

INITIAL HISTORY

Patient ID# _____

Name _____ DOB ____/____/____ Age _____ Date _____

Marital Status: Never Married Married Widowed Other

A: REVIEW OF SYSTEMS	
YES	NO
GENERAL	
	1. My health is generally good
	2. Unexplained weight loss or gain of more than 10lbs.
	3. Night sweats/ hot flashes
	4. Cancer – if yes, where/ when?
	5. Smoke cigarettes – If yes, how many packs per day and for how many years?
	6. Alcohol use – If yes, how many drinks per week?
	7. Birth defects or genetic problems
	8. Are you being treated for any illness/condition now?
	9. Do you currently take prescription medication, over the counter or herbal? If yes, name:
EYES	
	10. Eye problems (except glasses or contacts)
EARS/ NOSE/ MOUTH/ THROAT	
	11. Hearing problems
	12. Frequent nosebleeds
	13. Frequent sore throat
CARDIOVASCULAR	
	14. Mitral Valve Prolapse
	15. Heart murmur/ disease
	16. Varicose veins
	17. Blood clots (head/ leg/ lungs)
	18. Stroke or stroke-like problems
	19. High blood pressure
	20. High cholesterol
RESPIRATORY	
	21. Chronic cough / other breathing problems/ Asthma/ Sleeping-disorder- Apnea
	22. Tuberculosis or exposure to Tuberculosis/Hx Pneumonic/ Bronchitis
	23. Stomach or bowel problems
	24. Liver problems (hepatitis or tumor, etc.)
	25. Gall bladder problems
GASTROINTESTINAL	
	26. Bladder or kidney problems
	27. Urinary problems
	28. Uterine fibroids/ infections
	29. Ovarian cysts
	30. Breast lump or discharge/ cancer
	31. Vaginal discharge that itches/ burns or has a bad odor
	32. Endometriosis
	33. Pain during sex
	34. Date of last pap smear:
	35. History of Abnormal paps: _____ Date: _____ Result: _____ Colposcopy <input type="checkbox"/> Yes <input type="checkbox"/> No Treatment: <input type="checkbox"/> Cryotherapy <input type="checkbox"/> LEEP <input type="checkbox"/> Laser <input type="checkbox"/> None Follow-up Paps: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> None <input type="checkbox"/> Other
	36. Did your mother take DES when she was pregnant w/you to prevent a miscarriage?
	37. History of sexually transmitted infection? Check type: <input type="checkbox"/> Chlamydia <input type="checkbox"/> Gonorrhea <input type="checkbox"/> Genital Warts/ HPV <input type="checkbox"/> Herpes <input type="checkbox"/> Syphilis <input type="checkbox"/> PID <input type="checkbox"/> Hepatitis B <input type="checkbox"/> Trichomonas
MUSCULOSKELETAL	
	38. Arthritis or osteoporosis
SKIN	
	39. Acne or other skin problems – If yes, what?
NEUROLOGICAL	
	40. Migraine headaches (diagnosed by Dr./ NP/ PA) Do you ever experience any of the following before a headache: <input type="checkbox"/> Double vision, blindness <input type="checkbox"/> Flashing lights and wavy lines <input type="checkbox"/> Numbness or weakness <input type="checkbox"/> Speech problems <input type="checkbox"/> None of these
	41. Seizures/ epilepsy
	42. Numbness in arms/ legs (recurring)

A: REVIEW OF SYSTEMS	
YES	NO
PSYCHOLOGICAL	
	43. Depression, requiring treatment
ENDOCRINE	
	44. Thyroid problems
	45. Diabetes/ Diabetes during pregnancy
HEMATOLOGICAL/ LYMPHATIC	
	46. Anemia (HIV/AIDS)
	47. Sickle cell disease trait
	48. Blood clotting disorder/ bleeding disorder
ALLERGY/ IMMUNOLOGY	
	49. Rubella (German measles)
	50. HPV Gardasil immunization? Did you complete all 3 injections?
	51. Vaccine for Rubella (German measles)
	52. Tetanus immunization? Date:
	53. Are you allergic to any drug, medication, latex or other substance, including local anesthesia? If yes, what?

B: HOSPITALIZATION AND SURGERIES	
YEAR	REASON

C: FAMILY HISTORY			
YES	NO	DIAGNOSIS	RELATIVE
Are you adopted? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Has your biological family (parents, bothers, sisters) had any of the following?			
		Osteoporosis	
		Diabetes	
		Heart Attack/ Stroke before age 50	
		High blood pressure	
		Genetic problems	
		Cancer	
		Blood clotting disorder	
		Thyroid Problems	

STAFF COMMENTS/ EXPLANATIONS (by number)

D: PREGNANCY HISTORY

Never pregnant Are you currently breastfeeding? _____

Total # of pregnancies _____ Number of Tubal Pregnancies _____

Number of Live Births _____ Date of Last Delivery _____

Number of Miscarriages _____

Number of Abortions _____ Date of Last Abortion _____

Complications: Pregnancy/Abortion _____

E: CONTRACEPTIVE HISTORY

Current birth control method: _____

How long used? _____

Any problems with this method? Yes No
If yes, what? _____

What methods do you want to use now? _____

Are you planning a pregnancy in the next year? Yes No

Which of the following methods have you used in the past:

YES	NO	METHOD	Comments/ Problems:
		Abstinence	
		<input type="checkbox"/> Tubal <input type="checkbox"/> Vasectomy	
		<input type="checkbox"/> Hysterectomy	
		Oral Contraceptives	
		Norplant	
		Depo-Provera (injection)	
		Lunelle (injection)	
		IUD	
		Condoms	
		<input type="checkbox"/> Diaphragm <input type="checkbox"/> Cap	
		Sponge	
		<input type="checkbox"/> Rhythm <input type="checkbox"/> NFP	
		Withdrawal	
		Patch	
		Ring	

F: SOCIAL HISTORY

YES	NO	Have you recently experienced:	Comments:
		<input type="checkbox"/> Emotional <input type="checkbox"/> Relationship problems	
		Problems in:	
		<input type="checkbox"/> Living Arrangements <input type="checkbox"/> School	
		Are you physically abused?	
		Has anyone forced you to have sex?	
		Are you afraid of your <input type="checkbox"/> Partner? <input type="checkbox"/> Family Member?	

To the best of my knowledge, the information I have provided is correct and complete.

Client Signature _____ Date _____

Staff Signature _____ Date _____

HX Received & updated Staff _____

G: MENSTRUAL HISTORY

1) Age periods began: _____

2) Number of pads/ tampons used on heaviest day: _____

3) Length of period in days: _____

4) Are your periods usually longer? Yes No

5) Last period started on: _____ It seemed: Normal Not normal

6) Do you experience, before or with periods:
 Cramps Bloating Bowel problems Emotional changes

7) Do you have vaginal bleeding after sex? Yes No

8) Do you have vaginal bleeding between menstrual periods? Yes No

STI/ HIV RISKS

Number of sex partners in your life: _____

Male: _____ Female: _____

How many sex partners have you had during the past year? _____

How old were you when you first had sex? _____

Do you have: anal oral vaginal

Yes	No	Comments
		Have you ever used street drugs? If yes, when and what?
		Have you ever received blood or blood products since 1978?
		Was any partner: <input type="checkbox"/> a street drug user <input type="checkbox"/> a Hemophiliac or <input type="checkbox"/> infected with HIV/ AIDS and/ or Hepatitis? <input type="checkbox"/> Bisexual <input type="checkbox"/> Hx of multiple sex partners
		Have you ever shared needles? (eg: injecting drugs, tattooing, piercing)

Comments:
