



# Teen Council Application

**A GREAT VOLUNTEER OPPORTUNITY FOR TEENS!**

Planned Parenthood Columbia Willamette (PPCW) is the largest non-profit family planning and reproductive rights organization in Oregon and southwest Washington. Since 1963, PPCW has successfully carried out our mission of providing, promoting and protecting access to reproductive and sexual health care. 95% of patients come for family planning services and 5% for surgical services. Last year we served 59,822 patients, at ten health centers throughout Oregon and SW Washington.

In addition to our clinical services, our Education & Training Department staff and volunteers reach more than 25,000 youth and families with comprehensive sexuality and health education each year. Our education programs positively affect the behaviors that lead to unintended pregnancy among youth. Our Public Affairs Department has built a grass roots network of over 60,000 local supporters, helping retain public support for family planning programs and protect Oregonians from major restrictions on reproductive and sexual health care options.

## **WHAT IS PLANNED PARENTHOOD'S TEEN COUNCIL?**

The Teen Council is a year-long peer education program for teenagers, ages 15 - 18. The young people that make up the Teen Council receive at least 50 hours of training and reach out to their peers, families and communities in formal and informal settings, spreading knowledge and skills to help youth develop healthy sexual attitudes and behaviors.

### **TEEN COUNCIL TEENS WILL:**

- Develop education projects for our community
- Give classroom presentations
- Co-facilitate workshops for parents and families
- Write articles for publications
- Be part of an action research project

Teens are powerful educators & reach their peers in ways that adults could never do!  
We value your time and your contribution!

## **WHAT WILL I GAIN FROM BEING A PART OF TEEN COUNCIL?**

As a member of Teen Council, you will gain valuable leadership skills and important, interesting and up to date information about health and sexuality. The Teen Council is also a fantastic accomplishment to include on college applications or on resumes for employment! We value your commitment and are happy to provide you with documentation for community service hours.

## **WHAT'S THE COMMITMENT?**

If selected, you will...

- Commit to attending our two day training retreat in July/August & all two hour weekly meetings, which consist of training, reporting and program planning.
- Receive training on health education topics; gain leadership skills; work as an advocate (that means working to stand up for the rights of yourself and others); learn about diversity issues and improve your presentation skills.
- Share information with your peers formally and informally through presentations, outreach and other education projects!

## **WHO CAN APPLY?**

In order to apply, you must be...

- Age 15-18
- Responsible, reliable and dependable
- Able to attend all trainings, events and meetings
- Excited to work with other teens who may be different from you
- Dedicated to improving access to high-quality, comprehensive sexuality and health education for teens
- In addition, you must have signed the service commitment and have your parent or guardian to sign the consent form

## **HOW DO I APPLY?**

Step 1. Fill out this application and return it to the Teen Council Coordinator:

*Planned Parenthood Columbia Willamette  
ATTN: Teen Council Coordinator  
3531 NE 15th Ave., Suite C  
Portland, OR 97212*

Step 2. We will contact you for an interview.

Step 3. We can only select 12 leaders, although we have opportunities for everyone to be involved. We will make decisions and notify you in early summer.

## **CONTACT US:**

If you need any help with the application or if you have any questions, feel free to contact the Teen Council Coordinator at:

PHONE: 503.775.4931 x6

EMAIL: [education@ppcw.org](mailto:education@ppcw.org)

***Thanks for applying and good luck!***



# Teen Council Service Commitment

I \_\_\_\_\_ understand the time commitment involved in being a part of Planned Parenthood's Teen Council. I can commit to:

- Attend our retreat and all meetings and trainings.
- Arrive at each meeting or training on time and physically and mentally prepared.
- Serve as a resource for my peers and community.
- Fulfill my obligations for the projects we commit to.
- Fulfill my obligations to school and family. Notify Teen Council Coordinator if I am not excelling in school; make arrangements to prioritize that.
- Complete all necessary paperwork related to our project, including logging number of peers reached and doing evaluations for workshops.
- Represent myself and other teens in order to develop and provide great health education through Planned Parenthood.
- Treat myself and my peers with respect and honor everyone's time and contribution.
- Value myself as an equal partner in program development.

In return for this, Teen Council's Coordinator commits to:

- Lead the retreat and the meetings and trainings in ways that are creative, fun and real.
- Arrive at each meeting or training early and physically and mentally prepared to train you on: health education topics; leadership skills; advocacy (that means working to stand up for the rights of yourself and others); program development; diversity issues and presentation skills.
- Answer questions as honestly as possible.
- Support you in prioritizing school, family and self-care commitments.
- Provide you with safe and challenging opportunities for growth.
- Treat you with respect and honor your time and contribution.
- Value you as an equal partner in program development.

Signed \_\_\_\_\_ Date \_\_\_\_\_

If you are under 18...

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



# Teen Council Application

RETURN TO YOUR LOCAL PLANNED PARENTHOOD

Name \_\_\_\_\_

Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Alternate Phone Number \_\_\_\_\_

Email \_\_\_\_\_

***Why are you interested in becoming a Peer Educator?***

***What are three qualities that you will bring to Teen Council?***

***What is your experience working with diverse groups of people?***

***What do you think are the biggest health and sexuality issues or concerns for teens?***

***What other extracurricular activities and commitments are you involved with?***

(PLEASE BE AS SPECIFIC AS POSSIBLE, FOR EXAMPLE: TRACK, DRAMA, BAND, DANCE, IB PROGRAM)

***How did you hear about Teen Council?***

