

PLANNED PARENTHOOD OF CENTRAL NEW JERSEY

professional training schedule

workshops in human sexuality 2009—2010

FEES AND SCHOLARSHIPS

We charge \$50 for a 1/2 day workshop (3 hours) and \$100 for a full day workshop. Registration fees include all program materials and continental breakfast for AM workshops, and snacks and beverages for PM workshops. A limited number of partial scholarships are available for our workshops. Please contact the education department at 732.842.9300 for more information.

CANCELLATION POLICY

You may cancel your registration up to one week before the scheduled workshop. Your registration fee will be refunded or applied to a future workshop. You may also transfer your registration to another member of your organization at no additional charge. Cancellations made less than 1 week prior to scheduled workshop will not be refunded.

WORKSHOP LOCATIONS

Our trainings will be held at these locations:

Planned Parenthood Perth Amboy Office
450 Market Street Perth Amboy, NJ 08861

Monmouth County Agriculture Building
4000 Kozloski Road, Freehold, NJ 07728

Central NJ Maternal Child Health Consortium
2 King Arthur Court, North Brunswick, NJ 08902

A confirmation letter with directions will be sent to you approximately 1 week before the workshop.

REGISTRATION DEADLINES

The registration deadline is two weeks prior to the scheduled workshop. Late registrations accepted only if there is space available. We reserve the right to cancel a workshop due to low registration.

In the event of inclement weather on the morning of a workshop, you may call 732.842.9300 x 37 to hear a voicemail message regarding the status of the workshop.

Name: _____ Date: _____

Agency: _____

Address: _____

Work Phone #: _____

Home/Cell #: _____

Fax #: _____

Email: _____

Training Title: _____ Date: _____

1. _____

2. _____

3. _____

4. _____

5. _____

Number of workshops _____ X \$50/person= _____

Number of workshops _____ X \$100/person= _____

TOTAL FEE: \$ _____

Payment Method: (Check, Purchase Order, Visa or MasterCard)

PO #/Credit Card# _____

Exp. Date _____

IN-SERVICE TRAINING

PPCNJ will customize and deliver in -service training at your location on any of our sexual health topics. Please contact us to discuss topics, fees and logistics.

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About our Workshops: Planned Parenthood of Central New Jersey is recognized for excellence in providing reproductive and sexual health workshops. Our education department delivers training and education programs that reach more than 25,000 students, parents, professionals, and community members annually. Our training workshops are designed for school personnel and health care professionals. We provide the latest information on sexual health topics and enhance the skills and comfort level of our workshop participants.

Continuing Education Units: Planned Parenthood of Central New Jersey provides Continuing Education Units (CEUs) from the New Jersey Department of Education. Some of our workshops are approved for nursing contact hours through the NJ State Nurses Association.

Contraceptive Methods 101: Learn the latest information about contraceptive methods. Participants will explore the common myths and facts regarding contraception, particularly related to adolescent use. Participants will gain familiarity with common questions that youth have about contraception and learn to respond effectively.

11.17.09, 9AM—Noon, Ag Building, Freehold, \$50

03.16.10, 9AM—Noon, Ag Building, Freehold, \$50

Sexually Transmitted Infections 101: Fifteen million new cases of STI's are reported in the United States every year. This workshop will provide current information on sexually transmitted infections including prevalence, symptoms, treatment options, and prevention strategies.

11.17.09, 1—4PM, Ag Building Freehold, \$50

03.16.10, 1—4PM, Ag Building, Freehold, \$50

Say What? Teens, Technology, and Sex: Parents and teachers know that teens have a language of their own.

Sometimes voicing what's on their minds can get young people into BIG trouble, particularly when it comes to sexual activity. Participants will examine the generation that Tweet, text, IM, and "sext" and consider strategies to impact teens' decision making and refusal skills.

12.02.09, 9AM—Noon, Ag Building, Freehold, \$50

HIV 101: According to the CDC, there is an estimated 1.1 million people living with HIV/AIDS. Participants will survey the history and development of HIV, understand the progression, modes of transmission and prevention strategies.

02.10.10, 9AM—Noon, PPCNJ, Perth Amboy, \$50

Improving Birth Outcomes: Enhancing Prenatal, Preconception, and Interconception Care: Prenatal care is a major factor in ensuring the health of new mothers and their babies. New Jersey is ranked 40th in women receiving first trimester prenatal care. Participants will learn specific recommendations and guidelines for the provision of preconception counseling and care.

05.25.10, 9AM—Noon, CNJMCHC, North Brunswick \$50

05.26.10, 9AM—Noon, PPCNJ, Perth Amboy \$50

Making Time: Responding to the Rise in Teen Pregnancy Rates: After 14 years in decline, teen pregnancy rates are on the rise again. Unintended adolescent pregnancy is closely linked to social issues including school failure, crime, and child abuse and neglect. Participants will explore the social, economic and cultural influences that contribute to the rise in teen pregnancy.

02.09.10, 9AM—Noon, Ag Building, Freehold, \$50

Hazardous Hallways: Bullying and LGBTQ Youth: About 30 percent of youth in the U.S. are estimated to be involved in bullying. This workshop will explore the social, emotional, and behavioral risk factors involved with bullying as well the impact it can have on LGBTQ youth.

04.13.10, 9AM—Noon, Ag Building, Freehold, \$50