Visit Instructions:  **Well-Woman Exam (Annual)**

**Important Considerations Before Your Appointment:**

- Do not place anything inside the vagina at least two days before your appointment. Residue from creams, lubricants or irritation from sex may interfere with the results of the Pap smear.

- If you are having your menstrual cycle, know that bleeding may interfere with the Pap test, if you need one, and it may not be able to be completed.

**For Your Visit:**

- Payment is expected at the time of service (cash, credit card or money order; no personal checks, please). If you are using a credit card you will need to provide photo ID. If someone will be making a payment on your behalf they should be there with you and also prepared to present photo ID.

- Please bring **valid photo identification** and, if you have insurance, **a hard copy of your insurance card**, to present when you check in for your appointment.

- We ask that you **do not bring children with you to your appointment** – for their safety, children cannot go into the back office.

- If you are running late, call us, so that we can provide you with your options for the day. If you are late, we do reserve the right to reschedule.

- Please let us know 24 hours in advance if you need to cancel or reschedule your appointment.