

September/October/November 2011

Since 1938, Planned Parenthood of the Texas Capital Region has served as a trusted, nonprofit provider of high-quality, affordable reproductive health care in the Austin area. Today, Planned Parenthood provides valuable education and preventive health care services to more than 33,000 clients in Austin each year.

Planned Parenthood Teens Develop Leadership Skills



Planned Parenthood health educators Cynthia Brown and Janet Punch with teens in D. C. From left to right-Shalnora Worlds, Cynthia Brown, Anais Cruz, Mariah Rodriguez, Megan Jones, and Janet Punch.

Planned Parenthood partnered with the City of Austin Youth Employment Program to provide employment and opportunities for teen participants to learn valuable health, education, communication, and decision-making skills. The teens created presentations on sexual health and healthy decision-making while practicing important skills like public speaking, writing, and leading group activities.

In July, four of Planned Parenthood's teen peer educators earned a trip to Washington D.C. for Planned Parenthood's Policy Summit. The Austin teens met with legislative staff at the U.S. Capitol and attended workshops along with 400 other teens from across the country to learn how to make a difference in their community as young leaders.

Planned Parenthood Explores Growth in Waco

The Boards of Planned Parenthood in Austin and Waco approved a management agreement that directs Planned Parenthood Austin's senior staff to manage the Waco Planned Parenthood and to evaluate a potential merger for the two nonprofits in 2012. These plans have been underway for several months and are now officially moving forward.

This agreement will strengthen Planned Parenthood's ability to provide health and education services to more than 45,000 central Texans each year. The plans to merge would place Planned Parenthood in a strong position to continue meeting the needs of women, men and families in central Texas with high-quality health care and education services.

If merged, the combined \$11 million nonprofit would be positioned to expand its impact in central Texas and

continue to focus on efficiency and quality care. In the meantime, Planned Parenthood in Austin and Waco will continue to be guided by separate Boards of Directors.

More than ever, our communities rely on Planned Parenthood to provide quality health care and education to uninsured Texans. The current political attacks on Planned Parenthood have only deepened Planned Parenthood's commitment to continued growth and ability to provide health care and education to the 45,000 central Texans who depend on us.

Planned Parenthood has been a key part of the community safety net in both Austin and Waco for more than 70 years and is committed to continuing to serve this vital role in the decades ahead.

the
choice
for
generations
2011 Dinner with Anna Quindlen

**TICKETS ARE
ON SALE NOW!**

Planned Parenthood's annual *Choice for Generations Dinner* will be held at the Renaissance Austin Hotel on Sunday, November 6, 2011. Individual tickets are \$300 and table sponsorships begin at \$3,000. The event includes dinner and keynote address by Pulitzer Prize-winning journalist, Anna Quindlen. Doors open at 5 p.m. and dinner will begin promptly at 6 p.m. To purchase tickets or a sponsorship, visit ppaustin.org or call Cyndi Hughes at 512-276-8081.

Support for the 2011 *Choice for Generations Dinner*, Planned Parenthood's signature annual benefit, makes it possible for Planned Parenthood to provide high quality health care and education to more than 33,000 women, men and adolescents annually at three Austin health centers.

Austinites Stand with Planned Parenthood and Raise Much Needed Funds

As the Texas Legislature targeted Planned Parenthood for defunding, local Austinites stood up and spoke out on behalf of Planned Parenthood's clients and health centers.



Volunteer Monika Cavazos tabling at the Lonely Ladies happy hour.

In April, a fabulous group of Austin women decided to put their old prom dresses to good use – they hosted Austin's first ever *Mom Prom* with proceeds benefiting Planned Parenthood.

In June, talented entrepreneurs hosted *PAUSE*, a fun affair of extreme self-care offering massage therapy, makeovers, and more, with a portion of the proceeds benefiting Planned Parenthood. The event was a great way get pampered and support a great cause.

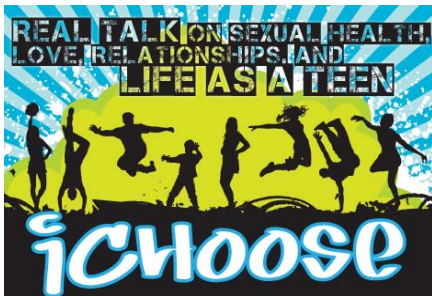
In July, the Lonely Ladies, a female artist collective, hosted a benefit for Planned Parenthood at The Volstead, a new bar on East 6th Street. The event featured music by local DJs, dancing, a trunk show, and much more.

Combined, these three events raised more than \$3,000 to help Planned Parenthood continue to provide low cost health care and educational services in the Austin community. Thank you!

Special thank you to Meghan Dodds from the Lonely Ladies, Megan Le Fey, Paige Burton, Fiona Robinson, and Randi Southard from *PAUSE*, and Rebecca Frazier-Smith, and her goddess crew of special helpers from *Mom Prom* for organizing the events.

If you would like to host an event to benefit Planned Parenthood, please contact Meghan Jones at meghan.jones@ppaustin.org or 512-276-8061.

Teen Summit Helps Promote Healthy Teens



On June 14, Austin teens participated in the 4th annual iChoose Teen Summit on sexual health. Teens took part in workshops on topics ranging from dating and healthy relationships to body image, sexual health, and abstinence.

This year's summit also offered teachers, social workers and other youth service providers an exciting opportunity to improve their training skills and receive CEU credits. Workshop seminars included: Understanding Fragile Families; Enhancing Group Facilitation Skills; Adolescent Development; The State of Teen Pregnancy in Texas and Austin; Ethical and Legal Issues in Working with Youth; and Empowering Youth to Find their Spark.

Austin Launches Parent Awareness Campaign

To help address Texas' high teen pregnancy rates, Planned Parenthood, the City of Austin, and other nonprofits created and launched a series of public service announcements and a *Parent Text* campaign to raise awareness of the important role of parents in helping keep teens safe, healthy, and pregnancy free. The goal of the program is to increase parents' communication with their kids about important issues related to sexual health and relationships. The Text campaign will serve as a way for parents to access information and local resources now that teens no longer need "the talk", but instead a conversation to help them stay safe and healthy. If you have a question please text ATXParent to 36263.

Planned Parenthood a Finalist for Austin Chamber Award



Planned Parenthood was selected as a nonprofit finalist for the 2011 Austin Chamber of Commerce

Business Awards for "Community Relations." The annual Business Awards recognize Austin-area businesses and nonprofits for their outstanding accomplishments and services to the community.

Thank You, Laramie and Good Luck!



Laramie Gorbett

Laramie Gorbett, Executive Director of *Empower Art* and long time Planned Parenthood volunteer, will be traveling to Uganda to partner with a humanitarian organization called *Hope of Children and Women Victims of Violence*.

Laramie will be working with women and children who have left their homes and country because of unimaginable violence and trauma. She will be facilitating workshops dedicated to hope and healing through art.

Thank you, Laramie, for all your support and dedication to Planned Parenthood. We are so grateful for your support of women's health and we wish you the best in your new role.



Planned Parenthood is the nation's leading and most trusted sexual and reproductive health care provider.
www.ppaustin.org