



Since 1938, Planned Parenthood of the Texas Capital Region has served as a trusted, nonprofit provider of high-quality, affordable reproductive health care in the Austin area. Planned Parenthood's three clinics provide valuable education and preventive health care services to more than 26,000 clients in Austin each year.

2008 PUBLIC AFFAIRS DINNER TO FEATURE LILY TOMLIN



We are delighted to announce that legendary actress and comedienne, Lily Tomlin, will be our featured guest for the 2008 Public Affairs Dinner: The Choice For Generations on September 28. We look forward to having you join us for a truly memorable evening.

This year's event will celebrate Planned Parenthood's 70 years of service in Austin, and will be held on Sunday, September 28 at the Hilton Austin Hotel.

The program will feature *A Conversation with Lily Tomlin* and our Master of Ceremonies will be Evan Smith, Editor of *Texas Monthly*. We will also have an exciting live auction with fantastic items.

**the
choice
for
generations**

The Public Affairs Dinner is Planned Parenthood's largest fundraising event of the year, supporting the operation of our three clinics in Austin. We hope to surpass last year's record, raising more than \$350,000 for our much-needed services. If you are interested in sponsoring a table, please contact Deirdre Anderson, Director of Development at 276-8066 or deirdre.anderson@ppaustin.org. You may also visit www.ppaustin.org for more information.

Planned Parenthood in New York City

In May, Planned Parenthood staff joined with more than 200 women's health professionals and advocates from over 30 cities to attend the Urban Initiative for Reproductive Health Summit in New York City.

The Austin delegation included Ann Kitchen, former state legislator and Executive Director of the Indigent Care Collaboration, Stephanie Freedman of the City of Austin's Health and Human Services Department, Laurie Felker Jones of NARAL Pro-Choice Texas, and Sarah Wheat, VP Community Affairs, Planned Parenthood in Austin.

The conference kicked off with a welcome reception hosted by NYC Mayor Michael Bloomberg. The purpose of the conference was to highlight successful initiatives improving reproductive health care in cities across the U.S. and to share best practices among health care professionals.

Clients Celebrate with \$.70 Birth Control

Planned Parenthood hosted a "client appreciation day" on June 21 in honor of Planned Parenthood's 70th anniversary. Cupcakes, balloons, and goodie bags were handed out, along with \$.70 birth control packs for clients with a prescription. More than 130 clients took advantage of the \$.70 birth control packs. The festive day was enjoyed by everyone, with one attendee declaring, Planned Parenthood is "awesome."

Teen Summit Educates Austin Teens

Planned Parenthood, the City of Austin, Travis County, Lifeworks, and many other local organizations hosted a city-wide summit for teenagers and their parents on Thursday, June 26 at the University of Texas (UT) at Austin. The summit was entitled, "iChoose: Real Talk on Sexual Health."

Approximately 115 teens participated in skill-building workshops that focused on abstinence, communication skills, healthy relationships, reproductive anatomy, teen parenting, and other topics.

According to participant Candice Garza, "This summit helped teens learn about different choices they can make to keep them healthy." Many teens already know classmates who have been pregnant. Participant Michael Anderson said, "Maybe if they knew all their options and that there were people out there to support their decisions they could have made healthier decisions." Participants had a great time in interactive workshops and enjoyed music provided by *The Beat* radio, while learning important lessons about their sexual health.



Downtown Clinic Reception a Success

As part of a year-long 70th birthday celebration, Planned Parenthood's Downtown Clinic hosted a festive birthday reception featuring photographer, Lesley Nowlin in May. Nowlin's captivating black and white photographs are now permanently on display in the clinic. Urban artist Nate Nordstrom, who recently created an original "Keeping Austin Healthy" graffiti mural in the clinic parking lot, also attended. The reception provided guests the opportunity to view Nowlin's photographs, tour with clinic staff, meet with elected officials in attendance, and learn about the clinic's health care services and education initiatives.



(left to right) State Representatives Donna Howard, Mark Strama, Eddie Rodriguez and Valinda Bolton; Planned Parenthood Board Member Mandy Dealey with State Representative Elliott Naishtat; Kat Nowlin, Planned Parenthood CEO Ken Lambrecht, Bettye Nowlin and photographer Lesley Nowlin.

Thank You, Ashley, Public Affairs Intern!



Ashley Harrington

This past year, Ashley Harrington served as a Public Affairs intern at Planned Parenthood. During her internship, Ashley helped at the South Austin Clinic, participated in teen education at the Downtown Clinic and helped with research and other Public Affairs initiatives.

Her favorite aspect of the internship was helping educate young people about their health. Ashley shared, "I loved having face-to-face time with actual patients of Planned Parenthood...it felt really good to be giving teens accurate information that could lead to healthier lives."

This fall, Ashley begins medical school at the University of Texas Health Science Center at San Antonio. We wish Ashley lots of success in her studies, and look forward to the wonderful contributions she'll make as a physician.

A Gift For Life – Partner for the Future

For Ellen Davis, Planned Parenthood has been an important part of her life for a long time. "Planned Parenthood has followed

the trail of my life so far," she said. As a college student in Vermont in the late 1960s, she went to Planned Parenthood for birth control pills. In Philadelphia in the 1970s, Planned Parenthood provided her with an IUD. In the 1980s, when she chose to become a parent, it was Planned Parenthood that confirmed her pregnancy.

"Contraception, pregnancy testing, regular checkups, checkups when something was wrong — Planned Parenthood has always been there for me, and always with respect and support and without judgment," Ms. Davis said.

As a result, Ms. Davis decided to make a very special gift to Planned Parenthood. She revised her estate plans to include Planned Parenthood in her will.

She credits Planned Parenthood with being at the core of the issues she cares about the most: freedom of choice, HIV prevention, enabling families to limit their size, and helping young people come of age with autonomy and responsibility.

"I want contraception finally to become completely mainstream, as mundane as aspirin, if you choose to take it," Ms. Davis said. "That wasn't my experience when I was young. I want my gift to help other women (and men) have the tools they need to live the kind of life they want."

Planned Parenthood of the Texas Capital

Region would be honored and grateful to be remembered in your will or estate plans. You can become a founding member of our *Partners for the Future* program by doing so. If you would like information about bequests or other types of planned gifts, please contact Deirdre Anderson, Director of Development, at (512) 276-8066.

Breast Health Exams Available at Planned Parenthood

Planned Parenthood is partnering with the Austin Affiliate of Susan G. Komen for the Cure to offer breast exams for women ages 18 to 34.

Planned Parenthood's three Austin clinics are accepting appointments for prompt and affordable breast evaluation and management services. Services include breast cancer risk assessment, a breast exam, breast education with nutrition and health counseling, a follow-up exam, and referral when needed. An estimated 150 Austin area women are expected to benefit from these services in 2008.

