

For Immediate Release

**Contact:**

**David Deslauriers**  
Planned Parenthood Mid-Hudson Valley  
Phone 845 562 3098  
Fax 845 565 0342  
david.deslauriers@ppmhv.org  
www.ppmhv.org

**Planned Parenthood Mid-Hudson Valley Announces Baby Supplies Drive to Benefit Local Families**

**Poughkeepsie, NY, December 15, 2008**—The holiday season has always offered opportunities to help others in need. This year, the economic downturn means that it is even more critical to help our neighbors. With this in mind, Planned Parenthood Mid-Hudson Valley is organizing a drive for baby supplies at their local health centers and education offices.

The Planned Parenthood Mid-Hudson Valley baby supply drive will help pregnant and parenting teens who are part of the Teenage Services Act Program (TASA) throughout the mid-Hudson Valley. Planned Parenthood will be collecting new and unused baby clothing, blankets and small toys at their area Health Centers through January 16<sup>th</sup>. You can find the health center nearest you by going to their website [www.ppmhv.org](http://www.ppmhv.org) or calling 1-800-230-PLAN.

Planned Parenthood's TASA program works one-on-one with pregnant teens and teen parents to turn their options into actions. The teens identify and work toward their goals for self-empowerment and independence, and Planned Parenthood Mid-Hudson Valley helps them get there. Case Managers listen to their ideas, discuss their choices, and provide support and information to help them plan their future. Planned Parenthood Mid-Hudson Valley's program assists with medical services, advocacy, enrollment in social service programs, referrals to community programs, and information about community resources. All services are free and confidential.

Planned Parenthood is requesting smaller baby supplies, please no large furniture or mechanical equipment. Thank you for your support of Planned Parenthood Mid-Hudson Valley's TASA clients during this season of giving.

For additional information on Planned Parenthood Mid-Hudson Valley's Baby Supplies Drive please go to [www.ppmhv.org](http://www.ppmhv.org).

**About Planned Parenthood Mid-Hudson Valley:** Planned Parenthood Mid-Hudson Valley has served Dutchess, Orange, Sullivan and Ulster counties for 74 years and now serves nearly 50,000 mid-Hudson Valley women, men and teens each year. Our mission is to provide reproductive health services, advocate public policies which ensure access to health care services and information and provide educational programs which enhance understanding of sexuality and sexual health.

**End**