

Books for Children

J612.6/Har 1999 *Harris, Robie*
It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families
All the embarrassing questions, from the biological differences between boys and girls to how babies are made, are thoroughly answered with lively text and accurate drawings.

j612.6/SmI 1997 *Smith, Alastair*
How are Babies Made?
Lift the flaps to find out how eggs are fertilized, what the fetus looks like as it grows, and other basic elements of conception, pregnancy and birth.

j612.63/Bat 2004 *Batten, Mary*
Who Has a Belly Button?
Beautiful illustrations highlight an investigation into the role of belly buttons for a variety of mammals, including cats, whales, and human beings.

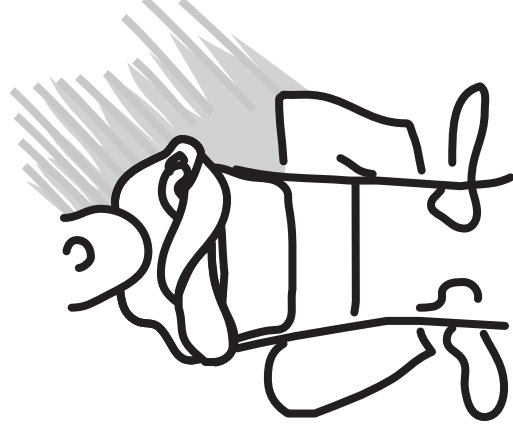
j612.63/Dav 1997 *Davis, Jennifer*
Before You Were Born
Rhyming text and lift-the-flap illustrations enlivens this narrative about pregnancy, as told by a mother to her child.

j613.9/Gre 1998 *Greene, Carol*
Why Boys and Girls are Different
A look at the biological, emotional, and spiritual sameness and difference between boys and girls, related from a religious viewpoint.

j649.65/Bro 1997 *Brown, Laurie Krasny*
What's the Big Secret?: Talking About Sex with Boys and Girls
Whimsical pictures illustrate the physical attributes of boys and girls, how babies are conceived, and other hard-to-discuss issues about sex.

j649.65/Git 1995 *Gitchel, Sam*
Let's Talk About...s-e-x: A Read-and-Discuss Guide for People 9 to 12 and Their Parents
The focus is on puberty in this book aimed at creating discussion between pre-teens and their parents.

J649.65/Har 2006 *Harris, Robie H.*
It's NOT the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends
Kids have lots of questions, and this book has lots of answers! The delightful illustrations are accurate and kid-friendly.



Books for Teens

***306.7/Bry 2003**
101 Questions about Sex and Sexuality...with Answers for the Curious, Cautious, and Confused
The many questions in this book were collected from middle and high school students and answered in a matter-of-fact style.

***306.766/Hue 2003**
GLBTQ (Gay, Lesbian, Bisexual, Transgender, Questioning): The Survival Guide for Queer and Questioning Teens
A sympathetic guide to coping with homophobia, same-sex dating, and other issues unique to gay teens.

j612.662/Gra 2006 *Gravelle, Karen*
The Period Book: Everything You Don't Want to Ask (But Need to Know)
Lighthearted but informative look at menstruation, in an easy-to-browse format with line illustrations.

***612.662/Wes 2006** *Weschler, Toni*
Cycle Savvy: The Smart Teen's Guide to the Mysteries of Her Body
Details about menstruation, ovulation, conception, and everything mysterious about becoming a woman, written by a bestselling women's health expert.

***613.907/Har 2004**
It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health
Frank talk about puberty and sex, including sexual orientation, STDs, and birth control. Illustrated with accurate line drawings.

j613.953/Kel 2000 *Kelly, Bill*
You Ought to Know: A Guy's Guide to Sex
A brief look at the changes that boys experience at puberty, along with advice on responsible sex.

***613.953/Mad 2007** *Madaras, Lynn*
The What's Happening to My Body? Book for Boys
***613.955/Mad 2007** *Madaras, Lynn*
The What's Happening to My Body? Book for Girls

The third editions of these everything-you-need to know guides for guys and girls include more real-life stories, quizzes, and updated information.

613.9071/Lib 2006 *Libby, Roger W.*
The Naked Truth About Sex: A Guide to Intelligent Sexual Choices for Teenagers & Twentysomethings
A progressive look at making responsible sexual choices, written for young adults.



Books for Adults

613.0952/Haf 1999 Haffner, Debra
*From Diapers to Dating:
A Parent's Guide to Raising
Sexually Healthy Children*

This excellent guide for parents addresses sexuality at all stages of a child's life, beginning with the early discovery of a child's own body and continuing through the curiosity and exploration of young adulthood.

649.65/Bar 1998 Bartle, Nathalie
*Venus in Blue Jeans:
Why Mothers and Daughters
Need to Talk About Sex*

Tips for moms (and dads) seeking to "get the conversation right" without encouraging daughters to be sexually active.

649.65/Haf 2001 Haffner, Debra
*Beyond the Big Talk:
Every Parent's Guide to Raising
Sexually Healthy Teens - From Middle
School to High School and Beyond*

Solid and highly readable advice for parents seeking to connect with their children on sexuality issues such as intercourse, pregnancy, and STDs.

649.65/Rof 2001 Roffman, Deborah
*Sex & Sensibility:
The Thinking Parent's Guide
to Talking Sense About Sex*

Answering questions about sex is a normal part of parenting, and this author uses her extensive educational experience to prepare parents to meet the challenge with confidence.

Alachua County
Library District
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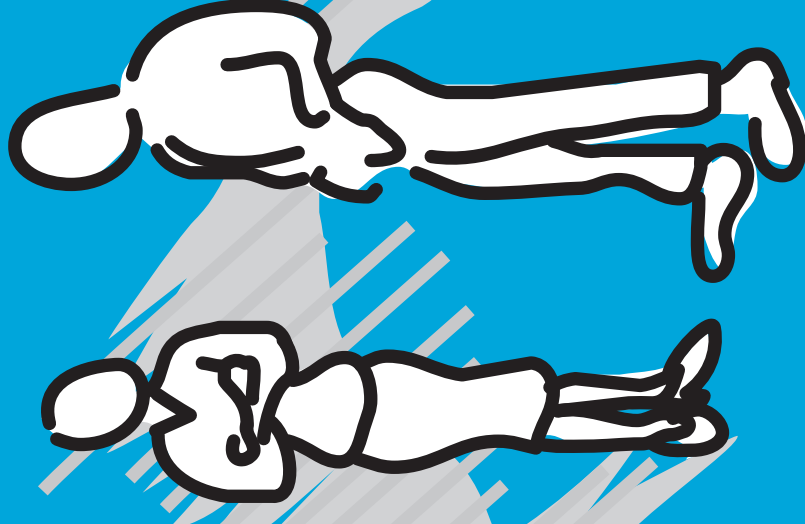
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Prepared by the Alachua County Library District's
Adult Services Department



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The Big Talk: Sex Ed at Home



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