Chenoa,
Planned Parenthood
of Greater Texas patient

# January is Cervical Health Awareness Month

**Cervical cancer is caused by certain types of HPV, or human papillomavirus, a common sexually transmitted infection. Most HPV infections are harmless and go away by themselves. But, if left untreated, high-risk HPV may lead to cervical cancer in some women.**

## Take 2 steps to protect your cervical health!

### Get regular Pap tests

Regular cervical cancer screenings—also known as Pap tests—are an important way to detect abnormal cervical cells or cervical cancer early.

### Get the HPV vaccine

The HPV vaccine is a safe, effective way to prevent HPV, including rare forms that may cause cervical cancer in women.

Thanks to the Affordable Care Act, regular cervical cancer screenings and the HPV vaccine are now covered without copay. That means you can access both without any out-of-pocket expense. **Ask Planned Parenthood of Greater Texas about protecting your cervical health today.**

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