

Your appointment is scheduled for _____ at _____ AM/PM at our health center in Chapel Hill, located at 1765 Dobbins Drive, just off Highway 15-501.

We encourage you to review the following information in preparation for your visit.

- You should plan to be at the health center for approximately 3 to 5 hours. We recommend that you bring a book, magazines, or headphones to help pass the time. There will be 4 or 5 steps to your visit, with some wait time before each step.
- You should wear loose, comfortable clothes – preferably a separate top and bottom – and you may also want to bring a sweater or sweatshirt since it can be difficult to regulate the temperature to each individual’s comfort level.
- You may bring one guest to your appointment, and that person may accompany you through some parts of the visit. If your guest prefers to leave and pick you up later, you or we can call her/him when you are ready to check out. If you plan to have Intravenous Conscious Sedation or an oral relaxant (Xanax), you must have someone to drive you home. For the comfort of our patients, we do not allow children at the health center on the days that we provide this service.
- If you are under 18, you will need parental consent or a judicial bypass in order to have this procedure. Your parent/guardian can come with you and sign a consent form, or s/he can give you a handwritten note that includes a phone number where we can call to verify the information if necessary. If you cannot or do not want to involve your parents/guardians, you can request permission from a judge to get the procedure without their consent. To do this, contact the clerk of court in any county in North Carolina and request a judicial bypass. Call us if you have questions.
- You should eat a light breakfast on the day of your appointment. If you plan to have Intravenous Conscious Sedation, you should not eat or drink after you arrive at the health center.
- If you are taking any medications or use an inhaler, we ask that you bring these items with you.
- Occasionally we have a few protestors with signs along the sidewalk in front of our health center. Typically, they do not try to interact with our patients in any way. You will only see them from your car as you enter the parking lot, and they are prohibited by law from entering our property.
- We will process your payment prior to starting your visit. We accept any combination of cash, credit card (Visa or MasterCard) and check (processed like a debit charge). If you plan to use health insurance for your visit, please call us in advance with your insurance information so that we can verify your coverage prior to the day of your appointment. We do have some limited financial assistance available for women who qualify – call us if you are interested. There are some charges that are not included in the price of the procedure. Additional services such as sedation, Rhogam injection (for negative blood type) and procedures associated with advanced pregnancy gestation may carry additional fees. An optional birth control consultation is included in the price of your visit. Birth control supplies are available for purchase, and we also offer IUD or Implanon insertion at the time of your abortion visit. Please call us with any questions about additional services.
- If you are having a 2-day procedure and you live more than an hour from the health center, we encourage you to stay in a local hotel between visits. We can provide you with hotel information. You must have someone to pick you up at the health center at the end of your second visit.

Your comfort and privacy are very important to us. Our staff is committed to making your visit as pleasant as possible. If you have any questions or concerns about your appointment, don’t hesitate to call us: (919) 942-7762. Thank you.