Reproductive

Contraceptive History

What types of birth control have you been on:_____

Problems with previous methods: _____

Menstrual History

○ No period yet ○Peri-menopausal ○Post-menopausal 1st Day of Last Menstrual Period:_____

Age of first period: _____ Frequency: ○ Monthly ○ Greatly than Monthly ○ Less than Monthly

How many days do your periods last: _____ Average Flow: ○light ○moderate ○heavy

Pregnancy History

Total pregnancies: _____ Births: _____ Miscarriages: _____ Abortions: _____ Tubals: _____ Living Children:_____

# of C-Sections: _____ Age at first pregnancy: _____ Age at last pregnancy:_____

Date of Last Vaginal Delivery _____ Date of Last C-section: _____ Currently Breast Feeding ○No ○Yes

Problems with a pregnancy, birth and/or abortion ○No ○Yes

_____

_____

_____

Please turn over and complete other side. Thank You!

Sexual Practices / STI Risk

Age of First intercourse: _____ ○ not sexually active

Number of sex partners in the last year: _____

Types of Sexual Activity: ○vaginal ○oral ○anal

Patient's Partners: ○men ○women ○both
Partner's Partners: ○men ○women ○both ○Unknown

Condom Use: ○always ○sometimes ○never

Current Birth Control Method:

_____

	No	Yes	Unknown
Is your current partner your only partner & are you their only partner	○	○	○
New partner w/in last 90 days	○	○	
STI Exposure	○	○	○
Partner w/symptoms last 60 days	○	○	○
Shared needles	○	○	
Partner uses IV drugs	○	○	○
Blood received before 1985	○	○	

Substance Use

	No	Yes	
History Street drugs	○	○	
Current Street drugs	○	○	
Alcohol use	○	○	
Problems with drugs/alcohol	○	○	
Tobacco use	○	○	○formerly

If yes, please indicate:

How much per day_____ How many Years_____

Life Style / Challenges / Support

	No	Yes
Recent life changes	○	○
Concerns: weight/eating	○	○
Abuse	○	○
Coercion	○	○
Support system	○	○
Healthy diet	○	○
Regular exercise	○	○

	No	Yes
Patient uses a seat belt	○	○
Patient has health hazards Home/work/recreational	○	○
Patient takes folic acid	○	○
Patient takes calcium	○	○
Patient takes vitamin D	○	○

Work ○Full time ○Part time ○Student ○Other