



**FOR IMMEDIATE RELEASE
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Planned Parenthood of Greater Texas Leads Teen Pregnancy Prevention Programs

Austin/Dallas/Fort Worth/Paris/Tyler/Waco—Texas has the third highest rate of teen pregnancies and the highest rate of repeat teen births in the United States. May marks **National Teen Pregnancy Prevention Month**, and Planned Parenthood of Greater Texas will be highlighting award-winning community health programming to keep teens safe and healthy.

Planned Parenthood education and outreach programs employ a three-part approach that engages **parents, educators, and peers** to reduce teen pregnancy and sexually transmitted infections in the communities we serve. All of Planned Parenthood's community health education programs are donor- and grant-funded so that Planned Parenthood can provide them at **no cost** as a community resource.

"Young people who talk with their parents about sex are more likely to postpone having sex and make healthier decisions about their sexual activities," said Planned Parenthood of Greater Texas President & CEO Ken Lambrecht. **"This is why we see parents as our number one ally in helping teens stay safe and healthy as they navigate choices about sex, sexually transmitted diseases, and pregnancy prevention."**

As prom season descends and summer romances bloom, parents may be feeling some pressure to connect with their kids about healthy choices. **Talk F!rst (or Hable Primero!)** workshops provide skills and strategies for parents to move from "the talk" into a conversation with their teens and pre-teens to support well-informed and positive decisions about sexuality and sexual health. Facilitated by Planned Parenthood's professional health educators, the workshops are interactive, medically accurate, evidence-based, and age-appropriate. Workshops are offered in Spanish and English any place where 8 or more parents are gathered (churches, parent meetings, private homes, etc.)

Talk F!rst is one of several award-winning educational programs offered to Texans by Planned Parenthood. **TACT (TeenageAge Communication Theatre)** uses staged dramatizations of common teen challenges to model positive choices for young people in North Texas. **Nobody's Fool** is a series of workshops for young people in the Waco area. All three encourage abstinence, promote parent-teen communication, and deliver medically accurate and age-appropriate information about sexuality.

Contact us to schedule interviews with Planned Parenthood medical and education experts on teen pregnancy prevention strategies and resources.

LEARN MORE

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