



THE PROVIDER

SUMMER 2008

Planned Parenthood of Southeast Iowa's Annual Dinner



Christie Vilsack

Planned Parenthood of Southeast Iowa's Annual Dinner was held on Thursday, May 1st at the Comfort Inn and Suites in Burlington. The featured speaker was Christie Vilsack, CEO of the Iowa Initiative.

According to the Iowa Initiative website, "The Iowa Initiative aims to reduce the high level of unintended pregnancies among women in our state by expanding knowledge about pregnancy prevention and increasing access to contraception. We are also encouraging the State to invest in preventing unintended pregnancy by making access to information and appropriate care readily available. Half

of all pregnancies in the United States are unintended, one of the highest levels in the developed world." To learn more, visit www.iowainitiative.org.

The event was also an opportunity to recognize the dedicated staff of PPSI, who has served a combined total of over 175 years! Special recognition was given to Lisa Prewitt for her 12 years of dedication, Karen Stalzer for 15 years, Lisa Heisdorffer for 19 years, Cherry Klein for 24 years, and to Kim Riddle, for 25 years.

Proceeds from the dinner benefited PPSI's Endowment Fund.



The Planned Parenthood Clinic in Fort Madison is now located at 2201 Avenue H.

Ft. Madison Clinic Makes a Move

PPSI celebrated Valentine's Day in style this year! On February 13, Planned Parenthood staff, Board members, and supporters gathered at the new Ft. Madison clinic location to enjoy a candy hearts themed Open House. Clinic tours were provided and door prizes given out. Becky Godfrey, Property Manager, says, "I believe clients will enjoy the larger, more efficient, more modern space, convenient parking, and handicapped accessibility." Special thanks go to Carol Greiner for baking her wonderful sugar cookies and to Gary McVey for partnering with PPSI to make this move possible.

The new clinic is centrally located at 2201 Ave. H and the phone number is 372-1130. Stop by and check them out!

Keokuk Clinic Relocates

PPSI's Keokuk clinic opened in their new location on May 29. The clinic is now located in the Professional Building next to the Keokuk Hospital. The new location offers ground level access for our clients, lots of parking and additional exam rooms. The move is just in time for PPSI's expanded Saturday hours. The Keokuk and Burlington clinics will now be open from 8 a.m. - 1 p.m. on two Saturdays each month.

The new clinic is located at 1626 Morgan Street. The phone number is 524-2759. New patients are welcome!



The Planned Parenthood Clinic in Keokuk is now located at 1626 Morgan Street.

PPSI is Pleased to Announce the Addition of Five New Employees to Our Team



Melissa Calvillo

Melissa Calvillo joins PPSI in a new position as Prevention Specialist in the Burlington clinic. This position was created by a new grant to screen all annual and initial patients with rapid HIV tests. She is responsible for giving test results and providing patient education on HIV and STD prevention as well as contraception. Melissa holds a BS in psychology from the University of Illinois and is a certified Family Development Specialist. She previously worked with the Department of Human Services.

Originally from Chicago, Melissa lives in rural Illinois with her husband. She enjoys vegetable gardening, cooking, beekeeping, traveling, and being active in her church.



Stacie Holeman

Stacie Holeman began her career at PPSI in December as PPSI Administrative Assistant. She received her degree in Office Administration from SCC. As a single mom to a 17-year-old son, and aunt to six nieces and a nephew, Stacie understands the importance of affordable and confidential health care.

In her free time, Stacie enjoys gardening and tending to her fish pond at her Illinois home. She also enjoys reading.



Sandra Campos

Sandra Campos is PPSI's Income Verification Specialist in Mt. Pleasant and Washington. She was born in Santa Barbara, California but was raised in Washington. Sandra is bi-lingual, speaking English and Spanish fluently.

She enjoys hanging out with her kids, daughter Aliyah (2) and son Josue (3 months), reading and listening to music with them. She is also a fan of Nicholas Sparks books and likes to go dancing on the weekends whenever possible. Sandra appreciates the wonderful co-workers she has and is happy she is able to help clients with their health care needs.



Linda Davis

Linda Davis is PPSI's new Traveling Waiver Assistant. She started with Planned Parenthood in April. Linda previously spent 17 years with Keokuk Area Hospital and Montebello Manor Nursing Home before that.

She and her husband Terry live in Keokuk. They have three children, Luke, Lance, and Nikkea, and a beautiful grand-daughter, Leah. Linda enjoys gardening, and raises York-Shi dogs, cockatiels, zebra finches, and doves.



Lindsey Wilson

Lindsey Wilson is the newest PPSI employee and works as a Traveling Waiver Assistant. She lives with her two-year-old daughter, Jaylin, in West Burlington. Lindsey received her Medical Assistant degree from SCC. She is kept busy with her daughter and enjoys spending time with family and friends.

“One person can make a difference--- and every person must try” ---- John F. Kennedy

Planned Parenthood of Southeast Iowa depends on the talents of volunteers to make the mission happen. Opportunities abound in both our administration offices and clinics ranging from routine office work and billing, to voter registration and lobbying, to cleaning and yard work! **Our volunteers are our greatest asset!** Whether you are young or old or in-between PPSI can utilize your time and talents.

Other volunteer opportunities include serving on the PPSI

Board of Directors, providing community input and assisting in setting agency goals. PPSI also has several active committees that are volunteer-driven. Currently, there are openings on the education, fundraising, and marketing committees. The Washington Council is another group of outstanding volunteers. This group organizes fundraisers and educational programs in the Washington county area. Many of the volunteers serving on this council have been PPSI volunteers for over 30 years, and they are always interested in recruiting new members!

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Legislative Update: A Message From the CEO

The second session of the 82nd General Assembly of the Iowa Legislature finished on a high note for family planning.

The Healthy Families Project started early in 2008 to bring attention to over 100,000 women in Iowa who do not receive the reproductive health services they need because they cannot afford them. The state of Iowa currently ranks 43rd in family planning spending. The only state money currently used for family planning is Medicaid.

The coalition was successful in moving a bill to appropriate \$750,000 for family planning services and \$200,000 for Pregnancy Counseling Programs. Thank you to everyone for your help in contacting your legislators on this important issue!

The HPV Vaccine Insurance Coverage bill also passed. This legislation mandates that insurance plans that cover vaccines must cover the HPV vaccine. Studies have shown that the HPV virus is responsible for 70% of cervical cancer cases so this bill will save money and women's lives.

An Iowa Department of Public Health bill was approved that allows for Expedited Partner Therapy for Chlamydia and Gonorrhea. This bill gives the state more options in treating partners of someone with an STD. The bill also contains language on minor's consenting for STD prevention.

The Health Care Reform bill now contains Medical Home language that protects women seeking confidential family planning services.

Planned Parenthood of Southeast Iowa staff and volunteers joined 100 other family planning staff and supporters in Des Moines for Lobby Day this spring. Having a supportive Governor and Statehouse truly made a difference this year.

It's never too late to sign up for the Healthy Families Project (or Get Active) so you receive up-to-date information on Family Planning and Reproductive Health issues. Visit www.plannedparenthood.org/ppsi today to learn more!

Cherry Klein: CEO

Education Update from Tanya Moore, Education Director

The PPSI education department has been busy the last few months! In November, we brought the AIDS Memorial Quilt to Burlington and several hundred people, including many students from surrounding high schools and a group from Kirkwood Community College, came to experience it.

Alejandra Rebolledo, Community Educator/Hispanic Outreach, and I have been busy teaching all over Southeast Iowa, including new programs at Winfield-Mt. Union and Wapello schools. We are continuing our classes at the Lee County Juvenile Detention Center twice a month, the Mount Pleasant Correctional Facility every three months, and have started a series class with the Nest of Columbus Junction for its Spanish-speaking members. Girl Talk in Ft. Madison and Burlington this spring was very successful! From interest at the Burlington Girl Talk, we have started a "Mom Talk" group that will meet once a month and is just for parents or guardians to come and talk about issues around raising sexually healthy children. We also had a table at Band Jam 2008 and the Super Woman event at Westland Mall in West Burlington.

I presented at the Governor's Conference on LGBT Youth with a program on "Body Image and GLBT Individuals". My session was attended by around 45 people and the reviews were great. I presented at the PPFA National Conference during the education affinity day regarding the use of the Extranet and Technology in helping educators share resources and I'm also a member of the workgroup that includes other educators, clinic administrators and staff, and national PPFA staff in re-designing the PPFA webpage to allow for a more unified appearance.

Alejandra and I have been asked to present at the Drawing Water from a Deeper Well Conference in July. This conference is a national conference for health educators, social workers, sexuality educators, nurses, and teachers. We will be presenting on how to work effectively with interpreters in sexuality education sessions.

The education department is also working on several grants HIV education, unplanned pregnancies in 18-25 year olds, and sexuality education, and peer education for Latino women.

For education information, or to arrange for a presentation, please call me at 319-753-6209, ext. 115 or email me at tanya.moore@ppfa.org.

Volunteer Article Continued From Previous Page

Depending on the task, jobs can be one-time only, weekly, monthly or even seasonally. So, whatever time you have to offer can be matched with a volunteer opportunity. Right now help is especially needed in the Keokuk clinic, the Burlington clinic, and the Administrative office in Burlington.

It's simple to volunteer! Contact Becky Godfrey, Volunteer Manager, at 319-753-6209 x117 or email Becky at becky.godfrey@ppfa.org.

Volunteer for Planned Parenthood of Southeast Iowa... You'll be glad you did!

PPSI Staff Attends National Conference

Cherry Klein, Terri Bonar, Tanya Moore, and Ame Lyons attended the Planned Parenthood Federation of America's National Conference during the last week of March. Workshops were given on a variety of topics including cultural competency, customer service skills, medical updates, and Board development. Speakers included PPFA CEO Cecile Richards and 2008 Margaret Sanger Award winner, Dr. Kenneth Edelin. The conference was held in Crystal City, Virginia and attendees were also given the opportunity to tour Capital Hill and visit with legislative staff members.

Burlington • Ft. Madison

Keokuk • Mt. Pleasant

Washington • Wapello

1-800-230-PLAN

www.plannedparenthood.org/ppsi

*Life Offers Choices.
Choose Planned Parenthood.*

Quick facts about HIV:

Planned Parenthood's Burlington clinic has been awarded a grant by the Office of Population Affairs through the Family Planning Council of Iowa to do HIV testing. Rapid HIV testing began in February 2008. In the first three and a half months of the project, 380 women were tested as part of their gynecological exam.

HIV can only be spread in certain ways. The only fluids known to transmit the virus are blood, semen, vaginal secretions, and breast milk. An HIV-positive mother can also give the virus to a child in the womb.

HIV can be contracted through sexual contact and needle sharing during drug use with people that have HIV.

People who are HIV positive can be unaware of their infection and they can have no symptoms for many years. The only way to know you have HIV is to get tested.

There is no vaccine or cure for HIV.

There have been no cases of HIV transmission from casual contact such as hand holding, sharing dishes, or using a public restroom.

The best ways to protect yourself from HIV are to be abstinent from sex and drug use, to be in a faithful sexual relationship with an HIV negative partner, and/or to use condoms for oral, vaginal, and anal sex 100% of the time.

Choice Parking during Snake Alley Art Fair

PPSI will once again be offering *Choice Parking* during the Snake Alley Art Fair on June 15. Cost to park between 7:30 and noon is \$5.00.



All PPSI clinics are now offering Gardasil, the HPV vaccine. HPV is responsible for 70% of all cases of cervical cancer. The vaccine is recommended for all young women ages 11-26. Visit Planned Parenthood on the web to learn more!

www.plannedparenthood.org/ppsi

Planned Parenthood of Southeast Iowa Wish List

The Keokuk Clinic needs a volunteer for clerical help. A couple of hours once in a while would be a huge help! Please contact Becky at 319-753-6209 or Kim Riddle at 319-524-2759.

Wish list:

- Cleaning supplies (glass cleaner, Comet, liquid concentrate like Spic and Span, and spray cleaner)
- Sponge mops with replacement heads
- Brooms with dustpans
- Dehumidifier or air purifier
- Two and four drawer file cabinets