



## Older, Wiser... Sexually Smarter

*Strategies for teaching sexuality to older adults*

**Thursday, December 10: 9:30 am ~ 1:30 pm**

**Bill Taverner, Director of the Center for Family Life Education**  
*Planned Parenthood of Greater Northern New Jersey*

“A young woman asked a 70-year-old woman how long the sex drive lasted. The older one replied, “I don’t know; ask me in twenty years”

Baby Boomers and beyond have witnessed monumental changes in sexual values, beliefs, behaviors and self-identities over their lifetime. Often we think of sexuality as a topic to teach teens and young adults—those just finding their footing as sexually responsible beings. But sexuality continues to change, deepen and mature as we mature.

Join us as we explore a variety of engaging, thought-provoking lessons and activities that will help you teach the “art” of sexuality to the adults you work with, and learn a bit about your own sexuality as well. These lessons include: “It’s My Body – Issues for Older Adults,” “Masturbation in Mid and Later Life,” “Looking for Love in Later Life”; “Sexuality & Spirituality,” “Your Parents Can Love Again,” “Everyone Grows Older: Sexuality Issues for People Who Are Gay, Lesbian or Bisexual,” “What’s Up, Doc? Talking with Your Physician about Sex” and more.

### **In this interactive training you will:**

- ◆ Experience and evaluate a number of selected lessons for teaching groups of adults mid-life and beyond
- ◆ Identify at least 2 places to implement sexuality education for older adults
- ◆ Identify at least 3 strategies for teaching older adults about sexuality
- ◆ Examine your lifetime of learning about sexual attitudes
- ◆ Identify how major societal changes regarding sexual attitudes, values and behaviors have affected your own sexuality
- ◆ Practice communication about sexuality

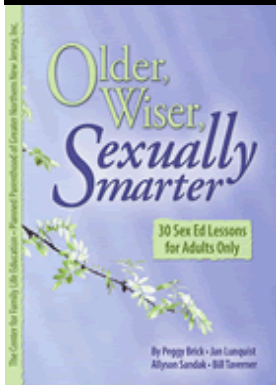
# To register please fax or mail this form to:

Planned Parenthood Hudson Peconic, Inc.  
 C/O Education and Training Department  
 70 Maple Avenue  
 Smithtown, NY 11787  
 Fax: 631-361-7672

## Please Note:

Pre-registration is required  
**Registration deadline is one week prior to training**  
 All trainings are \$25 each  
 Fees include materials and light breakfast  
 Questions, please contact Melissa Ptak: 631-240-1130

| Fee  | Date/Time  | Location   | Training   | Trainer   |
|------|--|--|--|---|
| \$25 | Thursday, December 10<br><br>9:30 am ~ 1:30 pm<br><br><b>Registration Deadline:<br/>Thursday, December 3</b> | PPHP Training Room<br><br>175 Tarrytown Road<br>White Plains, NY 10607 | <b>Older, Wiser...<br/>Sexually Smarter:</b><br><br><b>Strategies for<br/>teaching sexuality<br/>to older adults</b> | Bill Taverner,<br>Director of the Center for<br>Family Life Education<br><br><i>Planned Parenthood of<br/>Greater Northern New<br/>Jersey</i> |



If you would like to purchase the book Older, Wiser...Sexually Smarter which includes 30 enlightening, educational and engaging lesson plans to use with the adults you work with please check the box below and add \$35 to the registration fee, for a total of \$60.

YES, I would like to purchase a copy of the book Older, Wiser, Sexually Smarter

\* There will be books for purchase on the day of the training however due to a limited supply we recommend you order in advance.

### Contact Information: (Please Print)

Name: \_\_\_\_\_  
 Title: \_\_\_\_\_  
 Agency/School: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: Zip: \_\_\_\_\_  
 Phone/Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

### Please make check payable to:

PPHP/Training Dept. (Please note the participant name & training attending in the memo portion of the check)  
 Total Amount Due: \_\_\_\_\_  
 Payment:  Enclosed  To be sent  PO#: \_\_\_\_\_  
 Please charge my:  Visa  MasterCard  Discover  AmEx  
 Card Number: \_\_\_\_\_  
 Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Cardholder Name: \_\_\_\_\_  
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 Signature: \_\_\_\_\_