

Visit Instructions: **Well-Woman Exam (Annual)**

Important Considerations Before Your Appointment:

- Do not place anything inside the vagina at least two days before your appointment. Residue from creams, lubricants or irritation from sex may interfere with the results of the Pap smear.
- If you are having your menstrual cycle, know that bleeding may interfere with the Pap test, if you need one, and it may not be able to be completed.

For Your Visit:

- Payment is expected at the time of service (cash, credit card or money order; no personal checks, please). If you are using a credit card you will need to provide photo ID. If someone will be making a payment on your behalf they should be there with you and also prepared to present photo ID.
- Please bring **valid photo identification** and, if you have insurance, **a hard copy of your insurance card**, to present when you check in for your appointment.
- We ask that you **do not bring children with you to your appointment** – for their safety, children cannot go into the back office.
- If you are running late, call us, so that we can provide you with your options for the day. If you are late, we do reserve the right to reschedule.
- Please let us know 24 hours in advance if you need to cancel or reschedule your appointment.