married to a Physical Therapist and Ironman, and they live in Kailua Kona.

Katherine (Katie) Toomey, RNC, Kailua Kona Health Center Manager



Katie has recently moved to the islands from Western North Carolina (Asheville area) where she was employed as a nursing supervisor in a large 34-bed Mother-Baby nursing unit. Katie is a Registered Nurse (RN) with national certification in Maternal-Newborn Nursing. Katie is also a Certified Hypnotherapist and Reiki Master. For several years, Katie also took call time as a Sexual Assault Nurse Examiner doing forensic exams for sexual assault victims. She is thrilled to be working for such a great organization and with such wonderful people.

Donor Story By Katie Toomey

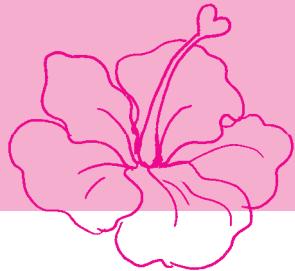
I just wanted to share a quick story about a donation we got recently. A woman came in and wanted to talk to someone about making a donation. Apparently, in 1993, she was our second termination ever done here. She was 16 and starting her senior year, and she would have needed her parents' permission for a termination at the time anywhere on the island and would not have gotten it. Her father was the president of a Right to Life group!

She had an appointment to fly to Honolulu for a termination (without her parents' knowledge) but was so sick with nausea and vomiting she could not take her flight. In the end, I guess this service here in Kailua Kona was begun and she was able to come to the PPHI Kailua Kona Health Center for her termination. She went on to graduate from high school, go to college, and become very successful. She donates regularly to her local Planned Parenthood but was visiting Kona and came to make a \$500 donation. We had a very nice visit and then she was able to meet Razia Zelko, our Hawaii Island Education and Outreach Manager, (in person, after her phone conference), and Razia obtained her information.

It was a very special visit to our clinic, and I wanted to share with you all. This does not happen here every day, and it was a great experience for me discussing her story with her and feeling all those emotions one would be feeling in this situation.

Annual Report Fiscal Year 2010

July 1, 2009 – June 30, 2010



Mission

The mission of Planned Parenthood of Hawaii (PPHI) is to be the leading provider of reproductive health services, education, and advocacy for the people of Hawaii.

Health Services

Planned Parenthood of Hawaii works to prevent unintended pregnancy and is committed to making every child a planned and wanted child. We believe that decisions about childbearing should be made by women in good conscience with their families and doctors. PPHI provides accurate sexual and reproductive health information and access to affordable services to help sexually active adults and youth be safe from unwanted pregnancies, from sexually transmitted infections, and from sexual coercion. We provide professional interpreter services free of charge for patients who need them.

More than 8,700 patients accessed our health centers for approximately 13,000 separate visits during fiscal year 2010, a 15 percent patient increase over the prior year. PPHI reproductive health care services include but are not limited to the following services:

- Annual exams: Pap smears, pelvic and clinical breast exams.
- Pregnancy testing and options counseling.
- Screening and treatment for sexually transmitted infections (STIs) including Rapid HIV testing.
- Reproductive health care, education, counseling, and birth control services (as requested) for adolescents age 14 and older.
- Adolescent counseling, which includes resisting sexual coercion, encouragement to involve parents, STI prevention, and contraceptive options.
- All FDA-approved methods of contraception (including the pill, the shot, the patch, the ring, and long-term reversible contraception, such as IUDs [intrauterine devices], and the implant), birth control supplies, and Emergency Contraception (EC).
- Vaccination against Human Papilloma Virus (HPV) to help prevent cervical cancer.
- Colposcopy screening for cervical / reproductive cancers, and treatment for abnormal cervical cells.
- Services for women approaching and experiencing menopause.
- Hormone therapy for Transgender patients (male to female).

PPHI accepts most employer-sponsored and public health care insurance plans. We accommodate uninsured patients in need of family planning services by offering a sliding fee scale based on income.

PPHI offers both medication (the abortion pill) and in-clinic (surgical) abortion services and support. The abortion pill is offered up to 9 weeks LMP (last menstrual period). Surgical abortion services are offered up to 18 weeks. Because PPHI provides abortion services outside of a hospital setting, we can offer these services at a substantially lower cost. This is particularly true for patients who are at 14 to 18 weeks and need intravenous sedation.

Planned Parenthood of Hawaii operates three health centers in the State of Hawaii.

Oahu

1350 S. King Street, Suite 310
Honolulu, HI 96814
808-589-1149
M 8:30 a.m. – 5:30 p.m.
T – F 8:00 a.m. – 4:30 p.m.
S – 8:00 a.m. – 4:00 p.m.

Maui

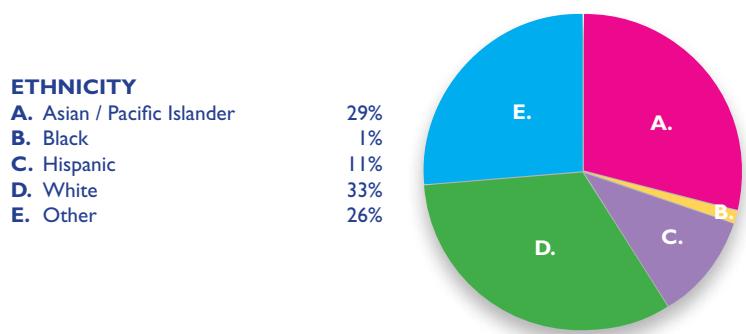
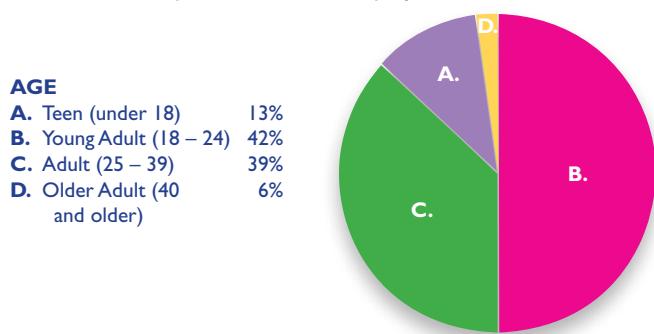
140 Ho`ohana Street, Suite 303
Kahului, HI 96732
808-871-1176
M – F 8:30 a.m. – 4:30 p.m.

Hawaii Island

75-184 Hualalai Road, Suite 205
Kailua Kona, HI 96740
808-329-8211
M – W, F 8:30 a.m. – 4:30 p.m.

Planned Parenthood of Hawaii Patients

- 74% of all PPHI patients have family income at or below 150% of the federal poverty level (\$38,500 for a family of four).
- 8% of our patients are on Medicaid.
- 35% of our patients have low income and qualify for discounted family planning services on a sliding fee scale.
- 27% of our patients have commercial insurance.
- 30% of our patients are self-pay.



Educational Programs

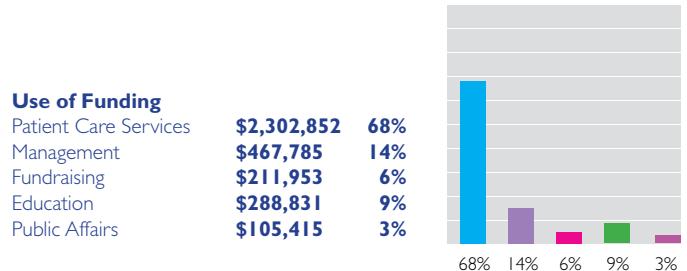
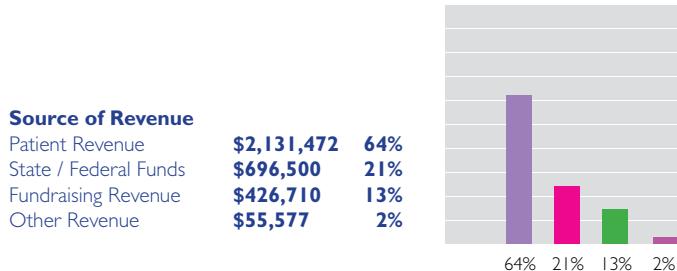
The PPHI Education & Training department provides medically accurate reproductive and sexual health education and training that includes science-based programs, in public and private school settings, universities, and community groups / organizations. In FY 2010, PPHI educators presented 756 separate educational sessions and made 20,082 direct educational and outreach contacts reaching more than 7,000 students, parents, teachers, youth-serving professionals, and other interested individuals across the State of Hawaii. For the first time, PPHI had an on-call educator active in Maui County. The PPHI Education team implemented lessons in 36 schools on Oahu, Maui, Lanai, Kauai, and Hawaii Island. PPHI continued presenting the multi-week Making Proud Choices (MPC) curriculum in two Department of Education middle schools on Oahu. The MPC curriculum has been identified as “a program that works” to teach early teens healthy and responsible sexuality behaviors, including condom use, by the Centers for Disease Control. Recognized for their knowledge and proficiency, the PPHI team also provides training to other health care providers, educators, and youth service workers in various areas of reproductive health and sexual health education. PPHI staff presented I'm Askable workshops throughout October 2009 statewide in recognition of Let's Talk Month, a campaign designed to help adults talk to youth about sexual health topics.

Advocacy

PPHI advocates for and supports public policies that guarantee an individual’s rights to privacy, choice over one’s own fertility, and access to affordable and high-quality reproductive and sexual health care. We had a lively legislative session in 2011. PPHI, alongside our community partners, successfully introduced and supported the passage of SB 219 Prohibiting Shackling of Pregnant Inmates. We are hopeful that Governor Abercrombie will swiftly sign the legislation into law. We were also proud to see our state make history by enacting the Civil Unions law, ensuring equality for all of Hawaii’s families. Nevertheless, this session was not without its disappointments. Despite broad support, a bill improving access to Emergency Contraception (EC) for sexual assault victims in emergency rooms failed to progress through the state legislature, as did a bill requiring that our public schools provide students with useful and effective sexual health education. On a positive note, all Anti-Choice bills were defeated in the 2011 legislative session. With support from important committee chairs and our valuable supporters, 12 bills and resolutions that sought to restrict access to reproductive health care, including abortion, were either never heard or defeated in committee hearings. Finally, our advocacy team worked tirelessly fighting off attempts to limit women’s health care and to defund Planned Parenthood on a national level. Thanks to the work of our team and our unwaveringly Pro-Choice Congressional delegation, we were able to defeat these extreme attacks on women’s health care.

Sources of Revenue and Use of Funding

Planned Parenthood of Hawaii relies on the support of individual donations, grants and the revenue generated by fee-paying patients to provide low- or no-cost services to individuals unable to afford reproductive health care. PPHI educational programs are funded primarily from donated revenue. During fiscal year 2010, Planned Parenthood of Hawaii’s revenue was \$3,310,259.



For more information, call the Planned Parenthood of Hawaii Development Office at 808-589-1156 ext. 200.

Patient Comments

Planned Parenthood of Hawaii strives to provide the highest quality health care in our health centers. We seek input from patients via patient satisfaction surveys and suggestion boxes. The following are all a few comments from PPHI patients:

"Everyone is very kind, caring, and warm-hearted. No one ever judges you no matter what, and they are just happy people who love to help. Also, they take a lot of pressure and stress off of you so you don't feel as depressed or sad!"

"The nurse who showed me the video and brought me in, Liz, was very helpful and cheerful. The lady in the procedure room with me helped and gave me advice to where I could stay calm (Sarah). Lastly, the lady who took care of me in the recovery room cared and made sure I was alright, and she was very helpful (Rachel). I would recommend these three nurses to

everyone. They made my visit a lot easier. And I am so blessed and thankful they helped me and were here during my visit."

"Staff is excellent! Friendly and warm!"

"Very fast, professional, and makes me feel like I've been coming here for a while. Staff remembers their patients. I really like that."

"Wonderful, caring staff and quality health care."

"I would recommend PPHI to friends and family because you guys are awesome."

Environmental Assessments

Planned Parenthood of Hawaii now offers patients the opportunity to participate in an environmental health assessment as part of the annual exam process. Women are given a short questionnaire and then are offered a variety of educational materials based on their responses. We hope this information helps women be more aware of some of the environmental hazards present in food, cosmetics, household cleaning products, plastic containers, and cigarette smoke so they can make healthy choices.

PPHI Scores High on Patient Satisfaction

Along with over 2,000 other Planned Parenthood affiliates, Planned Parenthood of Hawaii participates in quarterly surveys that ask patients a number of questions related to their abortion experience at our affiliate. We continue to meet or exceed the national average on every question. Often, we score 100 percent, which puts us on the PPFA National Best Practice Report. **Here are some of the questions we scored 100 percent on in the most recent survey:**

- *When you first called for an appointment, was the person on the phone friendly and helpful and did they answer all of your questions?*
- *Was the waiting area clean and comfortable?*
- *Did the doctor give you enough time to ask questions?*
- *Did the staff do enough to help you with pain or discomfort?*
- *Did you understand when to call if you were worried or needed help?*
- *Did we treat you with care and respect?*

Options for Giving to Planned Parenthood

Planned Parenthood of Hawaii is a tax-deductible nonprofit 501(c)(3) charity fully eligible for employee designations through ALL of the Fall 2011 workplace giving campaigns.

Combined Federal Campaign (CFC): designation 16104

Maui United Way: PPHI is a partner agency of the Maui United Way.



Aloha United Way: designation 70210.

All other United Ways – ask your workplace giving coordinator for more information. PPHI is approved for giving.

Make an in-kind donation of merchandise or services. Contact the PPHI Development Office at 589-1156 ext. 225 or 242, or email donations@pphi.org.

Gifts of stock or other securities. A donation of stocks, bonds, or mutual funds offers unique advantages. The total value of the stock upon transfer is tax deductible and there are generally no capital gains taxes on any appreciation. Contact the PPHI Development Office at 589-1156 ext. 225 or 242 to arrange this sort of donation.

Life insurance policies. PPHI can be named as one or as the sole beneficiary of proceeds from a life insurance policy. Donors may also purchase policies that designate PPHI as the owner and beneficiary.

Donate a car, truck, boat, or motorcycle through Kokua in Kind. Call KiK at 834-6603 or visit their website at www.kokuainkind.com for more information. The process is quick and simple. Be sure to mention that you want your vehicle donation to benefit Planned Parenthood of Hawaii.

Remember PPHI in your estate plan. One of the simplest and most significant things you can do to ensure the future of Planned Parenthood is to include us in your will or through other estate-planning measures.

Give online at www.pphi.org.

Foodland & Sack N Save. This September, support Planned Parenthood of Hawaii at the checkout stand. Donate up to \$249, and it will be matched through the Foodland & Sack N Save Give Aloha Program. Mention code 77037.

The IRA Charitable Rollover program allows individuals aged 70½ and older to donate up to \$100,000 to charities from their individual retirement account (IRA) without having to count the distributions as taxable income. This provision is scheduled to end as of 12/31/2011. If you are required to make withdrawals, this may be a way to offset taxes and make a significant contribution of support for PPHI.

Planned Parenthood of Hawaii is a tax-exempt, nonprofit 501(c)(3) organization, Tax I.D. number is 99-6012377. This information is for general purposes only and is not intended as legal or financial advice. PPHI recommends that individuals considering a planned gift consult with their own legal or financial advisors.

www.pphi.org
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 Honolulu, Hawaii 96814



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To contact the Development Office, call 808-589-1156 ext. 242, or email donations@pphi.org.

To be more green and save some trees, send me an electronic version of the newsletter ONLY. My email address: _____

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Don't forget to follow
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 on Facebook and Twitter!



www.facebook.com/plannedparenthoodhawaii



www.twitter.com/PPHI

New to social media? Need help figuring it out? Contact the Development Office at 808-589-1156 ext. 242 or donations@pphi.org.

Mahalo, Life Foundation!

Mahalo to Kunane Dreier and Cathy Kapua from Life Foundation for training our PPHI clinic staff on Cultural Competency for Transgender (TG) Persons. Cathy and Kunane provided an excellent training that taught us local TG terms (like *fish* and *pooch*). They taught us that in many indigenous, non-westernized cultures, including pre-contact Hawaii, Transgender persons were accepted and respected. In many other cultures, Transgender persons often face discrimination. They taught us that physical appearance is often paramount and that, frequently, the medical community doesn't know how to provide services for this population. Thanks to this training, we feel we are prepared to provide informed and culturally sensitive services to Transgender patients (male to female) who are seeking hormone therapy from caring providers in a welcoming environment.

We Need Volunteers

Are you passionate about the Planned Parenthood of Hawaii mission? Are you looking to boost your resume skills? Do you have some free time? We hold several events throughout the year and we participate in many community health fairs. We need your time and talents! We also need your assistance with projects throughout the year, such as bulk mailings and data entry. If you are interested in volunteering, or if you'd like more information, please call us at 808-589-1156 ext. 200, or email contact@pphi.org.

Save the Dates!

- Please join us for our Fourth Annual Maui Choice *Holiday Home Tour* on Sunday, December 4, 2011. If you live on Maui and are interested in volunteering to assist the *Home Tour* event committee, or if you are willing to host a home on the tour, please contact the Development Office at 808-589-1156 ext. 200, or email development@pphi.org.
- Celebrate our 45th Anniversary with us at a Reception on Tuesday, August 16, 2011, 4:00 to 6:00 p.m., at the Royal Hawaiian Hotel. More details coming soon!
- Save the Date for Sunday, October 23, 2011. PPHI celebrates Family Sexuality Education Month with an event on Hawaii Island.
- Keep checking back for a *Choice Art Donor Holiday Reception* in December 2011!

Look for more info on our website in the weeks ahead: www.pphi.org.

Wish List

If you have any of the following items to donate, please contact the Development Office at 808-589-1156 ext. 200, or email development@pphi.org.

- ❖ Flat-screen TV and DVD player for all of our waiting rooms
- ❖ PG or G rated or educational DVDs for all of our waiting rooms
- ❖ **Kailua Kona Health Center:** local Polynesian-culture-themed artwork for that waiting room
- ❖ **Maui Health Center:** new office chairs, literature rack for handouts (for clinic hallway), new flooring for clinic, paint and labor for painting clinic, and artwork

RSVP Line

Call 808-589-1156 ext. 200, or email RSVP@pphi.org, to RSVP to any of our events. Please leave your name, contact number, the names of any guests, and any special meal or accommodation needed.