2013 IMPACT REPORT
Helping Create the Healthiest Generation Ever

For almost 50 years, adults, young people and families in Southwestern Oregon have relied on Planned Parenthood for expert sexual and reproductive health services and sexuality education. Every day, our staff, volunteers and supporters provide our clients with the important sexual health services and information they need to be safe and healthy, prevent unintended pregnancies and to plan for families when they are ready.

This is disgusting and I don’t want to learn about it!

5th grade student on the first day of puberty class

This is so cool. My body is awesome!

Same student on the last day of puberty class

Planned Parenthood of Southwestern Oregon is a 501(c)(3) non-profit organization. Gifts to PPSO are deductible for federal and state income tax purposes in accordance with the law. To invest in PPSO, go to www.ppsworegon.org/donate.

We have been a few times in my life when Planned Parenthood was there for me. Whether it was providing a regular Pap, the morning after pill from a broken condom, or confirming a wanted pregnancy – everyone has always been kind, caring, and non-judgmental. Planned Parenthood takes the scary part out of women’s health, striving to keep women informed and empowered.

Helping Create the Healthiest Generation Ever

Planned Parenthood of Southwestern Oregon is dedicated to building strong, healthy communities by providing essential health services, education and advocacy.

Please be in touch!

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PPSO is essential to my well-being and to those around me. I could name at least 10 people in my life that wouldn’t be where they’re at today if it weren’t for PPSO. It’s important that PPSO thrives.

Member of REVolution, Eugene
Dear Friends,

Education has always been my passion. At Planned Parenthood, supporting our youth through education and providing leadership opportunities is the legacy I hope to leave. Planned Parenthood gives young people the opportunity to learn — not only about their own bodies and sexual and reproductive health — but the ability to find their place in the world. Through our Teen Outreach Program and peer education programs, our youth can find somewhere they belong, learn important leadership skills and make their way forward in the world.

I saw my own daughter grow and change during her involvement with the REVolution Youth Action Council and have heard of so many similar experiences. I know we are truly making a difference in the lives of our youth.

That’s one of the reasons I was so excited for Cecile Richards to speak at our Gala in 2013. As President of Planned Parenthood Federation of America, Cecile is a strong supporter of sexuality education. She works to promote sex education and maintain access to preventative care.

At the Gala, kids from the TOP and REV programs talked about their experiences to an audience of more than 400, inspiring people to support and give to our vital and life-changing education work.

2013 also saw the roll out of an Electronic Health Record system in our health centers, an ambitious effort to bring our health centers up to date and meeting health reform requirements.

Enrolling field experts to Texas for a statewide bus tour to protect women’s health.

• Building a campaign structure to defeat Initiative Petition 6, a constitutional amendment to prohibit abortion services, HPV vaccinations, and cancer screenings, annual well-woman exams, birth control counseling and prescriptions, vasectomy counseling, abortion services, HPV vaccinations, and testing, prevention and treatment of STDs.

• We held two Bosom Buddy days, offering free clinical breast exams to underserved women. Our first Bosom Buddy day in May was so successful, we hosted another in August. Thanks to a grant, we were also able to provide free, much-needed diagnostic follow up care. Approximately 35 percent of participants were referred to specialists for diagnostic follow-up, with 90 percent were referred for mammograms.

• We implemented electronic health records at all seven of our health centers on a rolling schedule. From September 2013 through February 2014, keeping our health centers up to date and meeting health reform requirements.

• We successfully passed a Title X financial and clinical review at our Grants Pass and Medford health centers where we see patients on a sliding scale fee thanks to Title X funding.

• In March, we began offering in-clinic surgical abortion services at our Eugene-Springfield Health Center, in conjunction with the retirement of the primary medical provider in Lane County. Providing medical and surgical abortion services at our health centers ensures that women have access to safe care.

• We continue to see an increase in services clients choosing long-acting reversible contraceptives — including the implant (Neplanon) and intrauterine contraception (IUC). These highly effective birth control methods last from 3 to 12 years.

We provide a wide range of services including life-saving breast and cervical cancer screenings, annual well-woman exams, birth control counseling and prescriptions, vasectomy counseling, abortion services, HPV vaccinations, and testing, prevention and treatment of STDs.

Facts on Care

In 2013, PPAO made important advancements to help improve access to health care and reproductive rights including:

• Educating women about how they stand to benefit from the Affordable Care Act, through the Healthy Neighborhood Care Program — knocking on more than 4,000 doors and making more than 5,000 calls — and the Health Center Advocacy Program — tabling for nearly 700 hours in Planned Parenthood health centers.

• Defending family planning funding in the state budget.

• Launching a robust lobby effort, in coordination with the Oregon Health Authority, to increase rate reimbursements and create parity between the Oregon Health Plan and Oregon Contraceptive Care.

• Passing legislation to promote the early detection of breast cancer by requiring doctors to notify patients of dense breast tissue indicated by a mammogram.

• Protecting comprehensive sexuality education from political attacks to ensure all Oregon students receive the factual, medically-accurate education they deserve to help them stay healthy.

• Building a campaign structure to defeat Initiative Petition 6, a constitutional amendment to prohibit access to medically necessary abortion care for low-income women.

• Dispatching field experts to Texas for a statewide bus tour to protect women’s health.

Planned Parenthood of Southwestern Oregon is an integral part of Planned Parenthood Advocates of Oregon (PPAO), the statewide advocacy group. Our youth partners, working closely with our education staff, build knowledge, skills and confidence as peer educators, trainers and advocates. In 2013, PPAO youth partners trained 359 health care professionals through the youth-led Adolescent Health Care Communication Project. They also conducted a series of peer education programs on Healthy Relationships and Sexuality for 43 high school professionals through the youth-led Adolescent Health Care Communication Project. They also conducted a series of peer education programs on Healthy Relationships and Sexuality for 43 high school professionals through the youth-led Adolescent Health Care Communication Project. They also conducted a series of peer education programs on Healthy Relationships and Sexuality for 43 high school professionals through the youth-led Adolescent Health Care Communication Project. They also conducted a series of peer education programs on Healthy Relationships and Sexuality for 43 high school professionals through the youth-led Adolescent Health Care Communication Project.
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