### DUCATION - ADVOCACY - SERVICE





# Dear Friends,

2006 was an exciting year of change both within the organization and in the political landscape across the nation. The Board of Directors, staff, and our volunteers all rallied under the leadership of a new President & CEO. This was the final year of an ambitious expansion campaign, resulting in capacity for thousands of new patients. Our donors were fantastically generous, but the cost of expansion required drawing upon organizational reserves, resulting in a financial deficit for the year. This year looks promising as the new capacity is put to work on behalf of the community.

Beyond our region, the elections signaled a dramatic shift away from the anti-choice extremism which has dominated federal politics for over a decade. We have new hope that, despite a Supreme Court which has become even more hostile to women's reproductive health, Congress will pass meaningful laws to strengthen our efforts. Next year's Presidential election will be the most important election in over 30 years for Planned Parenthood.

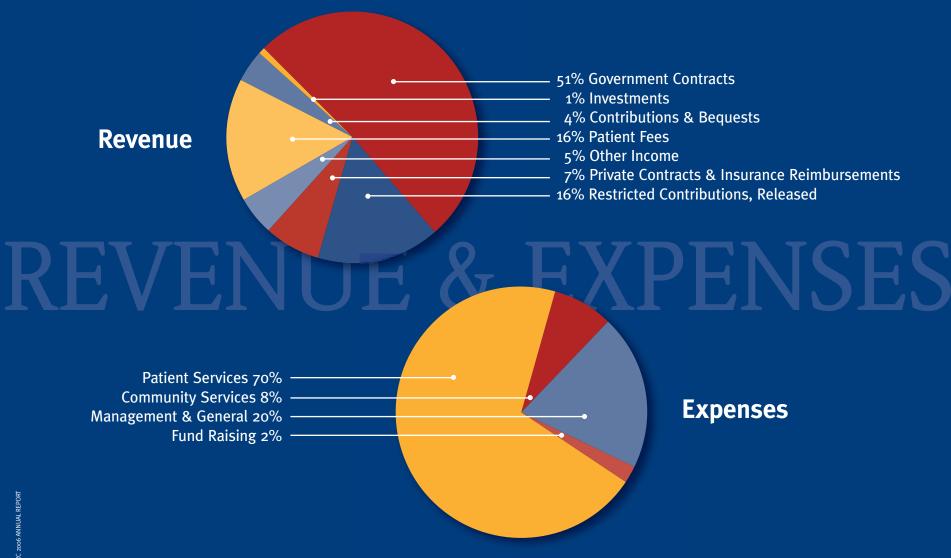
In California our agency joined with eight other Planned Parenthood affiliates across the state and successfully opposed Proposition 85, the second parental notification initiative in as many years. Our opponents will continue to place initiatives on the ballot to accomplish that which they cannot achieve through the legislature, and we will remain vigilant in our defense of reproductive freedom.

Here in San Diego and Riverside Counties, PPSDRC has worked to improve the healthcare experience for our patients. We revolutionized patient access to services with our new call center, receiving 2,300 phone calls per day for appointments. We established our own medical lab which will process over 160,000 tests per year. We opened a new full-service family planning center in El Cajon serving East San Diego County, and we celebrated the opening of the Holliday Family Administration Center, the hub of all services, located along Interstate 8 at Mission Center Road.

Our many accomplishments would not be possible without the strong support of our many donors and volunteers and the dedication of our staff and Board Members. We thank the community for helping us offer a bright light of hope to hundreds of thousands of women and men who rely on our services to lead healthier, happier lives.

Sincerely,

Darrah D. Johnson, President & CEO | Susanna Flaster, Board Chair



December 31, 2006 FINANCIA

REVENUE	
Operation	5

REVENUE	
Operations Contracts with Government Agencies Patient Income Private Contracts & Insurance Reimbursements	\$ 18,300,317 5,768,078 2,529,217
Service Income	1,009,122
Grants	759,132
Other	36,780
Total Revenue	28,402,646
EXPENSES	
Program Services	
Patient Services	25,364,055
Community Services	2,440,050
Total Program Services	27,804,105
Supporting Services Management and General	7 600 /00
Fund Raising	7,600,400 803,144
Total Supporting Services	8,403,544
Total Expenses	<b>36,207,649</b>
Operating (Loss)	(7,805,003)
OTHER SUPPORT, INCOME (LOSS) Contributions and Bequest, Unrestricted Net Assets Releases from Restrictions (Loss) on Disposal of Fixed Assets Net Long-Term Investment Gain (Loss) Total Other Support, Income (Loss)	1,314,871 5,603,428 (14,539) 316,620 <b>7,220,380</b>
Increase (Decrease) in Unrestricted Net Assets	(584,623)
CHANGE IN TEMPORARILY RESTRICTED NET ASSETS Contributions, Restricted Change in Split-Interest Agreements Net Assets Released From Restrictions (Decrease) Increase in Temporarily Restricted Net Assets	3,119,489 43,995 (5,603,428) <b>(2,439,944)</b>
Change in Net Assets	
כוומווזכר ווו ווכר אסטכנט	(3,024,567)
NET ASSETS Beginning of Year End of Year	17,443,274 \$ 14,418,707



Amy Corton, Emily, Carl, and Cameron Eibl

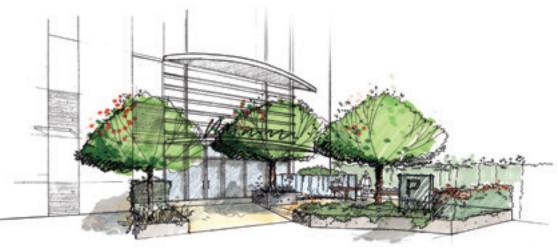
## Amy Corton

Carl and I have continued to support Planned Parenthood's annual campaign, contributed to both of its Capital Campaigns, and are members of the Legacy Circle, which honors those who have included PPSDRC in their estate plans.

As parents we want to ensure that our children, as well as all children, have the same rights that we have today and the same access to quality care in the future.

## DEVELOPMENT

2006 will certainly be remembered as a year of great fund raising success. It was the final year of the capital campaign, *Caring for the Future*, and it was important that the campaign succeed to pay for the many costly building and capital expansion projects undertaken by the agency. And succeed it did. *Caring for the Future* ended up raising over \$16 million. The final months of the campaign were spurred by the offer of a \$600,000 grant from The Kresge Foundation, provided we could raise an additional \$2.1 million in matching dollars. Our campaign leaders, particularly Rita and Richard Atkinson, Honorary Chairs, stepped forward to generously and capably ensure that all of the necessary dollars were raised, in a remarkable display of commitment to Planned Parenthood.



The Holliday Family Administration Center

The year also included noteworthy community gatherings. In the spring we hosted the Annual Dinner, *Thinking Forward – Science, Politics, Religion* which had 1,100 guests, with the Champion of Choice award going to Kathy Kneer, President and CEO of Planned Parenthood Affiliates of California. *Caring for the Future* campaign ended on a high note with the dedication of the Holliday Family Administration Center in September.

Fund raising has been essential to Planned Parenthood's activities in our region. It has allowed for the expansion of medical facilities and supports nearly all of the education, advocacy, and binational programs which help define the organization. Planned Parenthood is grateful to those dedicated supporters who make this work possible.







Kay Harry with husband Phil

## Kay Harry

Of all the groups Phil and I belong to, we consider Planned Parenthood to be the one that not only provides services to promote family planning, health, and reproductive care in our country, but is also one of the few organizations which can have an international effect. We are deeply concerned for families in other countries who so desperately need this assistance. Our local affiliate has been involved in this effort in Mexico and the Philippines and we consider this an excellent use of PP funds. The prevention of unwanted pregnancies, through the excellent educational programs, especially to young people, is a major reason we have made a bequest to Planned Parenthood of San Diego & Riverside Counties.

## PATIENT SERVICES

Last year we continued our focus on the integration of medical services and technology to improve services to our patients. These new systems allow patients to be seen where and when they choose, while helping us to balance capacity and demand.

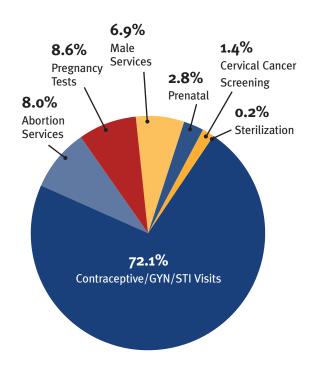
One major highlight was the successful implementation of the new enterprise practice management computer system. This enabled us to computerize our appointment scheduling process and to begin the process of automating many of our clinic processes to improve access and service quality. We also opened our call center which allows our patients to call a single number for appointments and medical information.

In October our El Cajon Center relocated to a spacious, beautiful facility in order to accommodate its growing clientele.

In December 2006, we opened our David V. Karney Laboratory. Chlamydia and gonorrhea testing for young adults is a health priority for California and our in-house laboratory provides a much-needed service to the underserved populations in San Diego and Riverside Counties.

We continue to be a leader in offering reproductive healthcare services. The human papilloma virus (HPV) vaccine Gardasil was approved by the FDA in late 2005 and became available in the fall of 2006. We are pleased that we have been able to offer the vaccine at select health center locations in Riverside and San Diego Counties. With the announcement of the FDA's approval of emergency contraception for over-the-counter use, we were able to offer expedited on-site access to emergency contraception online for women and men, too. Implanon, a new hormonal implant birth control method, became available late 2006, and we began training our medical practitioners to offer this service.

## **Types of Visits – 2006** Total Visits = 230,420



A considerable amount of resources were devoted to staff training and development in 2006. Our new state of the art Andy Achterkirchen Training Center was opened to facilitate the implementation of the new Healthcare Orientation and Training (HOT) program for our clinic staff. A new model of shared responsibility for health center leadership involving clinicians, center managers, and clinic staff was implemented to strengthen our medical services delivery.

As we look forward, we will continue to focus on the adoption of technology-based solutions such as electronic medical records and user-friendly touchscreen patient satisfaction surveys in our centers to improve the quality of care our patients receive.



## Evelyn Pearson-Ray

After working for a year at the Euclid Avenue Center as a registered nurse, PPSDRC supported me when I went back to school at Harbor UCLA to become a nurse practitioner. I attended classes during the week and was able to continue working at Euclid on Saturdays.

I currently hold the position of Clinician IV at the Escondido Center. This is a new and wonderful expansion of the clinician role. This is a very exciting time for clinicians here at PPSDRC, and I am so glad to be a part of this vision. I feel so fortunate in all of my travels within PPSDRC to have worked with and met such great people.



My career with PPSDRC began in April of 1989 when I was hired as the Administrative Assistant to the Executive Director, a role that I enjoyed for nine years. In 1998 I was encouraged and empowered to step outside my comfort zone and accept the position of Contracts and Business Coordinator. This eventually lead me to my current position as Director of Contracts and Marketing where I oversee marketing activities and manage more than 20 health plan contracts that allow managed care patients important access to our medical services.

My challenges and experiences at PPSDRC have allowed for immense personal and professional growth. I've gained confidence as well as experience with the support and camaraderie of my peers, while helping improve access to healthcare and promoting community health. I can't think of anything I'd rather be doing.

## ADVOCACY

After successfully defeating Proposition 73, a dangerous ballot initiative that would have put our most vulnerable teens in danger by requiring parental notification before an abortion, we faced another election in 2006 and a repeat of the same initiative in the form of Proposition 85. Once again, our Public Affairs staff worked tirelessly to defeat the proposition and, once again, we emerged victorious—this time by an even larger margin than the previous year.

The Public Affairs department spent a majority of the year attending meetings of coalition groups, getting the word out about Proposition 85, and enlisting the help of partner organizations. Over 30 organizations and elected officials from San Diego and Riverside Counties signed on as opponents of Prop 85, several of them offering to hold their own phone banks while our volunteers were making their own phone calls and being visible in the community. We had an especially vibrant Campus Coalition Against Prop 85 consisting of our VOX chapters at UCSD and SDSU, their coalition organizations, and enlisted the help of a National Organization for Women chapter from a local high school. Our Riverside activists even put on a benefit punk rock concert for the cause.

Proposition 85 was not the only thing that kept us busy in 2006. South Dakota was fighting its own battle against a law that would have outlawed abortion entirely. Public Affairs pitched in by enlisting San Diego volunteers to come in for several weeks and make calls to South Dakota voters encouraging them to repeal this blatantly unconstitutional law. Our efforts paid off as voters in South Dakota defeated the proposed measure. We also used our contacts with elected officials to expedite the lagging licensing process that was preventing our in-house lab from opening. And we continued to develop our relationships with elected officials through our well-attended legislative luncheons.

Our campus outreach programs continued to flourish as a new generation of activists took the reigns on the campuses of San Diego State and UC San Diego. Our new Grassroots Coordinator organized the First Annual Pro-Active Choice Leadership Training and brought over 40 college students to the statewide Campus Progressives Unite Training sponsored by Planned Parenthood Affiliates of California.

Our Clinic Advocacy program continued to grow as we enlisted the help of clinic staff to help educate their co-workers and patients through our monthly awareness campaigns. Much of this work focused on legislation and programs that ensured the teaching of comprehensive sexuality education in our schools. We recruited volunteers for our School Board Watchdog program who went into the schools to find out what their students are learning in their sex education classes. The Public Affairs and Education & Training departments used this information to mobilize communities to demand that age-appropriate comprehensive sexuality education be taught in all schools as state law requires.

2006 was a big year for our staff, activists, and coalition partners. The lessons we learned from the No on 73 campaign were utilized in all of our programs this year—from our fight against Proposition 85 to our action pages on the website. As we educate and motivate a new generation of activists, we continue to be proud of the effect our programs and campaigns have locally, statewide, and across the nation.



## **Rhiannon Good**

As a student at UCSD, I met a representative of Planned Parenthood at The Vagina Monologues in 2001. I was absolutely amazed and frustrated at the level of ignorance on my campus about political issues and the real world. I was thrilled to be offered the opportunity to start the first San Diego chapter of VOX: Voices for Planned Parenthood, where I was trained to talk to my peers about pro-choice politics. During my last year in college, I accepted the newly created position of Grassroots Coordinator and eventually began managing all our pro-choice lobbying efforts as Campaign Manager.

I have trouble imagining myself ever not working for this affiliate. The people in my department are more than family; they are the only ones who really understand the elation we feel when we win—and the grief we feel when we lose. Who I am is inextricably intertwined with what I do and what I stand for.

## EDUCATION & TRAINING

## **CAROLYN SHUCK EDUCATION & TRAINING CENTER**

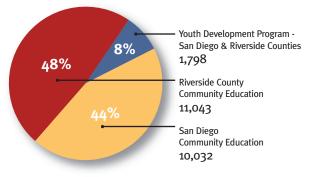
Planned Planned Parenthood of San Diego & Riverside Counties has been providing sexuality education and training programs since 1963. The mission of the Education and Training department is to help people make sound sexual health related decisions through comprehensive, reality-based sexuality education. In 2006 the Education and Training department reframed its philosophy to follow the Rights, Respect, and Responsibility approach—the New 3Rs.

The New 3Rs is a new way of thinking about adolescent sexual health. It aims to create a youth-positive climate through an open-ended set of activities. The New 3Rs is not a specific program or project. Instead, it is an organizing principle supported by a host of programs, projects, curricula, and policies that reflect the following core values:

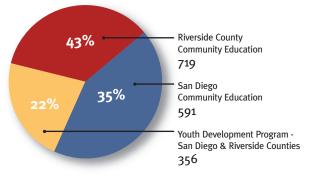
- **Rights** We believe that youth have the right to accurate information and access to health services.
- **Respect** We respect youth as valued members of the community with much to offer.
- **Responsibility** We trust youth to make responsible decisions when they are provided information, taught skills, and given support to do so.

The Education and Training department's programs exemplify the values of the 3Rs. From our youth development programs for elementary and middle school students and our teaching efforts deep in the Coachella Valley, to the trainings we provide for San Diego schoolteachers and our peer education program at Mission Bay High School—our programs continue to provide excellent educational opportunities for the communities we serve.

### Participants by Program Total = 22,873



### **Presentations by Program** Total = 1,666



In 2006, peer educators at Mission Bay High School worked on a project with the Teen Relationship Violence Awareness Campaign, set up through the San Diego Domestic Violence Council (SDDVC) and KPBS. In this teen-led campaign, teens from five different communities received \$1000 from the SDDVC to develop and implement a program focusing on teen relationship violence awareness and prevention.

Our youth development programs in San Diego County served a total of 13 schools in San Diego with over 350 graduates. We organized over 25 outings to places such as SDSU, Birch Aquarium, Chollas Lake, and the Arco Olympic Training Center. Our community involvement projects included working with Mama's Kitchen, St. Vincent De Paul, "I Love a Clean San Diego," and the San Diego Special Olympics. In addition, we held a career week for youth development participants, which featured several police and fire station tours as well as other guest speakers who delivered presentations about their specific fields.

We continue to expand our youth development programs in Riverside County as well. In the past year, staff have completed seven MARCH (Males Acting Responsibly for Community & Health) and STAR (Sisters Together Acting Responsibly) programs at Oasis School, La Quinta Boys & Girls Club, the Mecca Family Resource Center, Perris Family Resource Center, and Coalition for Common Ground of Riverside.

In 2006, the Education & Training department enhanced our partnership with the Alliance for African Assistance. Along with the reproductive health education classes for men and women that we've always offered, we added a specialized training component for Somali women as part of their job training program. Our staff met with the women of this program for a total of nine weeks to provide more in-depth training on reproductive health issues and parenting. We were also able to provide clinic tours for the Somali women to help them connect with our clinics. We will continue with this program in the coming years and are working with the Alliance for African Assistance to create a similar one for Somali men.



## Perla Vizcarra

I first became interested in Planned Parenthood after seeing a performance at my high school about birth control, sexually transmitted infections and violence, which was presented by their teen theater group IMAGES. I was so moved by their work that I went on to perform with IMAGES for two years. Over the years I worked as an educator in various capacities and now manage our Youth Development Program.

I have had the honor and privilege of being part of the Education & Training department and seeing it grow over the past ten years. I strongly believe that our youth will be the leaders of tomorrow, and we must provide them with the necessary tools and skills they need in order to become healthy and responsible adults.

## INTERNATIONAL

In 2006 the Binational Program provided reproductive health education to 2,000 teens from the Coachella migrant communities. These presentations resulted in over 200 teens being referred to the Coachella Center for services such as emergency contraception and the testing and treatment of sexually transmitted infections.

A group of 8 to 10 teens recruited peers from their schools and communities and provided them with valuable reproductive healthcare and sexuality information as well as orientation on funding programs for their clinic visit. They coordinated transportation for the teens to the clinic and to the promotores training facility.

The youth promotores contributed to their community by volunteering in soup kitchens, battered women's shelters, and rehabilitation centers. They also set up a teen booth at every community event to ensure that young people felt comfortable approaching them for information.

The adult promotoras and promotores programs reached out to over 8,000 men and women with reproductive health information and provided transportation and childcare as well as assistance in filling out medical forms to patients in need at the clinic. Employers have joined forces with Planned Parenthood's promotores program in an effort to reach as many men and women as possible with timely information on the services available to them. We have provided education in the citrus and date orchards, vineyards, and packing plants during the migrant worker's lunch and down time.

**Mexico** – Fronteras Unidas Pro Salud (FUPS), our sister program in Tijuana, opened its in-house surgery center. This state-of-the-art facility will not only accommodate the surgery needs of FUPS patients, but it is also available to the private and public medical community in Tijuana. The Public Health Department has performed 13 surgeries and the center was utilized for medical students in training by the School of Medicine professors of the State University.

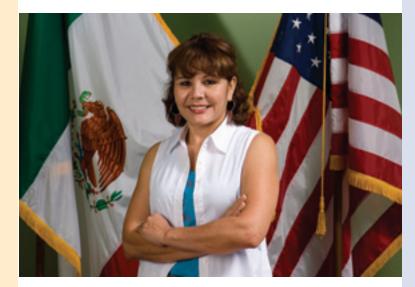
FUPS reached close to 60,000 people through its medical, educational, community outreach and industrial programs. Our ongoing mutual collaboration allows us to continue serving the cross-border population. PPSDRC Medical Director, Katharine Sheehan, M.D. taught new surgical techniques to FUPS physicians at our Michelle Wagner Surgery Center. Planned Parenthood of San Diego & Riverside Counties and FUPS have established a



cross-border patient referral system to ensure women that return to Mexico after an abortion procedure will receive adequate follow-up medical care.

PPSDRC staff participated in several important trainings in Tijuana that FUPS hosted, including Catholics for Choice and Domestic Violence Prevention. PPSDRC participated jointly in organizing the annual HIV/AIDS Binational Conference which took place in Tijuana.

A needs assessment began in January of 2006 for Imperial County and neighboring Mexicali, Baja California thanks to a binational planning grant from the California Endowment. By year's end, advisory boards and focus groups were created, and key informant interviews were conducted on both sides of the border by FUPS and PPSDRC.



## Sylvia Barron

Twenty years ago, my four sons and I relocated from Imperial Valley to San Diego County, and I took an entry-level job with Planned Parenthood. 18 months and 2 promotions later, I was afforded the opportunity to work at the binational level thanks to visionary board member Phil Klauber.

He challenged the Board to look south and reach out to our neighbors on the other side of the border. No matter how great our endeavors, he said, until we acknowledge we are one region, interdependent on each other, we will never be totally successful. Thus, began our 19-year binational venture with Mexico, which in turn became the springboard for our promotores programs in San Diego and Riverside Counties.

## 2006 DONORS

George Hecht

Every attempt has been made to assure accuracy in the donor's list. However, in compiling such a list, omissions and misspellings sometimes occur. Please advise us of any errors. We appreciate the opportunity to correct our records. To make corrections, please call the Development department at (619) 881-4626.

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