



SPRING  
2013

# GET connected

## IMPORTANT DATES & EVENTS

**April 12, 2013**  
*Spring Soiree*  
Newburgh, NY

**April 17, 2013**  
*Celebrate Women*  
Montgomery, NY

**April 27, 2013**  
*Reproductive Justice  
Conference*  
New Paltz, NY

**June 1, 2013**  
*Bohemian Rhapsody*  
Warwick, NY

For more information  
about upcoming events,  
please visit

[www.ppmhv.org/events](http://www.ppmhv.org/events)

## Women's History Month

The state of New York has always prided itself on protecting and promoting women's rights. After all, New York is where the women's suffrage movement was born at the first ever women's rights convention in 1848, and also where Planned Parenthood first opened its doors way back in 1916! Even to this day, protecting and promoting women's rights is a tradition that New York proudly wishes to maintain and uphold. As states across our nation press on to restrict women's reproductive rights, Gov. Andrew Cuomo is aiming to move New York in the opposite direction with the proposal of the Women's Equality Agenda.



This historic legislation seeks to improve women's lives by breaking down legal barriers that cause gender discrimination and inequality. Some ways this 10-point plan will accomplish this are by providing equal pay for equal work, protecting victims of domestic violence, ending pregnancy discrimination, protecting reproductive health care decisions, strengthening sexual harassment policies in the work place and strengthening laws against human trafficking. The Women's Equality Agenda is the right thing to do, will secure a woman's right to make her own personal, private health care decisions and helps build a stronger economic foundation for all of us.

To help advance this critical legislation, more than 400 women's health care advocates, including Planned Parenthood staff and supporters, traveled to Albany in January to educate and inform legislators about the vital services we provide in our communities, as well as to urge them to partner with Governor Cuomo in passing the Women's Equality Agenda into law this year. We can't think of a better way to celebrate women's history month and honor New York's proud tradition of protecting and promoting women's rights than to continue supporting, promoting and advocating for Gov. Cuomo's Women's Equality Agenda!

**Please join us in telling legislative leaders today that you support the Women's Equality Agenda, and now more than ever, they should too.**

It is because of supporters and individuals like yourself that we've been able to come so far, and it will be because of your continued support that we will go even farther and remove the next set of barriers for women in New York by enacting the Women's Equality Agenda into law! Thank you for your ongoing and continuous support of women's rights in New York!

**By engaging and getting involved in the campaign to achieve equality for New York women, together we can empower women to make even more history!**



Supporters meet with Senator Terry Gipson in Albany to discuss the Women's Equality Agenda.

Sign the petition today! located at: <http://bit.ly/151J8Zs>

# Public Service Announcements: By Teens, For Teens!

Planned Parenthood Mid-Hudson Valley Youth Health Promoters from Kingston, Newburgh, Poughkeepsie and worked together with *MyMediaLife* to envision, write and produce their very own Public Service Announcements. The youth chose to focus on two very different topics that were not only close to their hearts, but also very relevant to our mission and the work that they do with us for their peers each and every day. The first PSA, **It's Not Just a Dream Baby**, educates viewers about the importance of knowing all their contraception options; their second PSA, **LGBTQ...? We Have Services For You**, demonstrates that Planned Parenthood Mid-Hudson Valley has services available for everyone, regardless of one's sexual orientation.



Planned Parenthood Mid-Hudson Valley Youth Health Promoters and our Education Staff have worked so hard over the past few months creating these PSAs for everyone in their communities to enjoy and learn from—so please take a moment to check out their videos and share them with your friends, colleagues and any youth that you know!

Watch, comment, like, share, tweet—these PSAs are by teens, for teens!  
[www.youtube.com/plannedparenthoodMHV](http://www.youtube.com/plannedparenthoodMHV)



## Spring Soiree

The Spring Soiree, formerly known as the Annual Gala, is set for **Friday April 12, 2013** at the Powelton Club in Newburgh. This year, we will **present the first ever Lucy Cohan Humanitarian Award**. This special award is named to honor the legacy of Lucy Cohan, a forward thinking visionary who, as one of our first Executive Directors, transformed us from a neighborhood volunteer organization located in an inner city basement to the agency we are today. It is only appropriate that the first presentation of this award will **honor Pat Ernenwein**, who was mentored by Lucy, and is a true pillar in the Newburgh community. Over the years, Pat provided both leadership and vision to guide Planned Parenthood through the ups and downs of economic forces, strenuous attacks by political opponents and significant changes in health care delivery—and for that, we are truly grateful. Special thanks to event underwriters' Michael Dupree & Michael Fleischer and Healthcare Management Solutions LLC for their generosity and ongoing commitment to our mission.

For more information or to purchase tickets or sponsor the event, visit [www.ppmhv.org/events](http://www.ppmhv.org/events) or email [development@ppmhv.org](mailto:development@ppmhv.org).

## One Billion Rising !

In 1998, Eve Ensler, playwright and activist, started **V-Day**—a global activist movement to end violence against women and girls. This year in conjunction with their 15th anniversary, V-Day launched its most ambitious campaign to date—**ONE BILLION RISING**. This campaign began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime, which adds up to more than **ONE BILLION WOMEN AND GIRLS**.



This past Valentine's Day, Planned Parenthood Mid-Hudson Valley joined with activists around the world who were encouraged to **WALK OUT, DANCE, RISE UP, and DEMAND** an end to this violence! We are proud to have been a part of making **ONE BILLION RISING** *the biggest mass global action to end violence against women & girls in the history of humankind!*

## Connect With Us in the Community!

April 3 Free HIV Testing, SUNY Orange- Middletown & Newburgh  
April 9 Free HIV Testing, SUNY Ulster  
April 12 Spring Soiree, Powelton Club, Newburgh  
April 17 Free HIV Testing, Dutchess Community College

April 26 LGBTQ Circles Prom\*  
April 27 Reproductive Justice Conference, SUNY New Paltz  
May 4 Women's Health & Fitness Expo, Kingston  
\* For more information, email: [education@ppmhv.org](mailto:education@ppmhv.org)



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