

Our Education and
Training Programs Are
for You. *Yes, You.*



Planned Parenthood is Here for *You*

We are experts qualified to help you provide accurate, non-judgmental sexuality education. We can:

- 1 assist *you* in implementing a sexuality education curriculum tailored to your needs;
- 2 train *your* staff to competently and comfortably handle a variety of sexuality-related situations; and
- 3 provide *those you serve* with comprehensive sexuality programs

Our clients include those in the fields of:

- early childhood, elementary and secondary education
- after-school and summer programs
- juvenile justice
- parent education
- rehabilitation
- residential treatment
- social services
- other youth-serving agencies

We are the Experts

The Mission of Planned Parenthood Southeastern Pennsylvania (PPSP) is to protect and enhance reproductive freedom, to increase access to reproductive healthcare services and information, and to promote sexual health. PPSP has been the premier provider of accessible, affordable reproductive healthcare, sexuality education, professional development and advocacy in the region since 1929. Our expertise can help you successfully meet your mission.

Our Spectrum of Services

The Education & Professional Development Department offers an array of programs and resources to meet your needs in the critical, but often challenging, arena of sexuality and sexuality education. These include:

- sexuality education for pre-adolescents, teens and parents / caregivers
- professional training and development for youth-serving and other professionals
- a public Resource Center and Library
- an ever-expanding array of web-based information at www.ppsp.org

We can work with you to customize a package that best meets your needs.

Meeting Your Needs

We tailor program topics to the age group and population you serve. Among the choices are:

- understanding sexual development and reproductive anatomy
- developing healthy relationships and managing conflict
- making informed decisions about sexuality and sexual activity
- planning and spacing pregnancies
- preventing sexually transmitted infections
- preventing sexual violence
- increasing effective communication about sexuality

Our experience shows clients are most successful with a comprehensive package that includes both educational programs and professional training.

Some ways to group our offerings include:

▶ Early Childhood

- Professional training *for infant, toddler and preschool staff* on managing classroom behaviors such as masturbation and sex play
- Workshops *for parents/caregivers* on instilling positive messages about self, body-image and sexuality from an early age

▶ Pre-adolescence

- Educational sessions *for students* on sexual/reproductive anatomy, puberty changes and managing peer pressure
- Professional training *for school-age staff* on puberty, early sexual activity and answering sexuality-related questions
- Workshops *for parents/caregivers* on communicating with pre-adolescents about sexuality

▶ Adolescence / Early Adulthood

- Educational sessions *for students* on sexual decision-making, healthy relationships and safer sex
- Professional training *for staff* on managing sensitive situations and providing accurate, non-judgmental answers to sexuality-related questions
- Workshops *for parents/caregivers* on sending positive, healthy messages to their youth

▶ Program and Agency Administrators

- Professional training on designing and implementing sexuality education programs
- Ongoing consulting and technical assistance

A membership to our Resource Center and Library can complement any package.



The Bottom Line

Planned Parenthood strives to make our services accessible to everyone. In addition to reasonable fees, we offer:

- Discounts for multiple services
- Group rates
- Limited scholarships for open-enrollment participants

Resource Center

Our sexual health reference library is open to the general public. Members may borrow videos, books, supplies and other items to support sexuality education at no additional charge; non-members pay a small fee. The Center also sells t-shirts, bumper stickers, cards and gift items. A variety of safer-sex products may be purchased in small quantities or bulk. Memberships are available to individuals and organizations.

Let's Make Plans

- **Email us at education@ppsp.org**
- **Call the Education & Professional Development Department at 215-351-5580**
- **Visit www.ppsp.org for more information**



Don't Just Take *Our* Word for It...

“The speaker was excellent in every way. She was extremely knowledgeable, created a comfortable environment, and kept the attention of the audience superbly. She was receptive to questions, very articulate and extremely likeable.”
— *Participant, Teacher Training Program*

“After this session I plan to talk to my doctor about starting birth control. I didn't know there were so many different kinds.”
— *Mother, Program for Pregnant and Parenting Teens*

“People felt very comfortable talking about their own beliefs and practices and not apologizing for them!”
— *Teacher, Early Childhood Education Program*

“It was very thought-provoking, insightful and challenged participants to reconsider other perspectives and their own attitudes and assumptions.”
— *Curriculum Director, Infant & Toddler Program*

“I thought I knew everything about sex but learned stuff I did not know. I also learned how to more effectively convey sex information to students.”
— *Nurse, Philadelphia Charter Middle School*

“With you, we learn how to talk to our parents about safer sex.”
— *6th grader, Philadelphia public school*



Planned Parenthood®
Southeastern Pennsylvania

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