

Education Programs

Community Outreach · Peer to Peer · Boys2Men · TASH

Planned Parenthood believes that sexual responsibility and safety begin with education. Sex education is meaningful and effective when it conveys factual information, explores values and feelings, promotes health, builds self-esteem and creates lasting decision-making and communication skills. Our professional, trained staff provides expertise, leadership, and programs for individuals, parents, organizations, schools and other youth-serving groups.

Community Outreach

We provide programs to schools, youth-serving agencies, faith-based institutions, parent groups, individuals and others upon request. Our education staff can customize programs around a wide range of topics and tailor each program to fit individual needs. A few of those programs are Adolescent Pregnancy Prevention, Birth Control Methods, Managing Your Sexual Health, Puberty Education, Sexual Responsibility, Sexually Transmitted Infections, Media Literacy, Parent-Child Communication and Professional Development.

Peer to Peer

Our Teen Peer Education Program is an award-winning, comprehensive teen pregnancy prevention program. Developed in 1995, the program provides 38 hours of education, in collaboration with local youth-serving organizations. The teens, 12-17 years of age, learn about abstinence, birth control, communication skills, dating and relationships, HIV/AIDS and other sexually transmitted infections. The program promotes sexual responsibility, increases teens' interpersonal skills, and provides accurate and age-appropriate information about sex, sexual health and risk reduction. To date, more than 1,500 Peer Educators have been trained and now serve as resource people for their friends and families.

Boys2Men

A program established solely for males, our Boys2Men program educates young men on issues involving health and sexuality. We believe that in a male-only environment, young men feel more comfortable discussing issues of sexual health.

Teen Advocates for Sexual Health (TASH)

Teen Advocates for Sexual Health is a group of teens, grade 9-11, who represent diverse backgrounds from the greater St. Louis Metropolitan Area. TASH creates, develops, plans and implements programs that move toward a greater understanding and appreciation of healthy sexuality based on teen rights, respect and responsibility. Through advocating for comprehensive, medically accurate sex education in their schools, preventing teen dating violence, increasing honest communication about sex between teens and adults, TASH students serve as agents for change.

The Sunnen Family Education Center

The Sunnen Family Library offers parents, students, educators and medical professionals the most extensive collection of sexuality education resources in the metropolitan area. Located in the Central West End Health Center, library hours are Monday through Friday 9:00 a.m. to 4:30 p.m. The Sunnen Family Library is supported in part by a generous grant from the Sunnen Foundation.