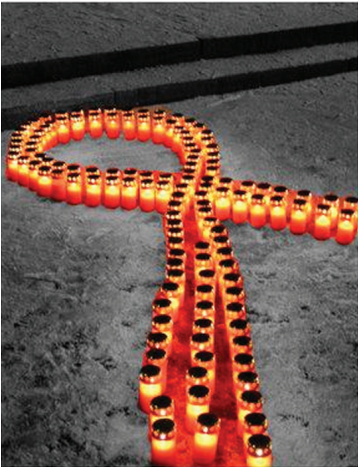




# THE PROVIDER

FALL 2007

## The AIDS Memorial Quilt is Coming to Burlington



PPSI, as part of the Des Moines County HIV/AIDS Substance Abuse Prevention Coalition, GRADE A Plus, The NAMES Project, Burlington Human Rights Commission, Des Moines County Red Cross, The Unitarian Universalist Congregation in Burlington, SCC West Burlington Student Board, The Des Moines County Public Health Department, the SE Iowa Adolescent Pregnancy Prevention Coalition, and others are proud to bring this moving tribute to Burlington.

The AIDS Memorial Quilt is comprised of more than 47,000 panels (12 x 12 each) and over 99,000 names, and is the largest piece of community art in the world. It is a living memorial to those who fought and lived courageously with HIV/AIDS. The Quilt's message is universal and has called upon the world to respond to AIDS with compassion and resolve. Each panel tells a story about someone affected by the virus allowing for education about HIV/AIDS through pictures and words. Twenty-five panels will be coming to Burlington.

PPSI invites you to view this amazing work of love, respect, and remembrance. Other times are available by appointment. Group tours are also available.

**Monday Nov. 26: 10am - 6pm**  
**Tuesday Nov. 27: 10am - 8pm**  
**Wednesday Nov. 28: 10am - 8pm**  
**Burlington Memorial Auditorium**

*If you are interested in becoming a sponsor of the event and/or volunteering please call Tanya Moore at 319-753-6209, ext 115.*

## PPSI receives Grant from the National Minority AIDS Council

PPSI was privileged to receive a grant from the National Minority AIDS Council (NMAC) that will allow patients more access to educational and reproductive health information. NMAC has given PPSI a new computer system that will be placed in the waiting room of the Burlington clinic. The computer will have pre-set health and education websites that will allow clients to look for more information about HIV, sexually transmitted infections, birth control, healthy relationships, puberty, and general reproductive health. PPSI feels that adding this component to their services will allow clients to receive all the information they need in a safe and confidential manner.

Also as part of the grant, NMAC will be sending Tanya Moore, Education Coordinator, to the United States Conference on AIDS. During the conference Tanya will receive training through the National Library.

PPSI is honored to have received this grant that will enable Planned Parenthood clients to gain valuable information about their health.

## *Celebrating Phyllis Carter*

We feel honored to have known Phyllis Carter. It was inspiring to be in the presence of a woman who cared so deeply for her community and worked tirelessly to make it a better place in which to live. We loved Phyllis because she was stalwart--she knew exactly how she felt about issues and never wavered. She was the kind of board member who always listened carefully, asked fair questions and was most often a voice of reason.

Phyllis passed away on May 19, 2007 after an extended illness. She served on the Planned Parenthood of Southeast Iowa Washington Council for many years. She was instrumental in organizing the annual book sale, donating endless hours of her time to call PPSI supporters, sort books, contact volunteers, and work at the sale. And when Phonathon time came around each spring, Phyllis was always willing to spend a Sunday evening at our Washington clinic, making phone calls to donors in the area, asking them to consider making a contribution to PPSI during the upcoming year. As a longtime teacher, Phyllis understood the importance of educating youth about their bodies, health and sexuality. She was a strong supporter of PPSI's Girl Talk program and always made sure the program was presented in the Washington area each year.

An inspiration to us all, Phyllis Carter will be greatly missed.

## PPSI is Pleased to Announce the Addition of Seven New Employees to Our Team



*Becky Godfrey*

Becky Godfrey will serve as the Volunteer/Outreach/Property Manager, a position that is new at PPSI. Her duties include coordinating volunteers, supervising the Outreach staff, and taking care of the facilities at all six of our locations.

Becky came to Iowa from Pittsburgh, Pennsylvania to attend Iowa State University. After receiving a degree in Landscape Architecture, she worked briefly as a Land Planner in Ames before moving to SE Iowa. Becky worked for over 25 years for the Girl Scouts as Outdoor Program and Property Director and Director of Camp L-Kee-Ta. She and her husband Gregg have a daughter, Elaine, who is a freshman at West Burlington High School. In her free time, Becky enjoys volunteering on the 8th Judicial District Foster Care Review Board for Des Moines County. She also enjoys being the leader of an active Senior Girl Scout troop.



*Terri Bonar*

Terri Bonar, Community Relations Coordinator, comes to PPSI from Southeastern Community College. Terri will manage the marketing and fundraising activities of PPSI and also work with public relations. She has a Management degree from Iowa Wesleyan College.

Terri has two children, Dustin and Mallory, both in college. She enjoys travel and college basketball, especially the SCC Black Hawks. She is on the board of Iowa Sister States and the Black Hawk Booster Club and is also President of the Burlington Sister Cities Committee.



*Anastacia Cowles*

Anastacia Cowles joins PPSI as a Nurse Practitioner. She has worked for Planned Parenthood in New York State and Northern New England and is also a certified midwife, assisting in over 1,000 home births. Anastacia has more than 25 years of experience in women's health and also spent five years in primary care serving patients with HIV. Born in Ames, Anastacia moved to Burlington as a small child. She moved back to Burlington this year to be closer to her parents and lives next door to them with her nine-year-old daughter. Her husband remained behind in New York but is slowly considering the prospect of joining Anastacia and Dominique here in Iowa.

Anastacia is a vegetarian who enjoys hiking, gardening, canoeing, and meditation.



*Tania Leyva*

Tania Leyva is the waiver assistant for Washington and Mt. Pleasant. She is a graduate of Columbus Junction High School and plans to continue her education by starting an Administrative Assistant program in January. She enjoys the comfortable environment of Planned Parenthood and is happy she can help both the English and Spanish speaking population find quality health care.

*continued on next page*

## Three Year HIV Grant Awarded to PPSI!

The Office of Population Affairs and the Family Planning Council of Iowa have awarded PPSI a three-year HIV integration grant. The purpose of the project is to integrate HIV testing into routine health care services while assisting clients in lowering their risks for all sexually transmitted infections. Des Moines County was chosen because of the high rate of sexually transmitted infections already identified and it is expected that PPSI will see a number of undiagnosed HIV+ clients. Nurse Practitioner Anastacia Cowles will serve as Project Director. She will be joined by Cindy Ritz, clinic medical assistant and a soon-to-be-hired Prevention Specialist. Staff training will include cultural competency and behavioral change, along with the ABC HIV preven-

tion/risk reduction message. The new rapid tests will ensure that all clients receive their results before leaving the clinic.

PPSI is on the cutting edge with this program, following the mandates of the Centers for Disease Control that state "HIV screening is recommended for patients in all health care settings." Heterosexual exposure continues to grow as the major transmission risk factor of HIV. There are, on average, 125 new HIV diagnoses a year in Iowa. Unfortunately the percentage of Iowans reporting ever being tested for HIV is going down. PPSI will change all of this in 2008!

## Every Child A Wanted Child: A Message From the CEO

Planned Parenthood's mission has always been associated with the desire that children should be planned, wanted, and loved. Finding the tools to turn our aspirations into reality is often challenging.

Earlier this year, I was invited to participate in an advisory capacity for a new initiative aimed at reducing unintended pregnancy in the State of Iowa. The Iowa Initiative will be developing intervention and demonstration projects across the state. A room full of committed individuals was asked for input on the challenges facing Iowa in the area of unintended pregnancy. Prior to the meeting, participants reviewed information from the Iowa Barriers to Prenatal Care Project which shows that in Lee, Henry and Des Moines counties, 41 – 46% of all live births are unintended. Although I work with data and statistics every day, it still amazes me when I'm reminded that nearly half of every pregnancy in the U.S. is unintended.

This summer PPSI was notified that we are a recipient of a grant from the Iowa Initiative that will allow us to begin some intensive work to attempt to impact the numbers in southeast Iowa. During the first year we have chosen to focus on outreach in our communities. We've been able to add staff that will be working in their communities to promote the benefits of reproductive health care and birth control. We'll also be examining ways to improve our clinics and services so they better meet the needs of our patients.

Planned Parenthood of Southeast Iowa has always worked to make our services accessible and affordable for the people that

need them. This new grant will enable us to increase the use of long-term reversible methods of contraception by providing these devices at no cost to patients who otherwise would be unable to afford them. Implanon (the new insert), Paraguard and Mirena (intrauterine devices) are long term methods now available at all PPSI clinics. These methods offer contraception that is over 99% effective for 3 – 10 years. All of our Nurse Practitioners are now trained in insertion.

I'm sure you can imagine that this has been a very exciting fall at PPSI with these new programs! In September we were able to spend a week training six new staff people at the same time. The energy and enthusiasm motivated all of us again. We realized that we truly have an opportunity to assist any woman who comes to PPSI in getting the most effective birth control available and making it affordable. We're a few steps closer to making Every Child a Wanted Child.

*PPSI CEO  
Cherry Klein*



### Planned Parenthood Online

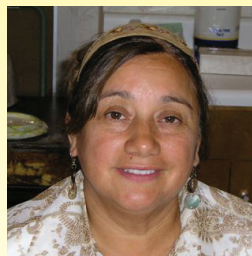
Planned Parenthood of Southeast Iowa has joined PPFA's website network, Planned Parenthood Online (PPOL) PPFA has done extensive research on web design and usability. Some of the exciting new features to watch for include requesting an appointment online and online donation capability. This is a great opportunity for PPSI to gain visibility on the web. You can now visit us online at [www.plannedparenthood.org/ppsi](http://www.plannedparenthood.org/ppsi).

### New Employees *Continued*



*Amanda Kaiser*

Amanda Kaiser is the new Outreach staff person in Lee County. She has a BS from Quincy University and an MBA with a Marketing focus from Western Illinois University. She previously worked at Keokuk's Hoerner YMCA as the Financial and Marketing Director. Amanda lives in Keokuk and she enjoys cooking, shopping, music, and cars. She feels there is a need in Lee County for additional sexuality education and hopes that her work there will reduce the rate of unintended pregnancies and STIs.



*Maria Mellado*

Maria Mellado will serve as Outreach staff to both Henry and Washington counties. She was born in Santiago, Chile and has lived in the United States since 1985. Maria has an MA in Spanish Language and Literature from the University of Iowa and has taught at Iowa Wesleyan College and Ft. Madison High School. She has a 15 year old son, Mario, and enjoys singing and playing the guitar with friends. Maria also hosts and produces a Spanish radio program on KILJ in Mt. Pleasant.

Maria joined Planned Parenthood because she wanted the opportunity to help Hispanic women with their health care needs.



*Alejandra Rebolledo*

Alejandra Rebolledo, Des Moines County Outreach staff and part-time educator, was born in Mexico City. She holds a BS in Bio-analysis from Universidad Veracruzana and a BS in Microbiology from the University of Iowa. Her experience working in laboratory hospitals led to her interest in preventing unplanned pregnancies and sexually transmitted infections. Alejandra will help clinic patients that have limited English skills and will reach out to Hispanic clients by teaching classes and workshops.

Alejandra is married and has two sons. She sings in a Latin band and enjoys exercise, listening to music, reading to her sons, and going to movies with her husband.

Burlington • Ft. Madison

Keokuk • Mt. Pleasant

Washington • Wapello

**1-800-230-PLAN**

[www.plannedparenthood.org/ppsi](http://www.plannedparenthood.org/ppsi)

*Caring, Private,  
Confidential,  
Affordable!*

### *When you volunteer...*

- You are in the company of 109 million Americans who volunteer an average of 3.5 hours per week.
- You are being socially responsible for the community in which you live.
- You are fulfilling your personal needs to serve, to belong, to gain knowledge and to make use of your time and talents.

***PPSI would love to have YOU volunteer! Check out our volunteer opportunities by calling Becky Godfrey @ (319) 753-6209, ext 117.***

### *The 2007 Washington Book Sale*

was held October 10-12 at the Washington County Fairgrounds. Once more, the Washington Council of Planned Parenthood put on a fantastic event, drawing customers from across the southeast Iowa region. The book sale has become an institution in Washington, raising thousands of dollars over the years to benefit women's health care in that area. Congratulations and THANK YOU to all the volunteers who make the sale such a success!

### *Giving Opportunities...*

Planned Parenthood depends on the generosity of its donors to do the work we are committed to: raising education and awareness levels so unintended pregnancies and sexually transmitted infections are reduced. Every donation, no matter what size, brings us one step closer to our goal! To learn more about giving opportunities, please contact Terri Bonar at 319-753-6209, ext. 105 or email at [terri.bonar@ppfa.org](mailto:terri.bonar@ppfa.org). Thank you!

### *Planned Parenthood of Southeast Iowa Wish List*

There are so many ways to support your Planned Parenthood! If you would like to donate things on the wish list or the funds to obtain them, please contact Becky Godfrey, Property Manager at [becky.godfrey@ppfa.org](mailto:becky.godfrey@ppfa.org) or 319-753-6209, ext 117.

All items should be nearly new or gently used, please.

- Magazine rack that can be mounted on the wall
- Two and four-drawer file cabinet
- Dehumidifier and/or air purifier
- Cleaning supplies (glass cleaner, comet, liquid concentrate like spic and span, and spray cleaner like Clorox)
- Sponge mop with 12 extra mop heads
- Broom and dust pan
- New office chairs (adjustable and with wheels)
- Large bulletin board that can be mounted on the wall
- Large Rolodex with cards
- End tables for the waiting room
- Bookcase

*Thank you!*