

PPKY Recipient of 3-Year DHHS Grant

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I am pleased to announce that PPKY is the recipient of a 3-year Federal grant under the *Integration of HIV/AIDS Testing and Prevention Services in Title X Family Planning Project* program. The funding is through the Department of Health and Human Services, Office of Public Health and Science, Office of Population Affairs. Recipients of these grants are Title X family planning services sites, as are the PPKY Bluegrass (Lexington) and Louisville Health Centers.

Fayette and Jefferson Counties represent Kentucky's largest urban communities and have the highest incidence of new HIV infections and sexually transmitted infections (STIs) in the Commonwealth. Both counties also have higher rates of poverty than the state average. Additionally, communities of color and low-income individuals suffer a disproportionately high rate of HIV and STIs.

A comparison of the reported HIV/AIDS cases & the incidence of chlamydia, gonorrhea, and syphilis in the Commonwealth also suggests that HIV-positive individuals are underreported in Kentucky. Further, 24% of all new HIV infections reported in Kentucky are concurrently identified with the diagnosis of AIDS, thereby increasing the number of individuals unknowingly at risk for transmission of HIV. Initial diagnosis of HIV infection is most common among women ages 20-39 (typical family planning client) and among men ages 30-49.

Through this project, PPKY seeks to help reduce health disparities in Jefferson and Fayette counties by increasing awareness of HIV and other STIs, promoting and implementing proven prevention strategies, and increasing testing among family planning clients through incorporation of the 2006 Centers for Disease Control and Prevention *Revised Recom-*

mendations for HIV Testing of Adults, Adolescents, and Pregnant Women in Health Care Settings.

The funds provided will be used to achieve these outcomes through inclusion and normalization of HIV testing as part of all family planning visits at the Louisville or Bluegrass Health Centers; and to provide HIV/AIDS and STI education to the men, women, and teens of the Commonwealth using the VOICES (Video Opportunities for Innovative Condom Education and Safer Sex) program, an evidence-based program supported by CDC.

Receipt of this grant is a testament to the high quality and caring services provided each day at PPKY!



Shirley L. Jones
PhD, RNC, FAAN

Why I Serve on the Board at PPKY...

By Dr. John Rose



In 1993, an old friend of mine, Dr. David Gunn, was murdered. He was an abortion

provider in Pensacola, FL who senselessly lost his life because of his commitment to providing women the full range of reproductive health options legally available. Until that tragic event, I did not give much thought to reproductive

rights. I decided then to become a supporter of Planned Parenthood.

My involvement was limited until I learned more about Planned Parenthood and realized the broad scope of services they provide, including: pregnancy testing, contraceptives, STI testing and treatment for both men and women, cancer screenings like PAP smears & breast exams, and community education programs. Since Kentucky's rates of teenage pregnancy and sexually transmitted infections are some of the high-

est in the nation, PPKY's services are especially needed in our communities.

In 2005, I became a board member of Planned Parenthood of Louisville, later merging with Planned Parenthood of the Bluegrass, to form a statewide affiliate in 2008. Today, PPKY provides life-changing services to women, men and teens across the Commonwealth regardless of their ability to pay. Since the uninsured and underinsured have few options for these vital services, your support, along with mine, is critical to PPKY's ability to continue providing these vital services.

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Summer fun at PPKY!



Former peer educator Sarah Walters marches for LGBTQ rights at the Pride Parade in Louisville on June 18th.



PPKY and the James Graham Brown Cancer Center partnered to provide free mammograms at the Louisville Health Center on June 12th (20 women) and on September 23rd (22 women).



UK VOX exec board members, Anne Wasson, Liz Licit, and Michelle Tate



A delegation of 12 PPKY youth and staff from across Kentucky attended a Planned Parenthood Federation of American youth conference in July. Alicia Dawson, senior at Central High School in Louisville, shows her Kentucky pride at the national conference.

"...the teens also had the opportunity to meet PPFA President and CEO Cecile Richards and U.S. Speaker of the House Nancy Pelosi."

PPKY teens appointed to national board

PPKY is proud to announce that two teenREACH peer educators, Lyla Wasz-Piper senior at St. Francis High School and Max Allen senior at Manual High School, were selected to participate in Planned Parenthood Federation of America's (PPFA) first-ever youth advisory

board. Max and Lyla, two of only ten teens from across the country selected to participate, were chosen based on essay applications and referrals.



Lyla Wasz-Piper and Congressman John Yarmuth

Max and Lyla attended their first board meetings at the PPFA Youth Policy and Organizing Conference in Washington, D.C. this past July, where they serve on the leadership and communications committees respectively. The Youth Advisory Board's goal is to create a youth movement focused on reproductive health and rights issues. In addition to brainstorming plans for the upcoming year, the teens also had the opportunity to meet PPFA President and CEO Cecile Richards, U.S.



Max Allen and PPFA President and CEO, Cecile Richards

Speaker of the House Nancy Pelosi and Congressman Yarmuth.

Congratulations Max and Lyla!

We're so proud to have you representing Kentucky at the national level.

Annual events support 'Birds and Bees' education

Community supporters in Lexington and Louisville gathered to show their support for PPKY education programs during the annual Birds and Bees events. All proceeds from the events directly support PPKY's ongoing education and outreach work, including teenREACH peer education and *Let's Talk* parent/teen communication workshops.

The inaugural Birds and Bees in the Bluegrass cocktail party, hosted at the Lexington home of Ralph and Pam Miller on May 14th, honored State Senator Kathy Stein for her career-long advocacy of reproductive health and rights issues in the Kentucky General Assembly. More than one hundred supporters, from Board and Community members to donors to college students and teen peer educators, joined together to thank Senator Stein for her service, as the recipient of the PPKY 2010 Education Award.

On August 27th, PPKY hosted the second annual Birds and Bees Bash at the Seelbach Hotel in Louisville. Two hundred and thirty guests enjoyed dinner, silent auction

and music by *This, That and the Other*. Dr. Christine Cook, retiring chair of the University of Louisville Medical School's Department of Obstetrics, Gynecology and Women's Health was honored with PPKY's 2010 Community Service Award for her commitment to expanding reproductive health education both at the University and in the community.

PPKY would like to extend it utmost gratitude to all those who made both Birds and Bees events tremendous successes. In total, more than \$40,000 was raised to support PPKY's education programs.

If you're interested in joining the planning committees for 2011 Birds and Bees in the Bluegrass or Birds and Bees Bash, please contact Taylor Ewing at 502-584-2471 ext. 1236 or taylor.ewing@ppfa.org.



ABOVE: PPKY President and CEO Shirley Jones (middle) and Event Chair Ruth Greenberg (right) greet Congressman John Yarmuth at the Birds and Bees Bash in Louisville. BELOW: State Senator Kathy Stein spoke with peer educators Kayla Lofton (left) and Rae Staben (right) at the Lexington annual event.



News and upcoming events

New Staff and Board of Directors

We are happy to announce a number of new staff and Board Members joining the PPKY family.

Welcome to:

- Ellen Ballard, Board of Directors
- Steven Goldstein, Board of Directors
- Africa Hands, Board of Directors
- Jessica Franklin, Director of Operations
- Chelsea Szajka, Client Services Specialist
- Carrie Thonen, LHC Nurse Practitioner
- Melanie Truitt, LHC Licensed Practical Nurse
- Jessie Whisman, Client Services Specialist
- Kimberly Wordlow, BHC Nurse Practitioner

Upcoming Events

Teen Talk

Community teens are invited to meet with teenREACH peer educators and PPKY staff for informal discussions about healthy

relationships, sexuality, safer sex & more!

- Louisville Health Center
- First Tuesday of the month, 4-5 pm
- Bluegrass Health Center
- To be announced. Call for more info!

PPKY Happy Hour (Lexington)

Meet other PPKY supporters and learn more about how you can get involved!

- Tuesday, October 12, 7-9pm, Grey Goose Bar, 170 Jefferson St.

Let's Talk (Louisville): Parent/teen communication workshop

Thursday, November 4
6:30-8:30 pm
Louisville Health Center

HIV Screening Day (Eastern KY University)

FREE HIV Screening for students, faculty and staff
-December 3, time: TBA

Get Involved

We need your help! PPKY is actively seeking community supporters in both Louisville and Lexington to serve on our event planning committee.

Get your PPKY t-shirt TODAY!

Show your love for Planned Parenthood of Kentucky by buying a "Safe is Sexy" t-shirt. All proceeds support PPKY education programs. Shirts are available in pink and charcoal, fitted or non-fitted sizes XS-XXL. Only \$15, plus \$3 shipping fee (no shipping fee if you pickup your purchase at one of our health centers). For more information, or to order your t-shirt, contact Morgan at 502-584-2471 ext. 1236 or Mogan.taliaferro@ppfa.org.

Call us at 1-800-230-PLAN or go to www.ppsy.org to find current information on upcoming events and other ways you can get involved with PPKY!



Your partner. Your friend. Your plan.

Bluegrass Health Center

508 W. 2nd St.

Lexington, KY 40508

859-252-8494

Louisville Health Center

1025 S. 2nd St.

Louisville, KY 40203

502-584-2473

EKU Office

Student Health, 521 Lancaster Ave.

Richmond, KY 40475

859-252-8494

Request an appointment online at www.ppsy.org



Tell us your story: Real stories from real patients

Patients and community supporters alike often tell staff about the impact PPKY has made on their life. To allow patients the opportunity to share their experiences with Planned Parenthood over the years, or the circumstances that brought them to the clinic that day, PPKY provides “Tell us your story” comment cards and journals in its waiting and exam rooms. PPKY patients from every background and across the Commonwealth have shared their stories of health, family and personal choice. Here are some of their words:

I was really nervous and embarrassed. I was afraid I had HIV and because I am low income and the cost of services were covered, I thought I’d be treated differently. The staff were fantastic! I am HIV negative, the fears and questioning I had were addressed & I was given birth control. It’s hard to be naked and scared. You all

were really (there for me).

(I) came in extremely nervous over confidential testing. Amazing service that eased my nerves. I thank God for such great service. God Bless!

My best friend and I came here when we were 16-that was ten years ago. We both were placed on birth control pills. I began taking mine diligently while she did not. Two months later and she was pregnant. She has a wonderful daughter now but she had to sacrifice her youth for it. I am so thankful that you guys were here so I didn’t have to give up my youth as well.

The convenience and confidentiality are huge factors. The people and staff of this Planned Parenthood far surpass any of my other gynecological experiences. This office has made it possible for me to

keep myself protected, informed and happy. I don’t have insurance. (PPKY has) provided services I need.

I went to PP in Louisville and that’s when I found out that I was pregnant. My baby’s father didn’t support me and my decision to keep our baby but the nurse at PP explained that it was my decision. I had my son and ended up breaking it off with his father. My son is my world and it was the best choice for me.

Thank you for existing and helping young, uninsured needy adults better themselves! (I) always have nice, informed service! I’m thankful for your service and support. You helped my mom when she was young, you help me and someday I’d like to give back financially and work here as a nurse.

PPKY is seeking nominations for the 2011 Service, Education and Advocacy Awards.

For more information and to download a nomination form go to www.ppsy.org.