



Dear Friends,

We are faced with the worst imaginable reality: Donald Trump has been elected President. As he has spewed hateful rhetoric about women, immigrants, Muslims, African Americans, Hispanics, the LGBTQ community and individuals with disabilities throughout his campaign, we know that his political agenda is one that is bigoted, discriminatory, anti-human rights, and definitely anti-women's health. And with an anti-choice majority in the Senate and House of Representatives to support his plans, we must stand together, stronger than ever.

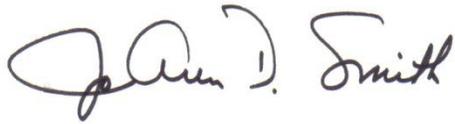
The President-elect has promised to defund Planned Parenthood, repeal the Affordable Care Act, which provides millions of people with health care insurance, and appoint anti-choice Supreme Court justices who will overturn *Roe v. Wade*, turning back the clock on reproductive rights more than 40 years to a time when women were left to suffer the horrific consequences of unsafe abortions.

We know that defunding Planned Parenthood means defunding critically-needed, preventive health care services for over three million patients. Right here in Nassau County, more than 47,000 women, men and teens look to Planned Parenthood of Nassau County (PPNC) for high-quality, compassionate reproductive health care and sexual health education.

We will never back down and we will never stop fighting to ensure that Planned Parenthood's patients have access to the care they need, no matter their race, gender, religion, sexual orientation, income, country of origin, zip code, and more. Health care should not be political. Though there is a lot of uncertainty ahead, one thing remains clear: these doors must stay open.

Thank you for your unwavering support, and for standing with us today and every day.

Sincerely and gratefully,

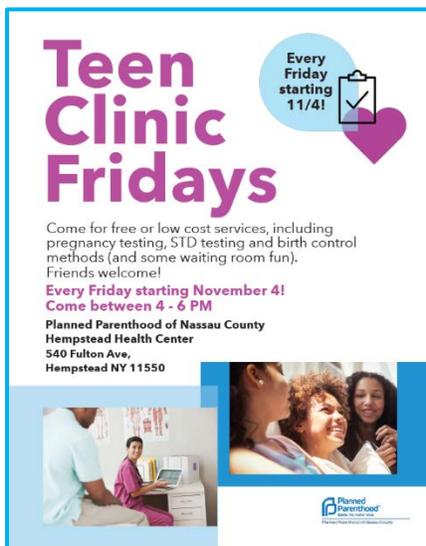


JoAnn D. Smith
President & CEO



P.S. For 100 years, Planned Parenthood has faced challenges and attacks from people opposed to our mission to provide excellent sexual and reproductive health care, no matter what. Through every attack, we have come out stronger, and with your support, we're going to use that strength to lead in the coming days, months and years for the patients who rely on us each and every day.

Health Center



Teen Clinic Fridays

Every Friday starting 11/4!

Come for free or low cost services, including pregnancy testing, STD testing and birth control methods (and some waiting room fun). Friends welcome!

Every Friday starting November 4!
Come between 4 - 6 PM

Planned Parenthood of Nassau County
Hempstead Health Center
540 Fulton Ave,
Hempstead NY 11550

The flyer includes two small photos: one of a healthcare provider with a patient at a desk, and another of two young women talking. The Planned Parenthood logo is at the bottom.

Teen Clinic Friday outreach flyer

need and deserve on a weekly basis. Our first official, weekly Teen Clinic was Friday, November 4th!

PPNC Weekly Teen Clinic Nights Begin

PPNC hosted its second Teen Clinic on Friday, September 16th, offering additional after-hours for teens to access health care services in their own private and confidential space. The event was an incredible success, with ten teen patients seen and educators facilitating educational activities!

After the success of both clinics, our incredible health center staff will be keeping our Hempstead health center doors open later on Friday evenings to serve young people with the care they



Teens at the September Teen Clinic

PPNC Honors Breast Cancer Awareness Month with Sisters United in Health

This October, we were thrilled to continue our collaboration with Sisters United in Health (SUIH) to honor Breast Cancer Awareness Month. SUIH is a coalition of like-minded organizations of which PPNC is a leading partner, addressing the alarming breast cancer mortality rates among medically underserved women of color on Long Island.

SUIH's team of highly-trained educators, volunteers and interns, reaches women who are challenged by socioeconomic barriers through community outreach, workshops, one-on-one education, and access to breast health screening services. SUIH joined PPNC at our October all-staff meeting to share their coalition's work and instruct Health Center staff on how to connect patients with SUIH for free or low cost mammograms and breast health services.

We also highlighted Breast Cancer Awareness Month in our waiting room with wallet zip pouches each filled with informational materials on self-exams and breast health resources, as well as a unique palm card to connect them to SUIH for breast health services.



Cards above were given to patients in English and Spanish to connect them to SUIH's resources and were included in the wallet zip pouches below



Advocacy + Outreach



NYYPs attendees

New York Youth Power Summit

In September, PPNC and Planned Parenthood Hudson Peconic (PPHP) proudly hosted the New York State Youth Power Summit. The Summit was one of 12 conferences organized nationwide under the guidance of Planned Parenthood Generation Action, the youth organizing arm of Planned Parenthood Federation of America.

At the Summit, over 75 young volunteers from across New York State convened in Hauppauge for a weekend of trainings on grassroots organizing strategy, with an emphasis on civic engagement and voter mobilization. The weekend was empowering for all, launching the next generation of reproductive rights leaders towards their goals with new energy and momentum!

Moving, Shaking and Registering Voters!

As part of the *My Vote, My Voice* campaign, a non-partisan voter engagement campaign created by PPFA, PPNC canvassed across Nassau County, tabled at college campuses and community events, spoke with patients in our health center waiting rooms and worked with our community partners to register over 160 voters and collect 513 voter pledges!



PPNC Public Affairs Staff and volunteers registering voters and collecting voter pledges throughout the community

Events



PPNC's 2016 Annual Luncheon: A spectacular success!

Thanks to your wonderful support of Planned Parenthood of Nassau County's 2016 Annual Fall Luncheon, the event was a huge success, attracting more than 250 guests and raising more than \$87,500!



It was a memorable day for all, celebrating Planned Parenthood's 100th birthday, honoring our volunteers, and hearing keynote speaker Lizz Winstead's empowering story.

*Top: Luncheon Committee Co-chairs Jill Fishbin and Robin Sigman, Keynote Speaker Lizz Winstead, PPNC President & CEO JoAnn Smith and PPNC Board Chair Carol Markman
Bottom left: Our honored volunteers*



PPNC staff celebrating Planned Parenthood's 100th Birthday at Staff Enrichment Day!

Help us keep our doors open

As December is a month of kindness and giving, we want to remind you of the extraordinary opportunity to make tax-free rollover gifts from IRAs to charity.

By contributing an IRA Charitable Rollover Gift to Planned Parenthood of Nassau County (PPNC), the IRS allows you to give up to \$100,000 this calendar year from your individual IRA account. The benefit to you is that the contribution may satisfy your entire required minimum distribution and is TAX-FREE. Even though the money is coming from your IRA, it is excluded from your taxable income!

To qualify for this benefit, you must be 70 ½ years or older. Married couples can each donate up to \$100,000 from their individual IRA accounts. If you have questions or need more information about a gift to PPNC, please call 516-750-2663.

Thank you for standing with Planned Parenthood today and every day. All of us at PPNC wish you a wonderful holiday season and a happy and healthy New Year.

[Click here to donate!](#)