



**I Support Reproductive  
Health Care  
and I Vote**

# The New War on Women?

**Just one year ago in this address to you – PPAU’s most cherished supporters – Planned Parenthood was celebrating the announcement that family planning** and contraception was a critical component of the nation’s public health program, therefore birth control with no co-pay for those with health insurance was included in the Affordable Care Act.

That party was short lived. Attacks on every aspect of reproductive health began and the focus has spread from traditional anti-abortion messages to anti-family planning and birth control attacks and politicking. Who would have predicted that contraception would once again be controversial?

Those who defend women and families question the relentless attacks from policy makers at the national, state and municipal levels who want to withhold funding for medical services for low income women and who want to defund Planned Parenthood as a provider of essential reproductive health care.

Contraceptive coverage in health care reform is being challenged by the U.S. Conference of Catholic Bishops, calling its inclusion as a preventive health service an attack on their “religious liberty.” Given these efforts, coupled with increased restrictions on abortion and politicians’ ridiculous statements on how pregnancy does and doesn’t occur - the idea that there is a “war on women” seems all too believable.

It seems **everyone** has an opinion on services - both medical and educational – what Planned Parenthood should be allowed to provide women and families throughout this country.

So, is it a war on women or is it just a distraction in a political season that’s supposed to be dedicated to job creation and the economy? For those who work in reproductive health care; family planning, contraception and birth control **are** about jobs and the economy. For a woman’s ability to fully participate – in the job market and in her family may depend on her ability to plan her pregnancy.

A war? You decide. But, reporting from the front lines, skirmishes abound and there are days staff feel battered, bruised, insulted and humiliated. But PPAU is also committed to continually “taking one for the team” and count on you as always to have the organization’s back. Thank you again in advance for your continued support of PPAU’s critical mission.

**Sarah Ilstrup, PPAU Board Chair and Karrie Galloway, President and CEO.**

# Ready to Vote?

This has been an exciting policy year for [Planned Parenthood Action Council \(PPAC\)](#): culminating with preparation for the critical election on November 6th.

The year started off with “a bang” in the 2012 Legislative Session with four bills filed: a Personhood amendment to the Utah state constitution, defunding Planned Parenthood in Utah, an abstinence-only sex education bill, and an extension to the waiting period prior to an abortion. Thankfully, the first two files remained empty and Utah did not join other states in their court-bound anti women’s health legislation.

However, Utah legislators did pass the abstinence-only bill and extended the waiting period for women who choose to end their pregnancy by two days, making Utah’s the longest waiting period in the nation. Listening to the public outcry, and parents who did not want abstinence-only education for their children, Governor Herbert vetoed the sex education bill. However, he signed the Abortion Waiting Period bill into law.

PPAC rounded out the year with the launch of the Get Out the Vote campaign. PPAU is working to register women and first-time voters and educate them on PPAC’s 36 endorsed candidates (see [ppacutah.org](#)).

Election 2012 is critical for women’s health. The candidates that are elected will shape the world for generations to come. Who do you want deciding critical health care issues?

All of the PPAC candidates have been vetted and are committed to women’s health and the right to govern her own body; they are committed to educating the public and Utah children on healthy, consensual, and safe sex; they are committed to Planned Parenthood and the 40 years of health care PPAU has provided to Utahns.

Your vote is your voice, and you must tell politicians that you support politicians who vote for women’s health and families in Utah!



# Educated Teens Make Better Decisions

**PPAU educators are frequently asked** whether talking with teens about birth control encourages them to have sex. All evidence suggests that the more a teen knows the better decisions they will be able to make.

PPAU's education programs empower teens with the knowledge and skills they need to make responsible decisions about relationships, love, and sexual behavior. PPAU's "Teen Council", a peer education program provides over 40 hours of training to high school students to become effective and passionate peer sexuality educators and advocates. Sending these educated teens out into their communities to talk about issues of sexuality is one way PPAU is reaching young people outside the school setting. Teen Council members become a resource to their own friends, families and community.

Unfortunately, as you may have read in the news this year, the Utah State Board of Education and the Superintendent directed the Utah State Office of Education to permanently shelve an educational presentation on contraception because they believe it has no place in Utah classrooms. It's a safe bet that the teens in your life are not getting education about birth control in Utah schools. Condoms may come up in the context of preventing a sexually transmitted disease but there are many classrooms where "the c word" is not discussed openly. This is an unfortunate setback. Most importantly, it is known that parents, grandparents, and caring adults are the primary sexuality educators in teen's lives. PPAU's Education staff is here to support you in having "those" conversations with your teens.



Contact [education@ppau.org](mailto:education@ppau.org) for more information on PPAU educational programs.

# Women and Birth Control Decisions?

**Ever wonder how women make decisions about birth control?** For the past few years, [plannedparenthood.org](http://plannedparenthood.org) has provided the “My Method” app, showing “birth control methods are not a one-size-fits all. A method that’s perfect for one woman may not be right for another.” Women answer simple questions about their lifestyle and likes and dislikes. The app then suggests methods that may work for her.

Now there’s an exciting new online tool operated by the National Campaign to Prevent Teen and Unplanned Pregnancy. [Bedsider.org](http://Bedsider.org)’s goal “is to help women find the method of birth control that’s right for them and learn how to use it consistently and effectively.”

PPAU encourages patients to utilize [Bedsider](http://Bedsider.org) so they can compare and receive recommendations on the best method for them. Recommendations are based on desired effectiveness, frequency, STI protection, and other information. Another Bedsider tool is an electronic reminder when it’s time to take their pills, change their patch, or get their shot! Check out this excellent resource, [bedsider.org](http://bedsider.org).



**BEDSIDER**

## Family Planning Becomes Melinda Gates’ Signature Issue

In a recent Newsweek, Melinda Gates of the Bill and Melinda Gates Foundation has decided to make family planning her signature issue, primary public health a priority and to get it back on the global agenda. After visiting the foundation’s projects in sub-Saharan Africa the urgent need for birth control was stunningly apparent from the women she spoke with.



Melinda Gates\*

A summit with world leaders was held in July to start raising \$4 billion to get 120 million more women access to contraceptives by 2020. And in a move that could be hugely significant for American women, the foundation is pouring money into the long-neglected field of contraceptive research, seeking entirely new methods of birth control. Terrific news for reproductive health advocates!

To hear her speech on the issue check out [TEDxChange.org](http://TEDxChange.org)

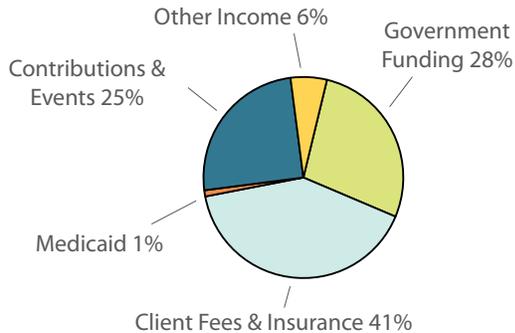
# Financials: for year July 2011 - June 2012

Revenues	PPAU	PPAC	Total	%
Government Funding	2,004,134	0	2,004,134	28%
Client Fees & Insurance	2,949,719	0	2,949,719	41%
Medicaid	72,842	0	72,842	1%
Contributions & Events	1,782,309	31,856	1,814,165	25%
Other Income	401,762	23,262	425,024	6%
<b>Total Revenues</b>	<b>\$7,210,766</b>	<b>\$55,118</b>	<b>\$7,265,884</b>	<b>100%</b>

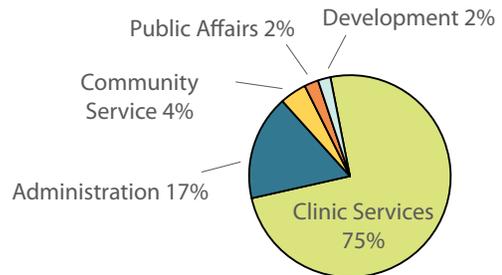
Expenses	PPAU	PPAC	Total	%
Clinic Services	4,950,364	0	4,950,364	75%
Administration	1,118,248	0	1,118,248	17%
Community Services	282,983	0	282,983	4%
Public Affairs	101,557	49,308	150,866	2%
Development	133,780	0	133,780	2%
<b>Total Expenses</b>	<b>\$6,586,931</b>	<b>\$49,309</b>	<b>\$6,636,240</b>	<b>100%</b>

PPAU: Planned Parenthood Association of Utah.  
 PPAC: Planned Parenthood Action Council.  
 Audited numbers pending

**Total Revenues**



**Total Expenses**



## A Special Gift: A Legacy for Planned Parenthood Association of Utah

As a Planned Parenthood member and supporter, you have demonstrated your personal commitment to family and reproductive rights. Now, PPAU hopes you will consider a different type of gift – a special gift to PPAU through your estate plans.

Most think of estate planning as something to do – but also something that can be postponed. However, working on your estate plans today can have many benefits, including the peace of mind from knowing your wishes will be fulfilled by leaving a tribute to give back to the community that supports your principles and values.

PPAU would like to say thank you to Agi & Henry Plenk, and their family not only for their generosity, but also for their eminent example of how estate planning can make a difference. Their gift provides a significant means of support for PPAU health and education programs.

The future of PPAU's movement depends upon you. Please consider including PPAU in your estate plans and leave a legacy gift that can give to future generations.

“Agi and Henry were aware of the effects of over population and the importance of empowering women in making healthy choices. This donation helps ensure Planned Parenthood's continued community outreach.” The Agi and Henry Plenk Charitable Trusts.

[Donate at www.ppaau.org](http://www.ppaau.org) – select Utah to keep your donation local or contact the VP of Development at 801.521.2743





## In the Community

Events could not happen without dedicated volunteers and staff. Over the past year PPAU could be seen at the Downtown Farmer's Market, Avenues Fair, the Utah Pride Parade and Festival (taking home 2nd place for the best non-profit float!), 9th & 9th Street Fair, the Junior League's C.A.R.E Fair, and the Utah Beer Festival. Just to name a few.

Send an email to [volunteer@ppau.org](mailto:volunteer@ppau.org) and get involved. Thank you to all who helped with PPAU community outreach projects. [Can't do it without you!](#)

## Patient Demographics:

Patients: 61,326 Visits 102,671

### Insurance

Uninsured: **95%**

Insured: **5%**

### Gender

Female: **88%**

Male: **12%**

### Age Groups

Female

Under 20: **10,834**

20 to 30: **317,596**

Over 30: **11,305**

Male

Under 20: **704**

20 to 30: **4,710**

Over 30: **7,422**

## Services

### Family Planning

Birth control: **60,887**

Pregnancy testing  
& information: **10,991**

### STD Screenings

Chlamydia: **18,190**

Gonorrhea: **18,190**

HIV: **5,091**

### Cancer Screenings and Prevention

Breast and testicular  
self-exam education: **34,911**

Clinical breast exams: **9,777**

Pap smears: **7,312**

HPV vaccine: **928**

### Other Services

Abortion: **561**

Vasectomy: **109**



Top left, Karrie Galloway, President and CEO of Planned Parenthood Association of Utah (PPAU); bottom right, Sarah Ilstrup, PPAU Board Chair; various photos of people visiting the PPAU table at festivals and other community events.