

# STD Testing Conversation-Starters

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Commit to talk about STD testing with the people in your life this April. Not sure what to say? Here are some ways to start the conversation:



## Partner

I want to talk with you about our health because I care about you. I'm a little nervous to bring this up, but I want us to be healthy and I think it's important.

**What do you think about getting tested for STDs together?**

I wanted to tell you that I was tested for STDs last month and I didn't have anything. **Have you ever been tested for STDs?**

I want us to make sure we're doing everything we can to protect each other.

I want to be honest with you and tell you that I was tested last month and found out I had chlamydia.

**I took antibiotics so I don't have it anymore.** But it made me realize how common STDs are, and I want to make sure we don't pass anything to each other. Have you ever been tested for any STDs?



## Friend

**I just got tested for STDs and it was so easy!** No needles, just a cotton swab. Have you ever been tested?

My boyfriend/girlfriend just asked me to get tested, which I thought was super-awesome. I love that he/she is open about that stuff.

**Have you ever gotten tested with a boyfriend/girlfriend?**

So I found out I had gonorrhea, which was scary at first, but all I needed was a shot and it's gone now. **I had no idea I even had it.** Did you know some STDs don't have any symptoms? I'm glad I found out so I don't give it to anyone else or have health problems down the line.



## Provider

I have a question about STD testing. I've never been tested. **Do I need to be?**

**Have you ever tested me for any STDs during my checkups?**

**What STDs am I most likely to get?** How will I know if I need to get tested?

# GYT

Get Yourself Tested

For more information on STDs and testing, or to find a health center near you, visit [plannedparenthood.org](http://plannedparenthood.org).

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