

**GREAT
RESOURCES
for
SEX
EDUCATION**



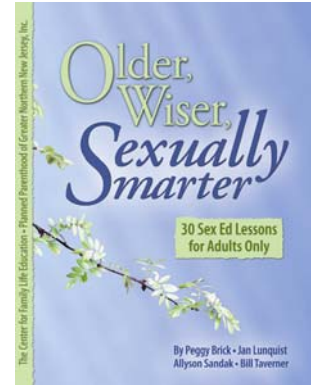


Sex Ed Resources from **The Center for Family Life Education**

OLDER, WISER, SEXUALLY SMARTER, by Peggy Brick, Jan Lunquist, Allyson Sandak, & Bill Taverner

“Sex education just blasted through the age barrier with the publication of *Older, Wiser, Sexually Smarter!* These topnotch sexuality educators have written a comprehensive book that is both sophisticated and fun. From dating decisions to long-term lovers, this information is so solid that people under 50 will want to crash these sex ed lessons. This is a book for educators and learners who want healthy sexuality to last a lifetime and who know that ‘sexy grandmother’ is not an oxymoron!”

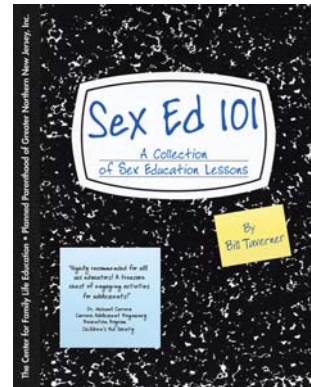
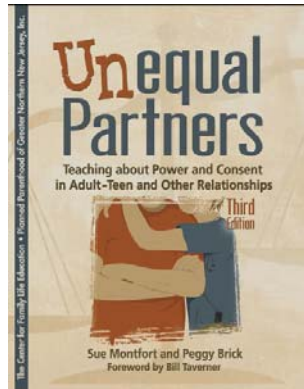
Sallie Foley, LMSW, Author, *Sex and Love for Grownups* & former columnist for *AARP - The Magazine*



UNEQUAL PARTNERS, EXPANDED, 3rd Ed., by Sue Montfort & Peggy Brick

This breakthrough manual helps young people make healthy decisions about relationships, especially those involving the power imbalances that can occur when there are significant age differences. 29 interactive lessons to help young people ages 10-17:

- Identify characteristics of relationships which are honest, equal and responsible
- Rehearse skills for asserting their relationship rights
- Practice responding to a variety of situations regarding unhealthy relationships
- Examine legal issues, including 'age of consent', in their own state
- Know the particular risks and issues regarding adult-teen relationships.



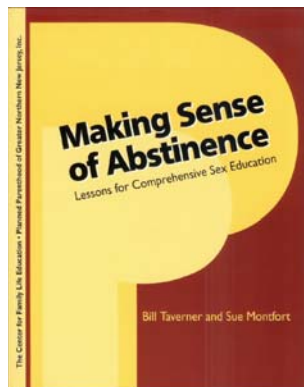
SEX ED 101, edited by Bill Taverner

A collection of 10 classic lessons, updated from five of our manuals. Includes “It’s My Future,” “Everybody Has People Problems,” “Making Sense of Abstinence,” “Oral Sex and Abstinence,” “Don’t Pass It Along,” “Protection is the Key,” “Choosing Condoms,” “The Condom Lineup,” “Choices and Consequences,” and “Is This Really Love?” Also includes the “Teacher’s Toolbox,” a guide for helping educators create their own sex ed lessons!

MAKING SENSE OF ABSTINENCE, by Bill Taverner & Sue Montfort

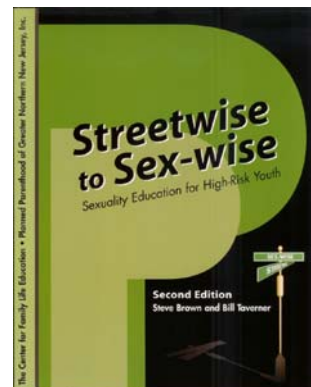
“*Making Sense of Abstinence* succeeds brilliantly in making the topic of abstinence intelligent, thought-provoking, imaginative, respectful, and downright engaging. These lessons provide educators a much-needed opportunity to teach, not preach. Students will deeply appreciate the authors’ willingness to be honest with them and to provide them with accurate and balanced information. They will learn that there is a long continuum of behaviors between “saying no” and “doing it” that will keep them safe, not sorry. Educators will feel more secure about teaching tough topics such as oral sex, masturbation, and outercourse, when they see they are allied with discussion about personal values, decision-making, and communication. [Helps] all our teens get the complete information and protective skills they need and deserve to make smart, safe decisions.”

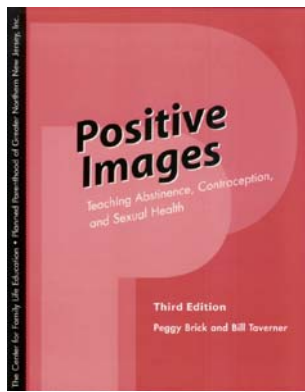
Susan N. Wilson, Senior Advisor, Answer



STREETWISE TO SEX-WISE, by Steve Brown & Bill Taverner

Streetwise to Sex-Wise provides an easy-to-use yet comprehensive model for a basic series on human sexuality for high-risk teens. It applies a “state-of-the-art” methodology of sexuality education to teens in non-traditional settings who often have limited academic skills and are resistant to classroom-based learning. Lessons are divided into a series for older teens (ages 14-19) and a series for pre-teens and young teens (ages 9-13). All are simple, concrete and actively involve group members in the learning process. They extend beyond mere factual information and address attitudes, values, and skills, an approach that experts find is more likely to lead to positive behavior change in young people. The manual also provides background information on teaching education to high-risk teens, including profiles of the sexual-health concerns of four specific high-risk populations. This manual also includes a resource section of books, audio-visuals, and other teaching tools especially appropriate for high-risk youth.





POSITIVE IMAGES, by Peggy Brick & Bill Taverner

This popular manual features 29 lessons for teaching about abstinence, contraception, and other aspects of sexual health. Useful for middle and high schools, colleges, church groups and youth-serving agencies. The lessons, with more than 50 handouts and interactive worksheets, help students:

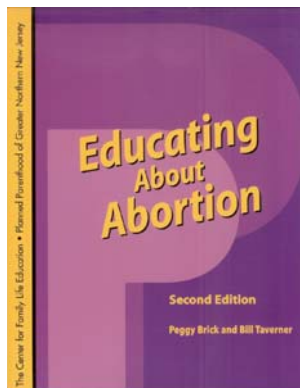
- Assess whether they are at risk for an unplanned pregnancy or sexually transmitted infection.
- Build decision-making and communication skills.
- Develop skills to work with a partner to assume responsibility for contraception, safer sex, or abstinence.



ENSEÑANDO EL SEXO SEGURO, by Peggy Brick, with translations by Adolfo Valliente Ballina, MexFam
“¡Por fin, las mejores estrategias y lecciones en Español! Los materiales en este manual son fáciles de usar, divertidos, aplicables, y se pueden adaptar a diversas comunidades Latinas.”

“At last, the best safer sex strategies and lessons in Spanish! The user-friendly materials in this manual are fun, relevant, and adaptable to diverse Latino communities.”

Elizabeth Amaya-Fernandez, Director of Youth Initiatives, National Latina Health Network



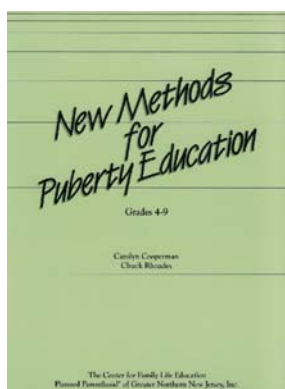
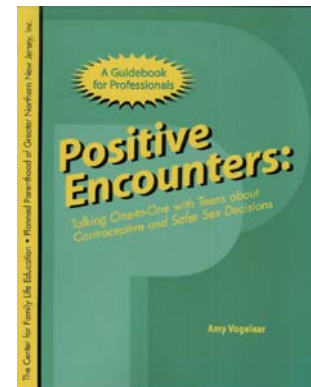
EDUCATING ABOUT ABORTION, by Peggy Brick & Bill Taverner

Educating about Abortion has educator-friendly lesson plans, complete with worksheets and handouts. The lessons are designed to actively engage individuals, to help them learn the facts, clarify their values, find resources, and make informed choices.

POSITIVE ENCOUNTERS: Talking One-to-One with Teens about Contraceptive and Safer Sex Decisions, by Amy Vogelaar

“Positive encounters” are brief interactions characterized by honest and respectful communication about sexuality. These one-to-one interactions provide opportunities for an advocate to support a young person in making

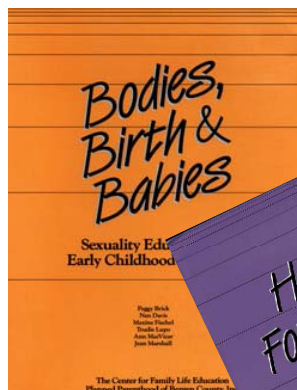
healthy decisions regarding all aspects of their sexual health. This resource is an essential reference for professionals who engage young people in one-to-one settings.



NEW METHODS FOR PUBERTY EDUCATION, by Carolyn Cooperman & Chuck Rhoades

30 classic lessons for grades 4 through 9 for teaching about puberty, to increase young people’s

- Knowledge about the human body and understanding of sex differences and similarities
- Self esteem
- Skills to communicate about the human body

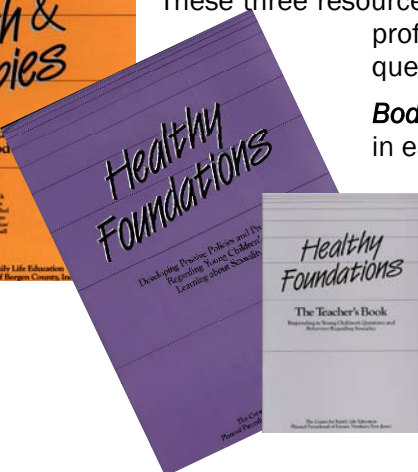


THE HEALTHY FOUNDATIONS SERIES

How should I answer? What do I do?

These three resources give all the tools needed to help early childhood professionals respond to young children's sexual questions and behaviors.

Bodies, Birth and Babies, all about sexuality education in early childhood programs.



Healthy Foundations Policy Book, a guide to help early childhood programs develop a sexuality policy.

Healthy Foundations: Teacher's Book, a guide to understanding and responding to young children's questions about sexuality.

HAVE ONE OF OUR **SEX ED** TRAINERS AT YOUR NEXT EVENT!

Our nationally-known trainers present **workshops** and deliver **keynote addresses** that help professionals teach sex education. Our trainers have many years of experience providing sex education in an array of settings, and are widely respected as leaders in the field.

To arrange a speaker at your next event, please contact
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