SUGGESTED BOOK LIST

Human Sexuality: Books for Parents

Issues that Elkind covers include: substance abuse, sexual activity, suicide, crime, value systems, puberty, family structure, media, pregnancy, school systems, stress and peer pressure. He gives many easy to comprehend examples for each concern and includes personal life experiences.

- Ann Arbor District Library: Downtown
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: NOT FOUND
- Flint Public Library: Main
- Jackson District Library: JCC
- Lansing – Capital Area District Library: Downtown Lansing
- Ypsilanti District Library: Whittaker Rd.

Developing a comfortable, outgoing, constructive rapport with your children about sex.

- Ann Arbor District Library: Downtown
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: NOT FOUND
- Flint Public Library: NOT FOUND
- Jackson District Library: NOT FOUND
- Lansing – Capital Area District Library: Downtown Lansing, Webberville
- Ypsilanti District Library: Whittaker Rd.

He Told Me Not To Tell Jennifer Fay. King County Relief. 2nd edition 1991.
A parent’s guide to talking about sexual assault includes definitions of sexual assault and creating comfortable discussions with your child. The text also provides approaches to help your child recognize when they are in danger of harm.

- Ann Arbor District Library: NOT FOUND
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: NOT FOUND
- Flint Public Library: NOT FOUND
- Jackson District Library: NOT FOUND
- Lansing – Capital Area District Library: NOT FOUND
- Ypsilanti District Library: NOT FOUND

Some parents have pushed their children emotionally and intellectually too far, too fast. Today’s parents think of their kids as Superkids, so competent and mature that they need adults very little. Having a competent Superkid relieves these parents of guilt, but it places too much stress on the children themselves. This new editions includes sections on peer-group parent pressure.

- Ann Arbor District Library: Downtown, Pittsfield
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: Main, Chaney, Duffield, Monteith
- Flint Public Library: Main
Let’s Talk About...S-E-X a read-and-discuss guide for people 9-12 and their Parents  
Taking a simple, factual approach to the subject, the book makes that crucial conversation possible and even enjoyable by encouraging open dialogue; offering clear, correct information, and giving strategies for age-appropriate discussion that neither judge nor frighten.

Sex and Sensibility: The Thinking Parent's Guide to Talking Sense about Sex  
Addresses definitions of sex, discusses age appropriateness and values, gender, and family/school partnership, while relating them to young people’s need for affirmation, information, values, limits, and guidance.

Self Esteem: A Family Affair  
Focuses on building strong self esteem through interactions between children and adults.

Ten Talks Parents Must Have with Their Children About Sex and Character  
Helps parents and their children have those vital talks about sex, health, relationship, and most importantly, strength of character.
Human Sexuality: Books for Pre-teens/Teens

A preteen girl’s guide to basic health and hygiene. Organization and the political, economic and social conditions that limit women’s access to quality health care. Much of the new information details recent health research on women’s needs and inequities in medical care for men and women, and reflects the experiences of different ethnicities, sexual preferences and economic backgrounds.
- Ann Arbor District Library: Downtown, Pittsfield
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: Main, Chaney, Chase, Elmwood Park, Franklin, Knapp, Skillman
- Flint Public Library: Main
- Jackson District Library: Eastern, Henrietta, JCC, Meijer
- Lansing – Capital Area District Library: Foster
- Ypsilanti District Library: Whittaker Rd, Superior, Michigan Ave

Providing educated, straightforward, non-judgmental, comprehensive answers to the toughest, most embarrassing questions teens (and adults) have about their sexual, emotional, and physical health. Inspired by Columbia University’s award-winning and hugely popular Q&A website.
- Ann Arbor District Library: Malletts
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: Main, Chase, Franklin, Jefferson, Richard, Sherwood Forest, Wilder
- Flint Public Library: NOT FOUND
- Jackson District Library: NOT FOUND
- Lansing – Capital Area District Library: Webberville
- Ypsilanti District Library: Whittaker Rd.

Harris explains the physical, psychological, emotional and social changes that occur during puberty, and the implication of these changes.
- Ann Arbor District Library: Pittsfield, Traverwood, West
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: Main, Campbell, Conely, Douglass, Duffield, Hubbard, Mark Twain Annex, Montelth, Sherwood Forest
- Flint Public Library: Main
- Jackson District Library: Brooklyn, Carnegie (Main), Eastern, Grass Lake, Spring Arbor, Summit
- Lansing – Capital Area District Library: Downtown Lansing, Haslett, Holt, Weberville
- Ypsilanti District Library: Whittaker Rd, Michigan Ave.

Rumors are tested against fact, origins explored, symptoms and risk factors clarified, as Madaras counsels readers to think in terms of risky behavior, not risk groups, and suggests sexual alternatives to intercourse. Madaras also urges concerned teens to get involved in the social movement combating AIDS.
- Ann Arbor District Library: NOT FOUND
- Benton Harbor Public Library: NOT FOUND
Dozens of teenagers are interviews and quoted in this book. Creating a comprehensive discussion of sexual technique, STI's and danger of promiscuous sex, gay sex, sexual identity, and teenage pregnancy and its alternatives.

- Ann Arbor District Library: NOT FOUND
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: Chase, Edison, Elmwood Park, Jefferson, Lincoln, Mark Twain Annex, Redford, Richard
- Flint Public Library: Main
- Jackson District Library: Concord, Eastern, JCC
- Lansing – Capital Area District Library: Downtown Lansing, Leslie
- Ypsilanti District Library: Whittaker, Superior


Thoroughly covers questions about puberty and menstruation. The authors emphasize the positive and use diagrams to familiarize readers with the inner working of their bodies, including what happens during menstruation. A question-and-answer format in the last three chapters allows girls to locate easily the information they seek. A parent's guide bound into the back suggests how to begin a conversation about puberty.

- Ann Arbor District Library: Downtown, Malletts, Pittsfield, Traverwood
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: Campbell, Chaney
- Flint Public Library: Main
- Jackson District Library: Carnegie (Main)
- Lansing – Capital Area District Library: Aurelius, Dansville, Downtown Lansing
- Ypsilanti District Library: NOT FOUND


- The Period Book stands out from the pack by specifically addressing younger girls. With eleven now the average age at which girls get their period, this supportive and practical approach, provides clear and sensitive answers to common questions.

- Ann Arbor District Library: Downtown
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: Campbell, Chandler Park, Chaney, Chase, Conely, Douglass, Duffield, Edison, Elmwood Park, Franklin, Jefferson, Knapp, Lincoln, Mark Twain Annex, Monteith, Redford, Richard, Sherwood Forest, Skillman, Wilder
- Flint Public Library: Main
- Jackson District Library: Brooklyn, Carnegie (Main), Meijer, Summit
- Lansing – Capital Area District Library: Downtown Lansing, Holt, Williamston
- Ypsilanti District Library: Whittaker Rd. and Michigan Ave.

Honest, up-to-date advice in dealing with every dilemma, facing teenagers; including: overcoming “body image” anxiety, drugs, drinking, smoking, peer pressure, sexual orientations, coping with depression and stress, teen pregnancy, birth control, parenthood, and sexually transmitted diseases. Includes how to find confidential and effective crisis counseling and the best website for teens.

- Ann Arbor District Library: Malletts, Pittsfield, West
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: Main, Jefferson, Lincoln
- Flint Public Library: Main
- Jackson District Library: NOT FOUND
- Lansing – Capital Area District Library: Downtown Lansing, Mason
- Ypsilanti District Library: Whittaker Rd, Michigan Ave.


Current, accurate, objective information about sexuality so teenagers can understand the changes occurring in their bodies and make informed decisions about sexual activity. Basso, an experienced sex educator, discusses anatomy and physiology, sexually transmitted diseases, pregnancy, birth control, abortion, and sexuality in terms that teenagers comprehend. He is nonjudgmental, and encourages readers to think about all aspects of the issues and make decisions that are comfortable for them while telling teenagers that they must be prepared to protect themselves and accept responsibility for the consequences of their actions.

- Ann Arbor District Library: Malletts, Pittsfield, West.
- Benton Harbor Public Library: NOT FOUND
- Detroit Public Library: Main, Bowen, Chandler Park, Chaney, Chase, Edison, Knapp, Mark Twain Annex, Redford
- Flint Public Library: Main
- Jackson District Library: NOT FOUND
- Lansing – Capital Area District Library: NOT FOUND
- Ypsilanti District Library: Michigan Ave, Superior, Whittaker


Facts about puberty, sex, and sexually transmitted diseases and presented, along with answers to an assortment of related questions. Facts about what happens to girls during puberty are also presented clearly and completely. Garavelle teams up with two teenage consultants to provide a useful and readable guide.

- Ann Arbor District Library: Downtown
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: Main, Chandler Park, Franklin, Jefferson, Richard, Wilder
- Flint Public Library: NOT FOUND
- Jackson District Library: Brooklyn, Carnegie (Main), Eastern, Summit
- Lansing – Capital Area District Library: Downtown Lansing, Dansville, Holt
- Ypsilanti District Library: Whittaker Rd, Michigan Ave.


A down to earth, nonjudgmental style and filled with answers to the many questions boys have as their bodies begin the transformation into adulthood.

- Ann Arbor Library’s: Malletts, Pittsfield, Traverwood, West
- Benton Harbor Public Library: BEHPL
- Detroit Public Library: NOT FOUND


Madaras and her daughter continue their straight talk on the menstrual cycle, reproductive organs, breasts, emotional changes, puberty in boys, body hair, pimples, masturbation, and all the other fun, scary, and interesting things that go along with growing up. Including advice on “female athletic syndrome”, eating disorders, unwanted attention because of early development. Information on eating right, exercise, AIDS, STDs, birth control, and more. Designed with the understanding that some girls and parents will want to read it together, and some will want to read it on their own.

Human Sexuality: Books for Children

Daddy’s Roommate


A book about a child with homosexual parents, told in a straight forward manner. The tone throughout the book is positive, and the boy has healthy, affectionate bonds with the adults in his life. The message is that alternative lifestyles are as nurturing as mainstream ones. It could be useful for children in similar situations or for helping those from heterosexual families to better understand differences.

Did The Sun Shine Before You Were Born?


Explains in simple language how a baby begins, grows, and is born from the womb into the world.

Heather Has Two Mommies: 10th Anniversary Edition


Presents the story of Heather, a preschooler with two moms who discover that some of her friends have very different sorts of families, but learns that “each family is special” and that “the most important things about a family is that all the people in it love each other.”
Closely follows the experience of Mary who is nearly five and her family as they lovingly prepare to welcome a new baby. The book matches Mary’s insatiable curiosity, impatience, and concern with gentle reassuring information.

Cole relates to the process of conception and birth in a personalized manner. The text reads as though the author were talking to a child, skillfully integrating the illustrations with the narration.

The major message that cannot be overemphasized is that abusers are not always strangers. Very young children are proved with tools of empowerment in this book and in a direct way the issue of improper touching is addressed.

This oversized, attractive guide on reproductive and birth answers common questions such as “Exactly what is sex?” and “Where does the baby actually come out?” Harris uses many different ways to portray situations not always easy to explain to children. People are represented with a variety of body shapes and ethnicity, and Harris discusses sexual preferences and alternative family situations. Factual information is effectively present in a clear, nonjudgmental tone that will inform and assure readers.
Knowledge of child sexual assault, offender profiles, and wonderful humor together in this fine and funny book. The very important definitions of good, bad, and secret touching are taught sensitively and well.

This information will be most useful as a bridge between books meant for preschoolers describing birth and those that tackle the process of maturation, sexuality, and the responsibilities and choices that come with growing up. Also helpful in promoting a dialogue between caregivers and children, especially if read together.

Explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts.
**Ann Arbor District Library (AADL)**
Downtown Branch
343 South Fifth Ave, 48104
734-327-4219

Malletts Creek Branch
3090 E. Eisenhower Parkway, 48108
734-327-4200

Northeast Branch - CLOSED

West Branch
2503 Jackson Ave, 48103
734-327-4200

Pittsfield Branch
2359 Oak Valley Drive, 48108
734-327-4200

Traverwood Branch – NEW as of 2008
3333 Traverwood Drive 48105
(734) 327-4200

**Benton Harbor Public Library**

Benton Harbor Public Library
213 E. Wall Street
Benton Harbor, MI 49022
(269) 926-6139

**Detroit Public Library**

Main Library
5201 Woodward Avenue, 48202
(313) 481-1300

Bowen Branch
3648 W. Vernor / W. Grand River, 48216
(313) 481-1540

Chandler Park Branch
12800 Harper / Dickerson, 48213
(313) 481-1560

Chaney Branch
16101 Grand River / Greenfield, 48227
(313) 481-1570

Chase Branch
17731 W. Seven M. / Southfield
(313) 481-1580

Conely Branch
4600 Martin / Michigan, 48210
(313) 481-1590

Duffield Branch
2507 W. Grand Blvd. / 14th St.
(313) 481-1710

Frederick Douglass Branch for Specialized Services
3666 Grand River / Trumball,
(313) 481-1700
  • (313) 833-5686 - Library on Wheels (LOW)
  • (313) 833-5494 - Detroit Subregional Library for the Blind and Physically Handicapped (LBPH)

Edison Branch
18400 Joy Rd. / Southfield, 48228
(313) 481-1720

Elmwood Park Branch
550 Chene / Lafayette, 48207
(313) 481-1730

Franklin Branch
13651 E. McNichols / Gratiot, 48205
(313) 481-1740

Hubbard Branch
12929 W. McNichols / J. Couzens, 48235
(313) 481-1750

Jefferson Branch
12350 E. Outer Drive / E. Warren, 48224
(313) 481-1760

Knapp Branch
13330 Conant / E. Davison, 48212
(313) 481-1770

Lincoln Branch
1221 E. Seven Mile / Russell, 48203
(313) 481-1780

Mark Twain Annex
Mt. Calvary Baptist Church
4741 Iroquois, 48214
(313) 481-1790

Monteith Branch
14100 Kercheval / Eastlawn, 48215
(313) 481-1800

Parkman Branch
1766 Oakman Blvd. / Linwood, 48238
(313) 481-1810

Redford Branch
21200 Grand River / W. McNichols, 48219
(313) 481-1820

Richard Branch
9876 Grand River / Stoepel, 48204
(313) 481-1830

Sherwood Forest Branch
7117 W. Seven Mile / Livernois, 48221
(313) 481-1840

Skillman Branch
121 Gratiot / Library, 48226
(313) 481-1850
  • (313) 628-2851 - National Automotive History Collection

Wilder Branch
7140 E. Seven Mile / Van Dyke, 48234
(313) 481-1870

**Flint Public Library**

Main Library
1026 E. Kearsley St, 48502
(810) 249-2635

Cody Branch
3519 Fenton Rd, 48507
(810) 238-5822

North Flint Branch
5005 Cloverlawn Dr, 48504
(810) 785-9879

West Flint Branch
3601 Beecher Rd, 48503
(810) 238-3637

**Jackson District Library**

JCC - Atkinson (,William) Library
JCC (Jackson Community College)
2111 Emmons Road
Jackson, 49201-8399
(517) 796-8622
Brooklyn Branch
207 N. Main St, P.O. Box 490
Brooklyn, 49230
(517) 592-3406

Carnegie Branch – MAIN BRANCH
244 W. Michigan Ave
Jackson, 49201
(517) 788-4087

Concord Branch
108 S. Main, P.O. Box 458
Concord, 49237
(517) 524-6970

Eastern Branch
3125 East Michigan Ave
Jackson, 49202
(517) 788-4074

Grass Lake Branch
130 W. Michigan Ave, P.O. Box 335
Grasslake, 49240
(517) 522-8211

Hanover Branch
118 W. Main St, P.O. Box 130
Hanover, 49241
(517) 563-8344

Henrietta Branch
11744 Bunkerhill Rd, P.O. Box 88
Pleasant Lake, 49272
(517) 769-6537

Meijer Branch
2699 Airport Rd
Jackson, 49202
(517) 788-4480

Napoleon Branch
6755 Brooklyn Rd, P.O. Box 476
Napoleon, 49261
(517) 536-4266

Parma Branch
102 Church St, P.O. Box 227
Parma, 49269
(517) 531-4908
Spring Arbor Branch
113 E. Main St, P.O. Box 264
Spring Arbor, 49283
(517) 750-2030

Springport Branch
116 Mechanic St, P.O. Box 172
Springport, 49284
(517) 857-3833

Summit Branch
104 W. Bird Street
Jackson, 49203
(517) 783-4030

**Lansing – Capital Area District Library (CADL)**
Downtown Lansing Library
401 South Capitol Avenue
Lansing, 48933
(517) 367-6363

Aurelius Library
1939 South Aurelius Road
Mason, 48854
(517) 628-3743

Dansville Library
1379 East Mason Street
Dansville, 48819
(517) 623-6511

Foster (Lansing Eastside) Library
200 North Foster Avenue
Lansing, 48912
(517) 485-5185

Haslett Library
5670 School Street
Haslett, 48840
(517) 339-2324

Holt-Delhi Library
2078 Aurelius Road
Holt, 48842
(517) 694-9351

Leslie Library
201 Pennsylvania Street
Leslie, 49251
(517) 589-9400
Mason Library
145 West Ash Street
Mason, 48854
(517) 676-9088

Okemos Library
4321 Okemos Road
Okemos, 48864
(517) 347-2021

South Lansing Library
3500 South Cedar Street
Lansing, 48910
(517) 272-9840

Stockbridge Library
200 Wood Street
Stockbridge, 49285
(517) 851-7810

Webberville Library
115 South Main Street
Webberville, 48892
(517) 521-3643

Williamston Library
201 School Street
Williamston, 48895
(517) 655-1191

Ypsilanti District Library
Bookmobile
Ypsilanti, 48197
(734) 482-4110, ext. 1359

Michigan Avenue Branch
229 West Michigan Ave, 48197
734-482-4110

Superior Township Branch
8975 MacArthur Blvd., 48198
734-482-3747

Whittaker Rd. Branch
5577 Whittaker Rd., 48197
734-482-4110