

From: "Lillian Tamayo, CEO of Planned Parenthood" <public_affairs@ppsoflo.org>
Subject: Urgent Action Needed: Tell Crist to Veto HB 1143

PLANNED PARENTHOOD®
OF SOUTH FLORIDA AND
THE TREASURE COAST



SPOTLIGHT

A Newsletter For Planned Parenthood Supporters

May 2010

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Planned Parenthood News

Urge Governor Crist to VETO HB 1143!

Florida House passed HB 1143 by Representative Matt Hudson (R-Naples) restricting women's access to reproductive health care without vetting the legislation through a single committee or allowing an opportunity for public comment. Planned Parenthood urges Governor Crist (R) to veto HB 1143, which interferes with private medical decisions and restricts private health insurance plans from offering abortion coverage.

"This legislation will result in more women receiving less health care," said Lillian Tamayo, President/CEO of Planned Parenthood of South Florida and the Treasure Coast. "This bill does nothing to prevent unintended pregnancy or reduce the need for abortion."

How can you help?

Please take a moment to **Call (850-488-7146) or Email (Charlie.Crist@myflorida.com)** Governor Crist Directly and tell him to **Veto HB 1143** because it violates the doctor patient-relationship, restricts access to health care, and does nothing to prevent unintended pregnancy or reduce the need for abortions. Feel free to continue contacting the Governor until he Vetoes this bill.

Join Planned Parenthood and NOW Palm Beach Wednesday, **May 12th from 5-6:30 pm** to hold signs and protest HB 1143. We will be on the Median at

[Okeechobee Blvd and Sapodilla Avenue in City Place.](#) For more details or to RSVP [click here.](#)

Attend the Legislative Luncheon and Press Conference on Thursday, May 13th from 11-1pm. Details can be found [here.](#)

Miami Tradition of Choice Luncheon a Success!

Our 4th annual Tradition of Choice Luncheon in Miami was a smash hit, with more than 130 Planned Parenthood supporters joining our staff at the Biltmore Hotel in Coral Gables on April 14th. Planned Parenthood Federation of America President Cecile Richards presented a wonderful keynote speech, including thanking our affiliate President and CEO Lillian Tamayo for her dedication to Planned Parenthood's cause.

Ms. Richards shared her experience as a key player in the health care reform debate earlier this year, updating supporters on what health care reform means for reproductive health, for women and for Planned Parenthood affiliates across the nation.

Tradition of Choice is an important fundraiser for our Teen Time program, providing adolescents between the ages of 12 and 17 with sexual health education and access to life saving health care, serving 22,362 teens in 2009 alone.



Keynote Speaker Planned Parenthood Federation of America President Cecile Richards



The Alhambra Room at the Biltmore Hotel



Event chairs and long-time Planned Parenthood supporters Jack and Ruth Admire

2010 Cocktails with a Twist in Martin County

Guests came out to support Planned Parenthood on Friday, March 26 at the Mansion at Tuckahoe in Jensen Beach. Guests enjoyed scrumptious appetizers created by Lorna Day and her staff at Ooo La La, entertainment by the Floridian Band and the surprising twist of body painting by Heather.



Lillian Tamayo, Co chairs - Sandra Stiger & Jessica Polzin



Lillian Tamayo & Rep. Adam Fetterman



Jamie Meyers, Kristin Waddell, David Moore & Heather Wilson

For more pictures from the 4th annual Tradition of Choice Luncheon in Miami and other events, please visit our [Past Events page](#).

Take Care

Planned Parenthood Celebrates the 50th Anniversary of the Pill



Margaret Sanger, the founder of Planned Parenthood Foundation of America opened the nation's first birth control clinic in 1916, helped drive the research for and development of the pill. In 1957 the FDA approved Russell Marker's pill to regulate periods, with its Contraceptive side effects. Not until 1968 was the pill available in all states, and not until 1976 was it available to unmarried women.

The pill has played a key role in women's ability to plan and space pregnancies, which has contributed to improved maternal, infant, and family health. From 1965 to 2005, the rate of maternal death declined by 52 percent (to 15.1 per 100,000 live births). The Pill enabled women to control their fertility, women are able to make more choices about their education and employment. The number of women in the workforce since 1965 has nearly tripled. By 2008, five times as many women were completing four or more years of college than in 1960.

Today, 19 percent of women between the ages of 15 and 44 use the pill and more than 60 percent of women between 15 and 44 use birth control. In addition to providing millions of women access to the pill, Planned Parenthood is the leading provider of reproductive health care in the United States. In fact, one in four American women has sought health care from Planned Parenthood at least once in her life.

May 9th-15th is National Women's Health Week

Starting on Mother's Day, the 11th annual National Women's Health Week encourages and empowers women to make their own health a top priority. The initiative encourages women to take simple steps for a longer, healthier life, including exercising, eating a nutritious diet, getting enough sleep, and avoiding risky behaviors like smoking.

Most importantly, May 10 was National Women's Checkup Day, and we encourage every women in America to visit their health care professional, or one of our health centers, for a regular checkup and life-saving preventative screenings. Make your appointment [online here](#).

Health Center Discounts



Planned Parenthood[®]
of South Florida and the Treasure Coast, Inc.

Schedule online to \$ave!

Thank you for scheduling your appointment with us online.
Bring this coupon along with your email confirmation to receive:
\$50 OFF your annual supply of birth control pills*

Ask us how your partner can save on their visit at PPSFTC too!
*Valid only with printed email confirmation. May not be combined with other specials, discounts or promotions.

Expires
12/31/2010

[Make an appointment online](#) to visit one of our health centers, and you will receive

a coupon for \$50 off your annual birth control supply. Also, sign up for our Pills Now, Pay Later program and receive a discount off your annual supply. Call your local health center for more information, and schedule an appointment online or on the phone today.

Attention College Students



What do you get when you combine opportunities to fight for your rights, gain leadership experience, and network with pro-choice college students? The experience of being a VOX board member!

Our VOX chapters are currently looking for students passionate about women's reproductive rights to serve on their **Executive Boards**. Board Members will be responsible for planning and executing meetings and events held by your campus VOX group, and will work closely with Planned Parenthood of South Florida and the Treasure Coast.

Interested FAU students, please contact our Affiliate Liaison, Takeata.Pang@ppsoflo.org or call (561) 472-9942. Students in Miami, please contact Mayte Canino by email at Mayte.Canino@ppsoflo.org or by calling (786) 594-4741.

For more ways to get involved, check out our website. To [learn more about VOX](#) or to get involved on your campus, contact your campus VOX Chapter.

Find your local VOX chapter on Facebook:

[FAU in Boca Raton](#) or [Jupiter Florida International University](#)
[University of Miami](#)

Get Involved

Please visit [our events page](#) for details on all our upcoming events.

2010 Legislative Luncheon and Press Conference

Planned Parenthood of South Florida and the Treasure Coast's Annual Legislative Luncheon is a wonderful opportunity to speak directly with your local State Legislators about what happened during session. Promptly at 11:00am we will be hosting a Press Conference urging Governor Crist to veto HB 1143. Drinks and a

light lunch will be provided. This event is free and open to the public.

If you are in Vero Beach or Stuart we have the option of attending via Satellite Feed from one of our local Health Centers. If you would like to take advantage of this option, and have not already done so, please let us know.

Date: Thursday, May 13, 2010

Time: 11:00 AM - 1:00 PM

Location: Our West Palm Beach administrative office, or our Stuart and Vero Beach health centers

Please direct all inquiries or RSVPs to Takeata King Pang at 561-472-9942 or Takeata.Pang@ppsoflo.org indicating where you will be attending and if you have any special dietary needs.

Coffee and Conversation with Your Elected Officials

Join us after the conclusion of the 2010 Florida Legislature's session to meet with elected officials, learn about critical legislation victories, and discover future volunteer opportunities. Coffee and bagels will be served. Your RSVP is kindly requested.

Date: Tuesday, May 18, 2010

Time: 10:30 AM - 12:00 PM

Location: United Way of Miami-Dade, Conference Room A (3250 SW 3rd Ave Miami, FL 33129)

RSVP: Mayte Canino at Mayte.Canino@ppsoflo.org or (786) 594-4741

Townhall Meeting Workshop: Pro-Choice Strategies

Explore tactics that you can use during summer townhall meetings with your federal elected officials. Learn techniques designed to influence members of Congress to support pro-choice policies, and expand your reproductive and health care rights. We'll be holding workshops in West Palm Beach and Miami, so all our supporters have the opportunity to attend. This event is free and open to the public, and we kindly request your RSVP.

Both workshops will be held on Thursday, June 17, 2010.

The Miami administrative office will host a workshop from 12:00 PM until 1:30 PM. The West Palm Beach workshop, located at our administrative office, will be from 6:00 PM to 8:00 PM.

For more information or to RSVP:

In Palm Beach, please contact Takeata King Pang at Takeata.Pang@ppsoflo.org or (561) 472-9942.

For Miami-Dade, please contact Mayte Canino at Mayte.Canino@ppsoflo.org or (786) 594-4741.

WE NEED YOU!

There is so much work to be done! We have a number of projects that need great volunteers, and now is a great time to get involved with Planned Parenthood.

Community service hours available. To get started [click here](#) and we'll be in touch.

Share Your Story

Whether you're a patient, donor, volunteer, or all three, please speak out and share your story about the importance of Planned Parenthood and reproductive rights. Has Planned Parenthood made a difference in your life? Please share your story with us, so we can share it with the world. Your privacy is guaranteed, and your story can be submitted anonymously. Please, [click here](#) to let us know what kind of impact Planned Parenthood has had on your life.

The Planned Parenthood Team

Summer and Fall 2010 Interns

Planned Parenthood is still accepting applications for our Summer 2010 internship programs in Miami and West Palm Beach. Interns will assist the Public Affairs Department in achieving its grassroots organizing and legislative goals. [Click here](#) for more information and application instructions.

We're Hiring

At Planned Parenthood, our most important resource is our people. Our dedicated staff and interns serve the local South Florida community every day. [Click here](#) to learn more about local employment opportunities.

For up to date information on Events and Health Center Specials join us on [Facebook](#), [MySpace](#), and visit our [Homepage](#).

Visit the web address below to tell your friends about Planned Parenthood of South Florida and the Treasure Coast.

 [Tell-a-friend!](#)

If you received this message from a friend, you can [sign up for Florida Association of Planned Parenthood Affiliates](#).

To update your account settings, please [click here](#). If you would like to unsubscribe from FAPPA [click here](#).



visit plannedparenthood.org

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